POOL RULES:

- All swimmers 17 & under must pass a swim test before they may swim in the deep-end.
- Children under age 7 must be within arm's reach of an adult in the pool, regardless of ability, at all times.
- Please shower before entering the pool. This is a state law.
- Please walk while on the deck.
- Absolutely NO GLASS allowed on the deck at any time.
- Please refrain from breath holding games.
- Diving is only allowed in the far end of the 9ft. deep-end.
- Swimmers with hair shoulder length or longer are asked to tie their hair up or wear a swim cap.
- Flotation devices will be limited to Life Jackets, Puddle Jumpers, and Swim Bubbles. Please see "Test, Mark, Protect" on opposite page.
- Jumping in the shallow end will be marked off by designated cones.

Children who are not toilet trained must wear a swim diaper.

ADULT SWIM AND SWIM TESTING:

- At the quarter of each hour the pool will be closed for Adult Swim.
- Adults ages 18+ may continue to swim during this time.
- During Adult Swim, lifeguards will administer swim tests on the hour for swimmers who have taken the test.
- Guards will also use this time to test chemicals, rotate scanning zones, and check equipment to ensure safety.
- Children are encouraged to take breaks, use the bathroom, and have a snack while resting during Adult Swim.

ADDITIONAL INFORMATION:

- The outdoor pool is available for use by YMCA of Metro North members only. Adult non-members may purchase a daily guest pass for $15; seniors and teens are $8; and children 13 and under are $5. Guests must be accompanied by a YMCA of Metro North member.
- All members, including children, must have a key tag to scan into the Torigian Family YMCA before proceeding to the Outdoor Pool. Members must also wear a blue wrist band identifying themselves as members.

TORIGIAN FAMILY YMCA

Outdoor Pool Schedule – Summer 2016

POOL OPEN SATURDAY, MAY 28!

POOL HOURS:

Memorial Day Weekend Hours:

Saturday, May 28 ..... 12:00pm - 7:00pm
Sunday, May 29 ..... 12:00pm - 5:45pm
Monday, May 30 ..... 12:00pm - 4:45pm

Open WEEKENDS ONLY through Sunday, June 19:

Saturdays ..... 12:00pm - 7:00pm
Sundays ..... 12:00pm - 5:45pm

POOL SCHEDULE beginning Monday, June 20:

Monday - Thursday ..... 1:00pm - 7:30pm
Fridays ..... 1:00pm - 6:00pm
Saturdays ..... 12:00pm - 7:00pm
Sundays ..... 12:00pm - 5:45pm

Holiday Hours:

Memorial Day, May 30 ..... 12:00pm - 4:45pm
July 4th ..... 10:00am - 2:00pm
Labor Day, September 5 ..... Closed

SPECIAL EVENTS:

- June 17: Flick & Float: Finding Nemo** 7:00pm
- June 24: Team Training Pool Party 6:00pm-8:00pm
- June 29: Zumba Party 6:00pm-8:00pm
- July 1: Outdoor Aqua Zumba Begins Fridays 6:00pm
- July 15: Flick & Float: ZooTopia** 7:00pm
- July 29: Disney Family Night 5:30pm-7:30pm
- August 19: Flick & Float: JAWS** *(Parent Guidance Suggested)* 7:00pm
- August 26: Pirate Night 5:30pm-7:30pm

*Schedule subject to change - pool may be closed during special events

**Flick & Floats: $10 per family, $5 per additional child, $20 for non-member families

PRIVATE OUTDOOR POOL PARTIES.

Saturday & Sundays: 11:00am-1:00pm

Members Only: Cost $300 (up to 20 swimmers); $5 Additional per swimmer

- 11:00am-12:00pm - Private use of pool/splash pad
- 12:00pm-1:00pm - Birthday Party In Family Picnic Zone.
- Inclement weather - Gym & Bounce Party Option

Contact kcoffey@metronorthymca.org with questions or to schedule

YMCA OF METRO NORTH
AQUATICS SAFETY

TEST

Everyone ages 17 and younger must take a swim test to determine swimming ability.

Swim test includes:

- **Swimming 25 yards without touching the wall or floor**
- **Jumping into the deep end, fully submerge and recover**
- **Tread water for 30 seconds**

MARK

Upon successfully completing the swim test, you will receive a green wristband which allows:

- **Ages 7-17 may swim the entire pool**
- **Anyone under the age of 7, regardless of ability, must be within arm's reach of an adult at all times**

PROTECT

If a swim test was declined or not successful, you will receive a red wristband:

- **Ages 17 and younger must remain in the shallow water**
- **Swimmers under the age of 10 or shorter than 50" must wear a personal flotation device (PFD)**
- **Swimmers who are in the pool with parents at arm's length, learning to swim, may be excused of PFD**
- **Anyone under the age of 7, regardless of ability, must be within arm's reach of an adult at all times**

*Please check in at the lifeguard station at the indoor pool for all swim bands.