



LYNN YMCA POOL SCHEDULE

SEPTEMBER 5- OCTOBER 29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am-10:00am Adult Lap (6)	5:30am-8:15am Adult Lap (6)	5:30am-9:00am Adult Lap (6)	5:30am-8:15am Adult Lap (6)	5:30am-9:00am Adult Lap (6)	5:30am-8:15am Adult Lap (6)	8:00am-9:00am Adult Lap (6)
10:00am-2:30pm Swim Lesson(4) Adult Lap(2)	8:15am-9:15am Best Choice(3) Adult Lap(3)	9:00am-10:00am Aqua Fitness(3) Adult Lap(3)	8:15am-9:15am Best Choice(3) Adult Lap(3)	9:00am-10:00am Aqua Fitness(3) Adult Lap(3)	8:15am-9:15am Best Choice(3) Adult Lap(3)	9:00am-12:00pm Swim Lessons(5) Adult Lap(1)
2:30pm-4:00pm Family Swim(3) Adult Lap(3)	9:15am-10:15am Adult Lap(3) Aqua Fitness(3)	10:15am-11:15am Pre-school Lessons(3) Adult Lap(3)	9:15am-10:15am Aqua Fitness(3) Adult Lap(3)	10:15am-11:15am Pre-school Lessons(3) Adult Lap(3)	9:15am-10:30am Adult Lap(6)	12:00pm-1pm Swim Lessons(3) Adult Lap(3)
	10:30am-11:30am Zabota(4) Adult Lap(2)	11:30am-1:00pm Family Swim(2) Adult Lap(4)	10:30am-11:30am Zabota(4) Adult Lap(2)	11:30am-1:00pm Family Swim(2) Adult Lap(4)	Zabota(4) Adult Lap(2)	1:00pm-4:00pm Open Swim(3) Adult Lap(3)
	11:30am-1:00pm Family Swim(2) Adult Lap(4)	1:00pm-3:00pm Adult Lap(6)	11:30am-1:00pm Family Swim(2) Adult Lap(4)	1:00pm-3:00pm Pool Closed Maintenance	11:30am-1:00pm Family Swim(2) Adult Lap(4)	
	1:00pm-3:00pm Adult Lap(6)	3:00pm-4:30pm Open Swim(3) Adult Lap(3)	1:00pm-3:00pm Adult Lap(6)	3:00pm-4:30pm Open Swim(3) Adult Lap(3)	1:00pm-3:00pm Adult Lap(6)	
	3:00pm-4:30pm Open Swim(3) Adult Lap(3)	4:30pm-6:30pm Swim Lessons(3) Adult Lap(3)	3:00pm-4:30pm Open Swim(3) Adult Lap(3)	4:30pm-6:30pm Swim Lessons(3) Adult Lap(3)	3:00pm-4:30pm Open Swim(3) Adult Lap(3)	
	4:30pm-6:30pm Swim Lessons(4) Adult Lap(2)	6:30pm-7:30pm Aqua Fitness(4) Adult Lap(2)	4:30pm-6:30pm Swim Lessons(3) Adult Lap(3)	6:30pm-7:30pm Aqua Fitness/Zumba(4) Adult Lap(2)	4:30pm-6:30pm Swim Lessons(3) Adult Lap(3)	
	6:30pm-7:30pm Aqua Fitness(4) Adult Lap(2)	7:30pm-8:15pm Family Swim(3) Adult Lap(3)	6:30pm-7:30pm Aqua Fitness(3) Adult Lap(3)	7:30pm-8:15pm Family Swim(3) Adult Lap(3)	6:30pm-8:15pm Family Swim(4) Adult Lap(2)	
	7:30pm-8:15pm Family Swim(3) Adult Lap(3)		7:30pm-8:15pm Family Swim(3) Adult Lap(3)			

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