the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RUN, JUMP, PLAY

Open Gym Times
April 23rd – June 10th
YMCA OF METRO NORTH GYMNASTICS CENTER

Open Gym time gives gymnasts a chance to play and have fun in the gym in a supervised but unstructured setting! All open gym times are subject to change. Please check our website for the most up to date schedule. To sign up visit the Welcome Center Desk!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*9:00-10:00am (0-7yrs)						
		11:00-12:00pm (0-7 yrs)	11:00-12:00pm (0-7 yrs)		*10:30-11:30am (0-7 yrs)	
4:30-5:30pm (6-18yrs)	2:00-3:00pm (All ages!)	2:00-3:00pm (All ages!)	2:00-3:00pm (All ages!)	2:00-3:00pm (0-7 yrs)	2:00-3:00pm (6-18yrs)	

Important to note:
*Pre-registration is available only for Friday 10:30am and Sunday 9:00am. Session Rates: Family $30 / Youth $60 / Non Member $90

Drop In Rates:

Family Member: $5 Youth Member: $10 Non Member: $15

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