



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SO MUCH MORE



Annual Report 2014
YMCA OF METRO NORTH

**THE Y IS SO MUCH MORE
THAN A GYM. IT'S A CAUSE,
DEDICATED TO YOUTH
DEVELOPMENT, HEALTHY LIVING
AND SOCIAL RESPONSIBILITY.
FROM EXERCISE TO EDUCATION,
FROM VOLLEYBALL TO
VOLUNTEERISM, FROM PRESCHOOL
TO PREVENTATIVE HEALTH, THE Y
DOESN'T JUST STRENGTHEN OUR
BODIES. IT STRENGTHENS OUR
COMMUNITY.**

LETTER FROM OUR LEADERSHIP

THE YMCA OF METRO NORTH – IT'S SO MUCH MORE!

Dear Members, Volunteers, Donors, and Friends:

More than a place to swim, more than just a gym, the YMCA of Metro North is a cause transforming lives and strengthening the communities we serve. Every day thousands of people walk through the doors of our branches and childcare centers. While each may come to the YMCA with their own unique needs and goals, our goal for serving them is the same. We want every person who comes to the YMCA to feel that they are better for the experience.

The YMCA of Metro North lives our cause by investing in our facilities, our staff, and our members to better fulfill the Y's mission for youth development, healthy living and social responsibility. This past year, we opened a new, state-of-the-art Gymnastics Center, renovated our beloved Saugus Family YMCA branch, launched the **LIVESTRONG** program and developed new partnerships and programs to meet the social, physical and emotional needs of the more than **63,000 people** who depend on our YMCAs every day.

Thanks to your generosity and support of the YMCA of Metro North Annual Fund, we were able to provide more than **\$1,000,000** in scholarships and financial assistance to over **3,682 children, families and seniors** in 2014.

We could never share all of the transformational stories that have taken place at the YMCA of Metro North in the last year, or all of the innovative programs that were implemented to raise the bar on the YMCA membership experience. We would like to share just a few stories that exemplify how the Y is so much more to the communities we serve than just a place to work out.

Whether you have volunteered at a community event, registered your child for Y preschool, participated in a fitness class or donated financially to our cause, I want to thank you. You have helped make the YMCA of Metro North a place where people can overcome obstacles and receive the guidance and support they need to live a healthy, happy life.

We are proud to be a part of the YMCA of Metro North and look forward to leading our organization to be even more in the coming year.

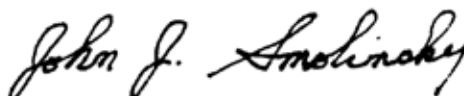
Thank you for choosing the Y and supporting our cause.

Sincerely,

Bruce Macdonald
Chief Executive Officer



John Smolinsky
Chairman of the Board



YMCA of Metro North Community Impact

People Served	63,000
Youth in YMCA child care	1, 273
Communities served	Peabody, Lynn, Saugus, Melrose, Stoneham, Lynnfield, Revere and Nahant
Full and part time employees	700+

OPPORTUNITIES FOR ALL AT THE YMCA OF METRO NORTH

GIVING EVERYONE THE OPPORTUNITY TO LEARN, GROW AND THRIVE

Children and Teens (1 – 17)

The YMCA of Metro North serves over 20,000 kids and teens, providing a wide range of activities to nurture potential, including teen clubs, sports leagues, family nights and community service projects.

Low-Income Families

Our YMCA provides quality, affordable childcare and opens all our programs to working families regardless of their income level.

Seniors (65+)

Programs including aquatics, senior fitness & walking clubs ensure that older adults have every opportunity to connect with one another and engage in meaningful activities.

Everyone is Welcome

We provide activities open to everyone in our community including free health fairs/ screenings, physical activity programs, nutrition advice and more – valued at **\$28,000** in benefit to the community each year.

Other Nonprofit Organizations

YMCA of Metro North provided **\$203,500** worth of space at little to no charge for outside clubs, nonprofits and community service organizations to help them meet broader community needs.

FINANCIALS

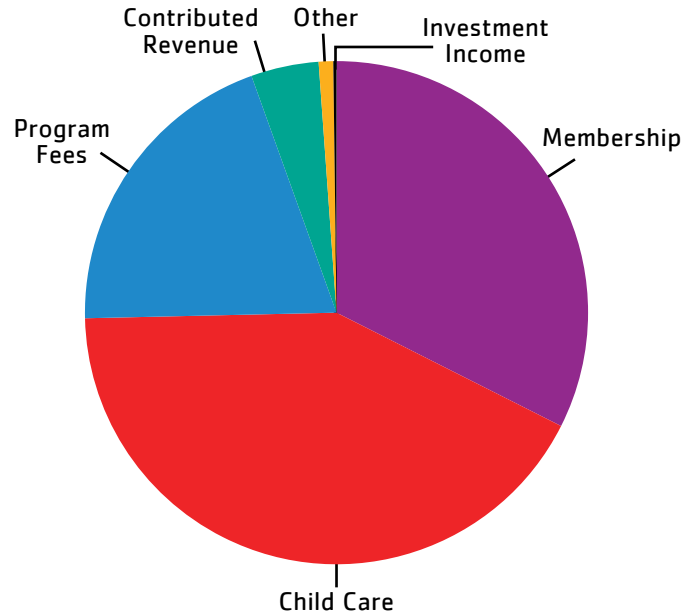
FOR FISCAL ENDING DECEMBER 31, 2014

Unaudited

REVENUE & SUPPORT

Membership:	\$5,415,933
Child Care:	\$7,046,004
Program Fees:	\$3,316,323
Contributed Revenue:	\$726,762
Other:	\$155,838
Investment Income:	\$34,013

