



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IMPORTANT FACILITY CLOSURES

Fitness Center– New Equipment!

Basketball Gym– Floor Refinish!

Third Floor Group Exercise Studio– Floor Refinish!

- **Our Fitness Center will be CLOSED** on Thursday, December 6th beginning at 7:30am through 7:00pm on Friday, December 7th. An equipment upgrade is on the way! We will be replacing strength machines with the newest technology and making some facility updates during this time.
- **The Basketball Gym will be CLOSED** beginning at 12:00pm on Friday, December 14th through Sunday, December 16th with all programs canceled during this time.
- **The Third Floor Group Exercise Studio will be CLOSED** beginning Friday, December 14th through Sunday, December 16th with all group exercises classes on the 3rd floor canceled during this time. *Friday-5:15am TRX class will run!


YOU ARE A MEMBER OF THE YMCA OF METRO NORTH!

Your YMCA of Metro North membership is a tremendous value. As a member, you can enjoy access to hundreds of free group exercise classes, six pools, four gymnasiums, countless events and so much more! During these closures, please be sure to visit our other locations and stop by our Welcome Center to pick up a printed schedule of their classes! All schedules can be found at www.ymcametronorth.org/schedules/

Torigian Family YMCA: 259 Lynnfield Street, Peabody, MA 01960

Saugus Family YMCA: 298 Main Street, Saugus, MA 01906

Lynn Family YMCA: 20 Neptune Blvd, Lynn MA, 01902



DON'T SKIP YOUR WORKOUT!
CHECK OUT THE TORIGIAN,
SAUGUS OR LYNN YMCA!