

## TYPICAL DAY

A typical day at the Torigian Family YMCA Early Learning Program for Preschoolers includes independent, small and large group activities, structured activities, free choice play to promote autonomy, physical activity to develop healthy living habits at an early age, child-initiated and teacher –directed programming.



## PROGRAM OPTIONS

**Program Hours: 7:00am–6:00pm**

Three full day options are available:

**Five Day:**  
Monday- Friday full day                      \$228

**Three Day:**  
Monday, Wednesday, Friday full day      \$175

**Two Day:**  
Tuesday, Thursday full day                  \$160



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TORIGIAN FAMILY YMCA  
259 Lynnfield Street  
Peabody, MA 01960  
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ymcmetronorth.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NURTURING THE POTENTIAL OF EVERY CHILD

Early Learning Program For Preschoolers  
TORIGIAN FAMILY YMCA  
A YMCA OF METRO NORTH



[ymcmetronorth.org](http://ymcmetronorth.org)

## WELCOME

The Torigian Family YMCA Early Learning Program for Preschoolers delivers high quality early education and care to support children's development cognitively, socially, emotionally and physically. Our program provides each child a warm and supportive environment where they can confidently learn, grow, and thrive.

## OUR PROGRAM

Our program offers a well-rounded daily schedule full of activities that are customized to your child's individual age, needs and progress. Daily activities include:

- Pre-k Science, Technology and Engineering activities, which provide a foundation for inquiry and learning through formal and informal learning.
- A primary educator/teacher approach focusing on smaller learning groups and specifically gearing plans to the developmental needs of the children in each group.
- Arts activities to inspire creativity and imagination.
- Curriculum which aligns with MA Early Childhood Program Standards.
- Plenty of physical activity in alignment with the YMCA Healthy Eating and Physical Activity (HEPA) standards.
- Nutritious snacks in alignment with the YMCA Healthy Eating and Physical Activity (HEPA) standards.
- Events to help support and strengthen families and communities.

We will accept vouchers. Our program is in the process of being licensed by the Department of Early Education & Care.

## OUR STAFF

As a leader in youth development in Peabody since the 1950s, the Torigian Family YMCA takes pride in the experience and dedication of our staff. All of our preschool teachers:

- Meet or exceed Department of Early Education & Care qualifications
- Have extensive trainings, including CPR, First Aid and child safety protection, including but not limited to Appropriate Touch, Child Sexual Abuse Prevention, Health & Safety.
- Complete a minimum of 20 hours of Professional Development including hours devoted to working with diverse learners.
- Complete Individual Professional Development Plans annually in conjunction with their supervisor to increase their knowledge in the field.
- Are vetted through an extensive Background Record Check, including a CORI, SORI and FBI fingerprinting.



## A PART OF YOUR FAMILY!

We look forward to becoming part of your family and believe that children learn best when parents are involved in their educational program. To encourage building a solid bridge between home and school we use the Tadpoles system which allows our teachers to capture special moments and take photos and videos of your child in action. We will share these special moments and other classroom information with you daily ensuring you remain an important part of your child's education.



## CONTACT US

For additional information about the Torigian Family YMCA Preschool Program please contact:

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For more information about the YMCA of Metro North and our programs and services please visit our website at [www.ymcametronorth.org](http://www.ymcametronorth.org).