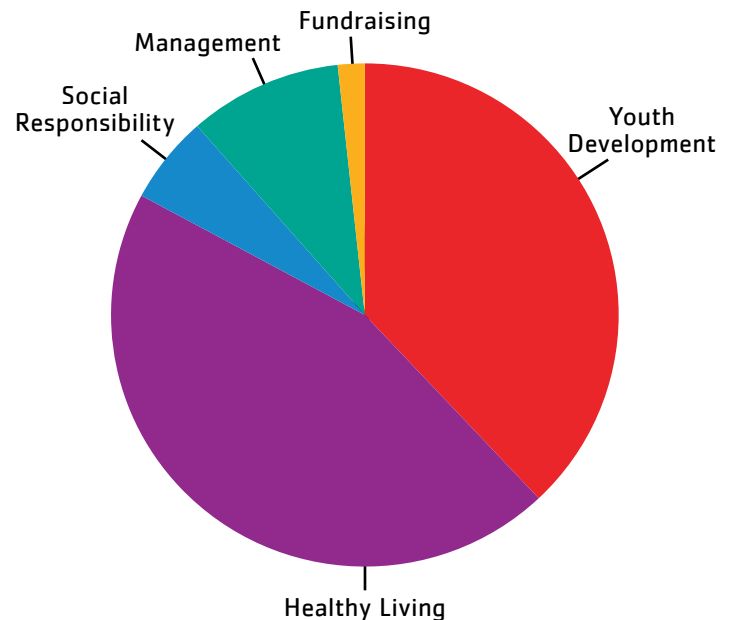
Total Revenue & Support: \$16,694,873



EXPENSES

Youth Development:	\$6,173,020
Healthy Living:	\$7,293,059
Social Responsibility:	\$917,599
Total Programs:	\$14,383,678
Management:	\$1,587,869
Fundraising:	\$278,224

Total Expenses: \$16,249,771





YMCA of Metro North aquatics programs empowered 17 year-old Robinson Arias to change the outcome of a stranger's life. Robinson was looking to gain some work skills and planning for a summer job when he learned about a DCR lifeguard training program offered at no cost to members at the Lynn YMCA. He signed up, completed his many hours of training, received his certification and landed his dream summer job working at Nahant Beach as a lifeguard. He felt accomplished and prepared for his new job, but he could never have known that the training he received at the YMCA would change his life, and the life of a stranger, forever.

As he patrolled the beach one day, he spotted a woman out in the distance with her head above water but not moving. As part of his YMCA training, he learned to be on the lookout for situations just like this. Something did not feel right to him and he locked eyes with the swimmer and waved. She gave him a sign that she was in trouble.

NURTURING THE POTENTIAL OF EVERY CHILD AND TEEN

When we invest in our youth, we strengthen our community and ensure a bright future for all of us. YMCA programs are designed to help young people thrive academically, socially and physically. YMCA staff and camp counselors strive to bring out the best in every child.

YMCA JOB TRAINING IS SO MUCH MORE...

He raced to the water using his radio to notify his supervisor that a save was in progress. Keeping eye contact with the swimmer, he swam as quickly as he could to the struggling woman. Once he reached her, he calmly reassured her, telling her that he was there to help. He brought the woman back to shore where she received further care and was evaluated by EMTs.

“She thanked me a thousand times and told me that if I didn’t get there when I did, she would have drowned. She said she just couldn’t hold herself up any longer,” says Robinson. Looking back on that day and how professionally he responded, Robinson realized his response felt like second nature because he had practiced for a situation like this so many times at the YMCA.



Robinson Arias, 17, at the Lynn YMCA

“The Y has influenced my life in such a positive way. I had the opportunity to learn a skill, obtain a job and use my skills to save a life. I believe my Y training is the sole reason I was able to respond the way I did that day.”

~ Robinson Arias



Nahant Beach, MA – photo by Christopher Setterlund, My Footsteps: A Cape Cod Travel Guide



As a 20-plus-year employee at the Melrose Family YMCA, Lori Navarro was often the person who opened the Y for the day. She was the first person many members saw and spoke to and she made them feel at home. A strong advocate for the YMCA, she put her full heart and energy into everything she did, whether she was caring for children in the babysitting room, working in membership, or greeting people as she supervised the Welcome Center.

She truly lived the Y cause and cared deeply about making the Y the best it could be. She would take the time to just sit and talk with a member who needed a friendly ear. Lori understood that some days people need more than a great spin class from the Y to feel good. To Lori, the Y means family, and family is always there to lift each other up.

