



# TORIGIAN FAMILY YMCA

Serving the communities of Peabody and Lynnfield since the 1960's, the Torigian Family YMCA is a village of dedicated people striving to do better and to be better, together. From tackling the achievement gap to teaching healthy habits for a lifetime or giving people the chance to strengthen our community through volunteering, everything the Y does is in service of building a better us.

## YOUTH DEVELOPMENT

- Camp Eastman inspires over **500 kids** each summer to engage in positive developmental experiences that encourage independence, teamwork and confidence.
- The YMCA's licensed Early Learning Program ensures that over **70 kids** each year have the intellectual, emotional and social foundation to meet the developmental milestones needed to thrive in kindergarten.
- The Out-of-School-Time program gives over **120 children** a safe and nurturing place to learn, grow, and thrive while their parents are working.
- Over **600 kids** participate in sports, arts and recreation opportunities to enrich learning and development skills.

## SOCIAL RESPONSIBILITY

- The Y is committed to giving all children the chance to experience summer camp regardless of their ability to pay. In 2016, over **\$42,000 of financial assistance was awarded to 67 campers**.
- Nearly **\$200,000 in financial assistance** was provided last year to ensure Torigian Family YMCA programs and services are accessible to all, no matter their physical or financial circumstances.
- Over **18,000 community members** have a sense of belonging and the opportunity to connect with others at the Y.
- For a better us, the Y works to ensure all individuals have the support they need to achieve their full potential.

## HEALTHY LIVING

- Over **11,000 adults, youth and families** receive the support needed to achieve better health and well-being by being a Y member.
- The LIVESTRONG wellness program has helped **39 cancer survivors** reclaim their health and well-being following a cancer diagnosis.
- Over **700 individuals** receive lifesaving swimming and water safety lessons each year, vital skills that will stay with them for a lifetime.
- Our Partnership Program serves nearly **20 disabled individuals** with specialized workouts on adaptive exercise equipment to help improve or maintain physical strength under the guidance of certified staff.