



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TORIGIAN FAMILY YMCA

Gym Schedule

Fall II Session

Oct 29-Dec 23

Updated 10/28/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-9:00 Open Gym	5:00-9:00 Open Gym	5:00-9:00 Open Gym	5:00-9:00 Open Gym	5:00-9:00 Open Gym	7:00 – 9:00 A Open Gym B Family Open Gym	7:00-9:00 A Open Gym B Open Gym
9:00-10:00 A Preschool B Open Gym	9:00-10:00 A Preschool B Open Gym	9:00-10:00 A Preschool B Open Gym	9:00-10:00 A Preschool B Open Gym	9:00-10:00 A Preschool B Programs	9:00-10:00 A YBA B YBA	9:00-10:00 A Open Gym B Programs
10:00-11:00 A Preschool B Programs	10:00-11:00 A Preschool B Programs	10:00-11:00 A Preschool B Open Gym	10:00-11:00 A Preschool B Open Gym	10:00-11:30 A Preschool B Programs	10:00-11:00 A YBA B YBA	10:00-11:00 A Birthday Party B Programs
11:00-12:00 A Open Gym B Open Gym	11:00-12:00 A Open Gym B Open Gym	11:00-12:00 A Open Gym B Open Gym	11:00-12:00 A Open Gym B Open Gym	11:30-12:00 A Open Gym B Open Gym	11:00-12:00 A YBA B YBA	11:00-2:00 A Open Gym B Family Open Gym
12:00-3:00 A Open Gym B Open Gym	12:00-3:00 A Open Gym B Open Gym	12:00-3:00 A Open Gym B Open Gym	12:00-3:00 A Open Gym B Open Gym	12:00-3:00 A Open Gym B Open Gym	2:00-3:00 A YBA B YBA	2:00-3:00 A Birthday Party B Family Open Gym
3:00-4:00 A Preschool/OST B Vi Stars	3:00-4:00 A Preschool/OST B Programs	3:00-4:00 A Preschool/OST B Open Gym	3:00-4:00 A Preschool/OST B Programs	3:00-4:00 A Preschool/OST B Programs	3:00-4:00 A YBA B YBA	3:00-4:00 A Open Gym B Family Open Gym
4:00-5:00 A Preschool/OST B Vi Stars	4:00-5:00 A Preschool/OST B Programs	4:00-5:00 A Pre-School/OST B Open Gym	4:00-5:00 A Pre-School/OST B Programs	4:00-5:00 A Pre-School/OST B Programs	4:00-5:00 A Open Gym B Open Gym	4:00-5:00 A Open Gym B Family Open Gym
5:00-6:00 A Preschool/OST B Programs	5:00-6:00 A Pre-School/OST B Programs	5:00-6:00 A Pre-School/OST B Open Gym	5:00-6:00 A Pre-School/OST B Programs	5:00-6:00 A Pre-School/OST B Programs	5:00-6:00 A Open Gym B Open Gym	5:00-6:00 A Open Gym B Family Open Gym
6:00-7:00 A Open Gym B Open Gym	6:00-6:45 A Open Gym B Open Gym	6:00-8:00 A Open Gym B Free 3v3 BBALL Tournament 10-15 years old	6:00-6:45 A Open Gym B Open Gym	6:00-7:00 Open Gym	<p>Notes: Birthday parties are subject to Reservation, please call Welcome Desk to ask about possible open gym time on weekends!</p>	
7:00-10:00 Open Gym	6:45-10:00 Adult BBALL League	8:00-10:00 Open Gym	6:45 - 10:00 Adult BBALL League	7:00-10:00 Open Gym		

CHILD WATCH HOURS

Monday through Sunday	8:15AM – 12:30 PM
Monday through Thursday	4:00 PM – 8:00 PM

FAMILY WORKOUT HOURS

Friday	6:00pm-9:00pm
Saturday-Sunday	12:00pm-6:00pm

FAMILY TRACK TIME Indoor Track

MONDAY - FRIDAY	3:00 PM – 4:00 PM
Youth Running Club	
SATURDAY & SUNDAY	10:00 AM – 1:00 PM