“At its core, my YMCA is a family,” says Lori. “When you see someone who might need a hand, you respond.”

IMPROVING OUR COMMUNITY’S HEALTH AND WELL-BEING

YMCA programs encourage people of all ages and fitness levels to live better, healthier and more active lives. In addition to traditional fitness programs, the Y offers educational programs to promote healthier decisions, and offers a variety of programs that support physical, intellectual and emotional strength.

LIVING WELL IS SO MUCH MORE...

Lori would still be working at the Y today if not for a cancer diagnosis she received in 2012. While undergoing a planned surgery, her doctor found tumors. She was diagnosed as having omentum cancer, a rare and incurable disease that affects her organs. A routine surgery turned into a life-changing event for Lori and her family.

When Lori felt she had become too sick to fulfill her duties, she made the difficult decision to resign from the Y on June 19, 2012. But that is not the end of her Y story. It was just the beginning of a new chapter. Lori may not have been an employee at the Y, but she was still there as often as she could be. She became a regular at the aqua stretching classes, going at her own pace and enjoying being in the moment while in the water. She enjoyed the benefits of movement, but more importantly, being at the Y lifted her spirits. Whether she was stretching or sharing a laugh and a splash with the person next to her, Lori felt like she was home when she was at the Y. And, on the days when she wasn't at class, her instructor Bea Mills called to check in and make sure she was OK.

"I was always one of the biggest supporters of the Y," says Lori. "Now I feel like the Y has rallied around me. Even the staff I did not know when I worked there are supportive. They know me, they know this is my place and the Y is family."

And while the Y staff watched out for Lori, Lori was still watching out for the Y. When she saw a new staff member, she introduced herself. She kept an eye out for safety issues and for anyone (staff or members) who might need help.

Lori's doctors are surprised and happy with her progress. She is still, as she says "a work in progress", and will need regular check-ups and surgeries throughout the year. She believes staying active and engaged at the Y has played a role in feeling better physically and staying emotionally strong.



Lori Navarro at the Melrose YMCA with Nick Fitzgerald (Aquatics Director), Stephen LeBlanc (Facilities), and Katelyn Doherty (Branch Executive Director)



Single mom Meredith Amaru works hard to provide for her three-year-old daughter Zayla, putting Zayla's needs before her own. When the time came to enroll Zayla in preschool, she worried about finding a quality program that she could afford.

After researching and touring countless preschool programs, she hadn't found a place that felt like a good fit for Zayla. Some were just not financially feasible for her and others did not offer hours that could accommodate her work schedule. She wanted to find a preschool where she could feel completely comfortable entrusting her daughter to the staff.

A family member told her about the Saugus YMCA and she learned the Y was just down the street from her job. She checked out reviews for the Y and researched the preschool's accreditation and was delighted to find out the Y met all their needs. The moment she walked in for her tour, Meredith knew this was the place for her daughter.

GIVING BACK AND PROVIDING SUPPORT TO OUR NEIGHBORS

The YMCA will never turn someone away due to an inability to pay. Last year the YMCA of Metro North Annual Fund provided more than \$1,000,000 in scholarships and financial assistance to children, families and seniors in need.

YMCA CHILDCARE PROGRAMS ARE SO MUCH MORE...

"Zayla and I fell in love with the Y from the first classroom we entered," says Meredith. "Every child was happy, engaged and comfortable. The teachers had big smiles and were having fun with the kids. I enrolled her instantly!"

Zayla thrived at the Saugus YMCA. She quickly adapted to her new class and Meredith saw positive changes in Zayla's attitude and behavior. There was less acting out and more enthusiasm to share the details of her day at school. Zayla looked forward to school and seeing her friends and teachers.

"I don't know where Zayla and I would be, if it wasn't for the love, care and opportunity at the YMCA," says Meredith. "The Y has helped us in so many ways, I truly feel that that Y staff are part of our family."

~ Meredith Amaru

While Zayla was very happy at the YMCA, paying for the program was an increasing strain on Meredith. "At the time things at my job were horribly slow," she says. "I was rubbing nickels together just to feed us after the bills and necessities were paid. It was a very stressful time."

The staff at the Y encouraged Meredith to apply for financial assistance through the ACCESS program. Money raised through the YMCA of Metro North Annual Fund is used to provide ACCESS scholarships and financial assistance to families in need, like Meredith and her daughter. Meredith was nervous she would not be approved, but two days after applying she got the good news that she was eligible.

"I literally cried in relief when I got the news," she says. "In addition to my financial nightmare ending, for once in my parenting life, I felt that I actually had people who cared on my side."



Meredith and Zayla at the Saugus YMCA

The Y continues to be a source of comfort and support for Zayla and Meredith. Last Christmas, the staff put together a little gift bag with some of Zayla's favorite things, donated to help make the holidays a little brighter.

