



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MELROSE FAMILY YMCA

Job Title: **Lifeguards and Swim Instructors**

Reports to: Aquatics Director and Assistant Aquatics Director

POSITION SUMMARY:

The Melrose Family YMCA is seeking swim instructors and lifeguards to join our aquatics team and help us keep our commitment to water safety, skill building and exceptional customer service. Qualified candidates are 16 years old or older, have current lifeguard and/or swim instructor certification or willingness to become certified, and a desire to work with people from a variety of backgrounds, build relationships, and the ability to manage a safe and supervised pool area. Under the direction of the Aquatic Director, the lifeguard is responsible for ensuring the safety and wellbeing of all patrons in the aquatic area. While on duty, a lifeguard has a legal and moral obligation to take action to protect all swimmers and patrons in the aquatic area and to respond to emergencies per YMCA protocols. Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that promotes member safety and engagement in accordance with YMCA policies and procedures.

ESSENTIAL FUNCTIONS:

1. Maintains constant surveillance of the pool area.
2. Knows/reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies and procedures. Completes related reports as required.
3. Maintains effective, positive relationships with the members, participants and other staff.
4. Knows, understands, and consistently applies safety rules, policies and guidelines for the pool and aquatic area.
5. Maintains accurate records as required by the YMCA and/or the state Health Department code.
6. Performs equipment checks and ensures appropriate equipment is available as needed.
7. Checks the pool for hazardous conditions when arriving.
8. Performs chemical testing at appropriate times of the day, as required, and takes appropriate action.
9. Attends all staff meetings and training as required.
10. Teaches or helps teach swim lessons.

YMCA COMPETENCIES (Leader):

Mission Advancement: Accepts and demonstrates the Ys values. Demonstrates a desire to serve others and fulfill community needs. Recruits volunteers and builds effective, supportive working relationships with them. Supports fund-raising.

Collaboration: Works effectively with people of different backgrounds, abilities, opinions, and perceptions. Builds rapport and relates well to others. Seeks first to understand the other person's point of view, and remains calm in challenging situations. Listens for understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.

Operational Effectiveness: Makes sound judgments, and transfers learning from one situation to another. Embraces new approaches and discovers ideas to create a better member experience.

Establishes goals, clarifies tasks, plans work and actively participates in meetings. Follows budgeting policies and procedures, and reports all financial irregularities immediately. Strives to meet or exceed goals and deliver a high-value experience for members.

Personal Growth: Pursues self-development that enhances job performance. Demonstrates an openness to change, and seeks opportunities in the change process. Accurately assesses personal feelings, strengths and limitations and how they impact relationships. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

QUALIFICATIONS:

1. Minimum age of 16.
2. Certifications: CPR for the Professional Rescuer, AED and First Aid certification.
3. Current Red Cross Lifeguarding or equivalent or willingness to become certified
4. An American Red Cross Water Safety Instructor certification is strongly recommended.
5. Ability to maintain certification-level of physical and mental readiness. Must swim a certain amount of laps monthly.
6. Must demonstrate lifeguard skills in accordance with Red Cross standards.
7. Must complete Red Woods training.

Physical Demands:

1. Ability to pass lifeguard water test.
2. Must be able to remain alert.
3. Must be able to sit and stand for extended periods.
4. Adequate ability to hear noises and distinguish distress signals.
5. Ability to continuously scan all areas of the pool with clear vision.
6. Ability to perform strenuous physical tasks necessary for a water rescue.
7. Ability to communicate verbally, including projecting voice across distance in normal and loud situations.
8. Any other tasks assigned by the Aquatics Director.

Shift Requirements

Shifts include weekend, weekday, morning, afternoon and evening. Shifts may be independent whole area coverage or multiple guard zone coverage.

Interested in applying, please contact Benjamin Allis, Melrose YMCA Aquatics Director, at 781-665-4360 or ballis@metronorthymca.org.