



# Saugus Family YMCA Outdoor Pool Club Rules & Regulations

The Saugus Family YMCA is committed to providing a safe and enjoyable pool experience for all of our members. Thank you in advance for adhering to the rules and regulations below.

**SWIM TESTING:** All youth age 17 and under must participate in a swimming skills assessment and be assigned a wrist band indicating skill level before entering our pools alone. Swim testing is held the last 15 minutes of every hour. **Please see the enclosed form explaining these policies.**

**PERSONAL FLOTATION DEVICES:** Any child under the age of 10 or shorter than 50 inches who has not passed the deep end test will be required to wear a US Coast Guard approved flotation device which can be supplied by the parent or available at the YMCA.

**ADULT SUPERVISION:** All children under the age of six must have an adult with them in the water and within arm's reach at all times. All children under the age of 17 must be accompanied by a parent or guardian while at the pool.

**FOOTWEAR:** During the season our facility floors can become very slippery. Drying off and wearing footwear is required before entering our building.

**INDOOR LOCKER ROOMS:** Children are not allowed in the indoor locker rooms unless accompanied by an adult. The outdoor locker rooms are always available for use.

**SPLASH PAD & PLAY STRUCTURES:** The Splash Pad and climbing structures are un-staffed areas of the Outdoor Pool Club. Please keep a close eye on your children if they are using these areas to assure their safety. Children under 8 must be accompanied by an adult. Shoes are required at all times. Please no climbing on splash pad equipment.

**OVERCROWDING:** We anticipate a sellout membership this season and need to be extra cautious of our pool capacity each day. We reserve the right to limit or refrain from selling day passes on high traffic days. We will post capacity notices on our Facebook page and encourage calling ahead when bringing a guest.

**HORSEPLAY:** Continuous horseplay in the pool is unsafe and will not be allowed. Swimmers not abiding by the rules will be asked to leave the pool for a short period of time.

**BULLYING:** We have a zero-tolerance bullying policy and will expel anyone exhibiting these behaviors. If your child is being bullied or you witness other children being bullied please tell a YMCA staff person immediately.

# YMCA OF METRO NORTH AQUATICS SAFETY



## TEST



Everyone ages 17 and younger must take a swim test to determine swimming ability.

Swim test includes:

- Swimming 25 yards without touching the wall or floor
- Jumping into the deep end, fully submerge and recover
- Tread water for 30 seconds

## MARK



Upon successfully completing the swim test, you will receive a **green wristband** which allows:

- Ages 7-17 may swim the entire pool
- Anyone under the age of 7, regardless of ability, must be within arm's reach of an adult at all times

## PROTECT



If a swim test was declined or not successful, you will receive a **red wristband**:

- Ages 17 and younger must remain in the shallow water
- Swimmers under the age of 10 or shorter than 50"