DONORS

TOGETHER WE ARE MORE

\$25,000 and Above

Kelly Automotive Group
North Shore Medical Center
Partners HealthCare

\$10,000 - \$24,999

Boston Celtics
Deborah Thomas Scholarship Fund
Department of Public Health
Eastern Bank Charitable Foundation
Essex County Community Foundation
United Way

\$5,000 - \$9,999

Gerondelis Foundation
Charles and Martha Holden
Bernard and Lorraine Horn
Lahey Medical Center
North Shore Workforce Investment Board
Old Neighborhood Foods
Pepsi Bottling Group, LLC.
Two State
United Way of Mass Bay
Richard Whitworth

\$2,500 - \$4,999

Doctor's Express Saugus
Hunt's Photo & Video
Kappa Delta Psi
Richard Larkin
Long's Jewelers
McCue Corporation
Melrose YMCA
Metro Clean
Music and Youth Initiative, Inc.
North Shore Bank
Northern Bank & Trust
People's United Bank
Rousselot, Inc.
The Agnes M. Lindsay Trust
Tonneson+Co

\$1,000 - \$2,499

Ally Financial
Ambient Temperature Control
Ted Ball
Arthur and Joan Bourque
Michael Brown
Building Impact, Inc.
Calendar Press, Inc.
Camp Lion of Lynn
Dagle Electrical Construction Company
Gregg Ellenberg
Energi, Inc.
Andrew Freed
David Gravel
Audrey Jimenez
Knight-Harrison Feul
Kohl's Foundation
Ethel Leonard
Bruce and Diane Macdonald
Meninno Construction
Museum of Science
Karen O'Brien
Elizabeth O'Hara
Petrie's Flower Shoppe
Precor Corporate Headquarters
Protector Group Insurance
Gary Romano
Rotary Club of Saugus
Saugus YMCA Preschool
John Smolinsky
Stop and Shop
TD Bank
The Hanover Insurance Group
Foundation
Beth Tilley
Jacqueline Torigian
Walmart Foundation

Charles and Victoria Whipple
Whole Foods Melrose
YMCA of Metro North Gymnastics Team
YMCA of the USA

\$500 - \$999

Crystal Bates
Boston Children's at Peabody
Citizens Bank Charitable Foundation
City of Lynn
Classic Faces Day Spa
Cooper Brothers Paving
Douglas Currier
Doyle Electric
ERC Wiping Products
Eugene Mickey, DMD
Robert Fleming
Tyler Fleming
Catherine Flynn
Fort William Henry Hotel & Conference Center
General Electric
Hallmark Health
Peter Harmeling
Healey Bus
Robert Hughes
Joseph Ingemi
Crissy Jache
Lisabeth LaFontaine
Liberty Mutual
Lynn Housing Authority
Patrick McAvoy
Maureen McGurl
Candice Morgan
Raffaele Construction
John Richards
Salem Five Charitable Corporation
Saugus Business Partnership
Robert Schneider
Stay Well
Truist
United Way of Coastal Fairfield County
Vanguard Charitable
Kathleen Walsh

\$250 - \$499

Blue Bell Cleaners
Brad Hutchinson Real Estate
Tania Buck
David Burckhard
Business Copy Associates
Jessica Buster
Cabot Risk Strategies, LLC.
Cabot Wealthy Management, Inc.
Cal's News Store
John Carlson
Marcos Castellano
Cefalo Memorial Complex
Davina Chiodi
Cintas The Service Professionals
Citizens Cleaning
Paul Clarke
Coffee Tea & Me
Jennifer Conway
Amy Croce
Carrie Cross
Paul Crowley
Nancy Danieli
Katelyn Doherty
D&R General Contracting
East Boston Savings Bank
Emma's Orchard
Family Opticians, LTD.
Fidelity Charitable
Sandra Flanagan
Sheila Flanagan
Gap Foundation
Greenwood & Sons, Inc.
Gwendolyn A. Cugine, DMD
Highland Shredding, Inc.
Humboldt Storage and Moving Company
Huntress Insurance
Ignite
Thomas Jones
Kelly Greens at Nahant

John Kennaday
Jill Lauterwasser
Lifetouch National School Studios
Massachusetts Bay Self-Insurance
Massachusetts Elks Association
Melrose Family Dentistry
Melrose Glass Co.
Linda Meyers
Alysha Monfette
Joan Nordberg
Northeast School Pictures
Philip Oesterlin
Orthopedic Surgery, Inc.
Josette Patterson
Cynthia Peach
Victoria Pulos
R.C. Griffin, Inc.
Real Resources Foundation
Remax Heritage
Renaissance Golf Club
Robinson Funeral Home
Peter Rossetti
Rotary Club of Lynn
Rotary Club of Melrose
Rotary Club of Peabody
Wanntha Sim
The Bourneuf Corp.
Tides at Nahant, Inc.
Vanderploeg family
Webster First Credit Union
WJJ Planning & Construction LLC

