



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Saugus Family YMCA Gym Schedule Fall Session: August 28 - October 9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00 Open Gym	5:30-7:00 Open Gym	5:30-7:00 Open Gym	5:30-7:00 Open Gym	5:30-7:00 Open Gym	7:30-9:00 Open Gym	8:00-10:30 Adult Open Basketball (18+)
7:00-9:00 Open Gym	7:00-9:00 Open Gym	7:00-9:00 Open Gym	7:00-9:00 Open Gym	7:00-9:00 Open Gym	9:00-12:30 Youth Sports	
9:00-11:00 Preschool	9:00-11:00 1/2 Youth Sports 1/2 Preschool	9:00-12:00 Preschool	9:00-12:00 Preschool	9:00-10:30 1/2 Youth Sports 1/2 Preschool	12:30-2:00 Family Open Gym *Please call ahead for availability, birthday parties may be scheduled	10:30-12:00 Family Open Gym *Please call ahead for availability, birthday parties may be scheduled
11:00-12:00 1/2 Youth Sports 1/2 Preschool	11:00-12:00 1/2 Youth Sports 1/2 Family Open			10:30-12:00 Preschool		
12:00-2:00 Family Open Gym	12:00-2:00 Family Open Gym	12:00-2:00 Family Open Gym	12:00-2:00 Family Open Gym	12:00-2:00 Family Open Gym	2:00-6:00 Open Gym	12:00-5:00 Open Gym
2:00-3:00 Open Gym	2:00-3:00 1/2 Open Gym 1/2 Preschool	2:00-3:00 Open Gym	2:00-3:00 Open Gym	2:00-3:00 Open Gym		
3:00-5:00 1/2 OST Program 1/2 Preschool	3:00-4:00 1/2 OST Program 1/2 Preschool	3:00-5:00 1/2 OST Program 1/2 Preschool	3:00-5:00 1/2 OST Program 1/2 Preschool	3:00-5:00 1/2 OST Program 1/2 Preschool	Updated 8/28/2017 NOTES: The YMCA reserves the right to modify this schedule at any time. For information on Gym Rentals, Birthday Parties, or classes please contact us at (781) 233- 9622	
5:00-6:00 1/2 Youth Sports 1/2 Open Gym	4:00-5:00 1/2 Youth Sports 1/2 OST Program	5:00-6:00 1/2 Youth Sports 1/2 Open Gym	5:00-6:00 Open Gym	5:00-6:00 Family Open Gym		
6:00-9:00 Open Gym	5:00-6:00 1/2 Youth Sports 1/2 Open Gym	6:00-9:00 Open Gym	6:00-7:00 1/2 Youth Sports 1/2 Open Gym	6:00-9:00 Open Gym		
	6:00-9:00 Open Gym		7:00-9:00 Open Gym			

* Family Open Gym is available for families first. Members are able to use the gym during this time, but we ask that you be respectful to those with children around you. If you have any questions, comments or concerns please see the welcome center for assistance.

781-233-9622
ymcametronorth.org

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