\$100 - \$249

ABRH, LLC
Sunita Ahooja
All Brand New England
Anonymous
Bank of America Charitable Foundation
Elaine Barker
Joseph and Janet Bates
Paul Bedard
Carrie Bochnak
Donald Boyce
Verna Boyd
Tina Boydston
Vicky Brienza
Buckeye Cleaning Center
Nelson Burbank
Burckhard Business Service
Jean Burke
William Butler
Ellen Casey
Kathleen Casey
Ursula Casey
Patricia Catanzaro
Laura Cavicchi
Century 21, Sexton & Donohue
Tara Champigny
Chiropractic of Melrose
Richard Connolly
Allison Cox
Community Credit Union
Crown Trophy
Joe Cunningham
Albert Danieli
Jesse Davis, D.C.
Deary Gymnastics Supply
Richard DeNutte
Rowena D'Eon
Laureen DeThomas
Patricia Devaney
Dining for a Cause
Edward DiNocco
Deanna Dioguardo
Michael Dion
Thomas Doherty
Meredith Drane
Daniel Elias
Nancy Ellis
Bernadette Farrell
Sheldon Fees
FMC Technologies, Inc.
Kelly Gates
Daniel Gaudet
Give with Liberty
Amanda Gold
Amy Gorton
Elisa Hockenhill
John Hurtado
Stephen Ingemi
Irvine & Sons, Inc.
JC Marketing Associates, Inc.
Megan Kaciqi
Chester Kaminski
Sean Kay
Thomas Kelly
Robert Kinnealey
Elaine Kurkul
Katherine LaFontaine
Branden Lamarre
Bette Landry
Newhall Liquors
Joseph LoRusso
Lynn YMCA
Rachel Lucas
Gil Macdonald
Julia MacDonald
Bonnie Maitland
Richard Manley
Kerin Martin
Bryan McAskill
James McAvoy
Maria McGee
Robert McGill
Jack Meaney
Anthony Migliaccio
Robert Miles
Linda Milward
Stacy Milward
Miranda Miranda
Melrose Day Care Center & Preschool
Melrose Knights of Columbus
Melvin S. Cuter Charitable Foundation
Peter Mongeau
Donna Moore
Kyle Morander
Peter Mortimer
Silas Nary
Ashley O'Donnell
Stanley Paine
Felicia Parker
Roger Pasinski
Pablo Pena
Eric Perkins
Joseph Picano
Richard Pignone
Alice Pinto
Planet Aid
Yvonne Purdy
Razoo Foundation
Rett's Home Baked Goodies
Jose Rivera
Meghan Robbins
Christopher Rollins
Roberto Sanchez
Shirley Saryan
Saugus Lions Club
Atlantic Semi
Barbara Sharib
Ann Sheridan
Joyce Silva
Al Simpson
Sheri Smith
Staples Foundation
Stoneham Motor Company
Sally Surette
Anne Sverker
The Baupost Group, LLC.
Lydia Todd
Gary Torres
Linda Tucci
Unic Pro, Inc.
Diane Velez
Nelaine Vinciarelli
Kawa Wargo
W.B. Mason Company, Inc.
Donald Willard
Women's Guild of MHCC
Francesca Zakharia

\$99 and Below

Ogunkoya Adewale
Kristin Allan
Anna Amatucci
Edward Amodeo
Kelly Ankiewicz
Malcolm Ankiewicz
Kelley Annese
Anonymous
Rachel Ardizzoni
Cynthia Areglado
Carmen Arinella
Jane Austin
Rosalba Aylwin
Alexia Baeringer
Nancy Bannish
Dalene Basden
Claudia Batia
Norman Bendroth
Shannon Bentley
Gail Berger
Cheryl Bettencourt III
Rosaria Bisconti
Lauren Black
Linda Bleau
D'Anje Boisrond
Dorothy Bonfanti
Ashley Bono
Yeatoe Bonwin
William Brogden Jr.
Amy Brogna
Michael Bruzzese
Rachelle Bruzzese
Meredith Burns
Tiffany Caban
Cheryl Cabral
Gina Cacciola
Jose Calderas
Cheryl Cammarata
Tynia Campanale
Diane Carolan
Maureen Carter
Giuseppe Cefalo
Paula Censabella
CH2M Hill Engineers
Anne Chabot
Rithy Chhay
Susan Chittick
Andrew Ciarletta
Michelle Ciriello
Jill Ciulla
Michael Cocuzzo

Sean Coleman
Eleanore Conley
Cheryl Cormier
Taylor Cossette
Thomas Cox
Genesta Croce
Richard D'Ambrosio
Christine Danieli
Patty DeAngelis
Zahra DeAngelis
Jamie DeJesus
Dori-Ann Delatizky
Brian Delcore
Richard Desir
Charles Diggs III
Adrianna Dockery
Richard Doherty
Ruth Donnelly
Liz Drinkwater
Anne Duarte
Stephen Elliott
Anthony Evelyn
Maranatha Falaise
Shaunta Ferguson
Loretta Fermano
Nikki Ferrante
Michael Flaherty
Ina Ford
Tammy Fournier
Isaac Fowler
Jason Fox
Ashley Frawley
Amy Fuentes
Charlie Gallo
Tony Gallo
Gabe Garavanian
Maritza Garcia
Kathryn Garland
Ian Gauslin
James Geary
Luigi Genao
Joe Gill
Just Give
Jessiree Gonzalez
Timothy Gorton
Ralph Grace
Grace Greenberg
Ruth Greenberg
Jermaine Griffin
Priscilla Gutierrez
Michelle Guzman
Alisa Hacker

Denyse Hairston
Catherine Haker
Laura Harvey
Diana Herbert
Jennifer Herzig
Patrick Holden
Ana Hubert
Mary Hudnall
Lauren Hunt
Erin Iantosca
Joshua Imadiyi
International Hole in One Association
I Smile Dental Associates
Eli Jache
Richie Jache
Peter Jackson
John Jaroszewski
Changlais Jeanmary
Danielle Jefferson
Lester Jenkins
Antonio Jimenez
Debra Jimenez
Gonzalo Jimenez
Yarismar Jiminian
Marjorie Jobrack
Alec Johnson
Domenic Jonah
Manjula Karamcheti
Linda Kass
Janna Kellinger
Janet Kelly
Rachel Kelly
Ryan Kennedy
Kaitlyn Kidney
Debra Kizis
Joseph Klink
Tim Kochanski
Joseph Kolbe
Michael Kostur
Cecelia Lamphier
Julie Lanza
Catherine Latham
Jessica LeBlanc
Kelly LeBlanc
Stephen Leblanc
Keith Lee
Elisa Lemack
Janet Lento
Alexandra Lloyd
Joanne Lombardi
William Lorenz

Kimberly LoRusso
Sharon Loveridge
Lorenzo Lozada
Willere Lubin
Anne Lucas
Preston Lucas
Donna Lynch
Leanne Maguire
Nicole Main
Robert Marino
Audrey Markowitz
Carmen Marmolejos
Steve Martin
Altagracia Martinez
Johanny Martinez
Harmeet Marwaha
May Partners, Inc.
Jim McAvoy
Steven McCarthy
Michael McDonough
Lisa McGough
Kendra Mckernan
Yanda McKinney
Mallie McNeill
Mari McQuaid
Daneka McRae
Rachel Meredith-Warren
Susan Merullo
Susan Michaelson
Luis Minaya
Margaret Mooradian
Alexa Moore
Franklin Mora
Jose Mora
Marco Morales
Kelly Morley
Steven Mowbray
Celia Mulvihill
Colleen Murphy
Joseph Murphy
Michael Murphy
Pamela Nascimento
Hong Net
Claire Nichols
Lindsey Nicholson
Peter Norris
Kendra Owens
Nykeva Patterson
Tyrone Patterson
Rafael Perez
Mina Perry
Christine Peters

Rocco Petrillo
Camille Petroccione
Natacha Plaisime
Michelle Porche
Anne Powell
Kimberlee Powers
Kathryn Press
Piero Procopio
Carolyn Provenzano
Connie Pustorino
Maureen Quinn
Karina Quintana
Robin Quirk
James Raftelis
Albert Ramirez
Cheryl Randall
Erik Rasku
Dayawa Reyez
Louis Rivera
Kathleen Rizzo
Rosa Robles
Julie Rockwell
Louis Rodrigue
Romilia Rodriguez
Walter Rosado
George Rowe
Susan Rowe
David Roy
Hudson Rubbins
Stephen Rudman
Marion Rudolph
Valerie Russo
Cory Rutledge
Maria Ryan
Allison Rynak
Ashlyn Sacco
Morris Sack
Saugus Founders Day
Amy Schmitt
Jacob Schulz
Sara Schumaker
Geraldine Scuzzarella
Antone Seaforth
Erichson Seang
Patricia Sevier
Juliette Slack
Ruthanne Smith-Datalo
George Soteropoulos
Teodoro Soto
Kyle Souza
Leshia Spillane
Jack Steinberg

Paula Steinberg
Elana Sullivan
Peter Sullivan
Marie Sweetland
Richard Tango
Patricia Taylor
Helena Tektlesion
Jeremy Thompson
Ruth Ticcioni
Patricia Tierney
Lori Timmermann
Claire Tobin
Lisa Tobin
Mario Tomassi
Rosemarie Tranfaglia
Karen Tringale
Altruism Trust
Helder Tsinine
Julie Unger
United Way of West Central Connecticut
William Vaczy
Charitie Valdes
Richard Valentine
Elizabeth Valliere
Yvonne Vanderhorst
Virginia Vaught
Ronald Ventura
Wania Ventura
Dante Vinciarelli
Robin Vlahakis
Deniva Wahkor
Caleb Walker
Matthew Wallace
Tasha Waller
Cynthia Walsh
Jesse Warren
Jaye Warry
Jennifer Weddle
Erik Whitcomb
Amanda Wiley
Deborah Wilkins
Lejean Williams
Jill Wilson
Mikki Wilson
Donald Wong
Devin Woolridge
Jaclyn Zajackowski
Christine Zoro

VOLUNTEERS

HELP US DO SO MUCH MORE

With a focus on youth development, healthy living and social responsibility, Y volunteers give men, women and children of all ages and from all walks of life the resources and support they need to be healthy, confident, connected and secure.

Our volunteers are a big part of what makes the Y such an impactful organization. Without the hard work and dedication of our hundreds of volunteers, the success of our special events and other programs throughout the year would not be possible. A special thank you to all of our amazing volunteers!

Number of volunteers: 372
Total volunteer time: 2,232 hours
Total value of volunteer time: \$49,420



2014 HIGHLIGHTS

A Summer of Fun, A Lifetime of Memories

More than 1700 Y campers across Metro North shared a summer building confidence, learning life-skills, developing new friendships and making memories that will last a lifetime. The YMCA of Metro North provided over \$150,000 in camp scholarships to make a life-changing camp experience accessible to all.





Amanda Mena Takes Center Stage

Lynn YMCA Music Studio Clubhouse veteran Amanda Mena showcased her considerable musical gifts on the Telemundo TV show “La Voz Kids”, a Spanish language version of The Voice for kids. Combining her own natural talent with the skills she honed at the Lynn YMCA, Amanda went on to win the competition. Amanda came home to celebrate her victory with a special performance at the Lynn YMCA.

Community Milestones

The Melrose Family YMCA celebrated 120 years of service to the community and the Melrose and Stoneham Childcare Centers each marked their 15-year anniversary. Longtime staff and members came together to celebrate with special events and activities.



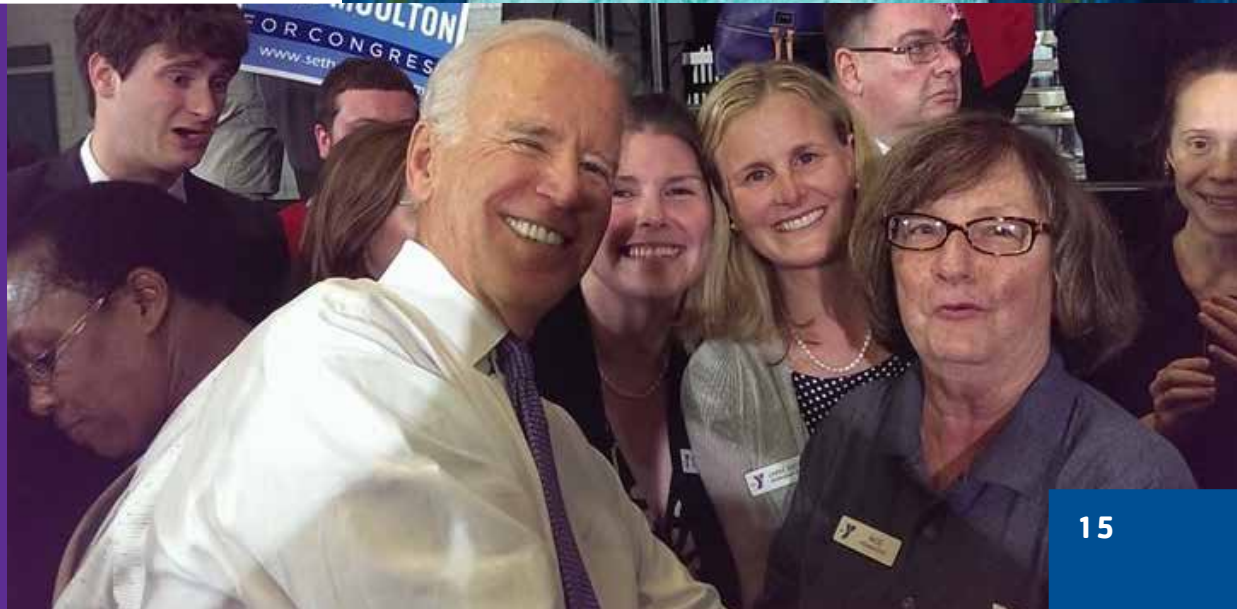
LIVESTRONG AT THE YMCA

The Torigian YMCA was selected as one of 12 Ys nationally to pilot the 12-week **LIVESTRONG** at the YMCA cancer recovery and wellness program. **LIVESTRONG** at the YMCA empowers adult cancer survivors to take an active role in their recovery. **LIVESTRONG** at the YMCA is provided at no cost to the participants and the Torigian Family YMCA received a \$10,000 grant from Lahey Health to continue the **LIVESTRONG** program in 2015.



Vice President Biden Visits The Lynn YMCA

The Lynn YMCA served as host to Vice President Joe Biden for the city’s first vice presidential visit in 30 years. The Vice President came to Lynn to attend a rally for Congressman Seth Moulton and Y staffers worked around the clock to make sure every detail of his visit was taken care of. Working with the secret service, local police and elected officials, the Y proved a great host for the VP.





Road Race Series: For the first time ever, the YMCA of Metro North offered a four-part road race series in 2014. More than 1,000 local runners laced up and joined in the fun running for our cause and getting healthier at the same time. The series included the Lynn Stride Along the Tide 5k, the Torigian Family YMCA Dash and Splash 5k, the Melrose Spooky Sprint 5k and the Stride for the Saugus Y 5k.

Bright Future Auction and Gala
Nearly 200 Y friends, members and staff came together to support the YMCA of Metro North Annual Fund at the Bright Futures Auction and Gala in November. The gala was held at the Salem Country Club, and included a silent and live auction. Attendees heard firsthand from some of the people who have benefitted from Annual Fund scholarships and free programming. Thanks to the hard work of the event committee and the generosity of the sponsors and attendees, more than \$80,000 was raised for the Annual Fund.



2014 HIGHLIGHTS



Rediscover Saugus

The Saugus YMCA held a weekend-long grand re-opening to celebrate the completion of more than \$200,000 worth of renovations and upgrades to the facility. The improvements include an updated Fitness Center featuring new cardio equipment, new free weights and Life Fitness Signature Series strength equipment, and a brand new Child Watch Room. As part of the celebration, the Saugus Y hosted events and family activities throughout the weekend, including the Stride for the Saugus Y 5K.



Gymnastics Center Raises the Bar for Y Programs

The new YMCA of Metro North Gymnastics Center opened at the Saugus Family YMCA. The state-of-the-art 12,000 square-foot building became the permanent home for the Y's popular gymnastics program and summer camp. The new center accommodates all levels of gymnasts from beginners to competitive teams.

LEADING OUR CAUSE

Our Board

Chairman of the Board
John Smolinsky, Webster First Federal Credit Union

Vice Chair and Treasurer
Michael Brown, North Shore Bank

Vice Chairman
Charles Whipple, Hallmark Health Clerk

Clerk
Charles Holden, Holden Oil

Finance Development Chair
Andy Freed, Virtual, Inc.

Member at Large
Elizabeth O'Hara, Eastern Bank

Member at Large
Peter Nuytkens, Q Developments, LLC

Ex Officio Chairman
Edward Ball, Rite Aid Pharmacy

Board of Directors

David Gravel, GraVoc Associates, Inc.
Marie McGee, The Mentor Network
Peter Harmeling, Harmeling Physical Therapy
Seymour McKenzie, Ocean Wave Cleaning
Jaclyn Kugell-Yezerski, Morgan, Brown & Joy, LLP
Peter Mortimer, Attorney
Richard Larkin, People's United Bank
Hong Net, Massachusetts Department of Revenue
Ethel Leonard, Retired
Gil Macdonald, Retired Retail Executive
Jacqueline Torigian, Retired
Robert Schneider, Lahey Clinic Medical Center
North Shore

YMCA Executive Leadership

President and CEO
Bruce Macdonald

Chief Operating Officer
Kathleen Walsh

Vice President of Finance
Betsy LaFontaine

Vice President of Community Impact &
Strategic Initiatives
Beth Tilley

Branch Executive Leadership

Torigian Family YMCA
Tyler Fleming

Lynn YMCA
Audrey Jimenez

Saugus Family YMCA
Doug Currier

YMCA of Metro North Gymnastics Center
Jen Conway

Melrose Family YMCA
Katelyn Doherty

Melrose YMCA Childcare Center
Cathy Flynn

Stoneham YMCA Childcare and Program
Center
Maureen McGurl

WHO WE ARE

www.YMCAMetroNorth.org

THE YMCA OF METRO NORTH IS SO MUCH MORE...

Our Mission

The YMCA of Metro North builds strong kids, strong families and strong communities by enriching the lives of all people in spirit, mind and body.

Our Vision

The YMCA of Metro North, formally the Greater Lynn YMCA, is one of the oldest YMCA's in the country. Since 1870, the Y, as a charitable community based organization with a commitment to service, utilizes its staff, volunteers and facilities to strengthen individuals, families and our community by providing quality social, recreational and educational experience while promoting honesty, respect, caring and responsibility to all members of our community.

Our History

Serving the communities of Lynn, Peabody, Saugus, Melrose, Stoneham, Revere, Nahant, Lynnfield and neighboring towns, the Y of Metro North, focuses on programs which strengthen the foundations of community, enhance youth development, promote healthy living and foster a sense of social responsibility.

The YMCA of Metro North encompasses five different branch locations in four communities (Peabody, Lynn, Melrose and Saugus) as well as two additional NAEYC accredited child care facilities in Melrose and Stoneham. While there are common threads that unite all branch operations of the Y of Metro North, each program site is unique and offers programs and services that respond to their individual community needs and interests.

YMCA OF METRO NORTH CORPORATE OFFICE

2 Centennial Dr. Suite 4A
Peabody, MA 01960
Phone: 978-775-3701

Torigian Family YMCA

259 Lynnfield Street
Peabody, MA 01960
Phone: 978-977-YMCA

Lynn Family YMCA

20 Neptune Blvd
Lynn, MA 01902
Phone: 781-581-3105

Saugus Family YMCA

298 Main Street
Saugus, MA 01906
Phone: 781-233-YMCA

YMCA of Metro North Gymnastics Center

298B Main Street
Saugus, MA 01906
Phone: 781-218-7263

Melrose Family YMCA

497 Main Street
Melrose, MA 02176
Phone: 781-665-4360

Melrose Childcare Center

106 Main Street
Melrose, MA 02176
Phone: 781-665-8522

Stoneham Childcare and Program Center

39 Pleasant Street
Stoneham, MA 02180
Phone: 781-279-2002



www.YMCAMetroNorth.org