



Lynn YMCA
Pool Schedule

Jan 7th – Feb 17th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
5:30-8:15am Adult Lap (6)	5:30am-9:00am Adult Lap(6)	5:30-8:15am Adult Lap (6)	5:30am-9:00am Adult Lap(6)	5:30am-8:15am Adult Lap (6)	8:00-9:00am Adult Lap (6)	8:00-10:00am Adult Lap (6)
8:15-9:15am Best Choice (3) Adult Lap (3)	9:00-10:00am Aqua Fitness (3) Adult Lap(3)	8:15-9:15am Best Choice (3) Adult Lap (3)	9:00-10:00am Aqua Fitness (3) Adult Lap(3)	8:15-9:15am Best Choice (3) Adult Lap (3)	9am-12:00pm Adult Lap (1) Lessons (5)	10:00- 11:00pm Adult Lap (3) Lessons (3)
9:15-10:15am Aqua Fitness (3) Adult Lap (3)	10:15- 11:15am Pre-School(3) Adult Lap(3)	9:15-10:15am Aqua Fitness (3) Adult Lap (3)	10:15- 11:15am Pre-School(3) Adult Lap(3)	9:15-10:15am Adult Lap (6)	12:00-4:00pm Adult Lap (3) Family Swim (3)	11:00-12:00 Lessons (6)
10:30- 11:30am Zabota (4) Adult Lap (2)	11:30-1:00pm Family Swim (2) Adult Lap(4)	10:30-11:30am Zabota (4) Adult Lap (2)	11:30-1:00pm Family Swim (2) Adult Lap(4)	10:30- 11:30am Zabota (4) Adult Lap (2)		12:00-1:00pm Adult Lap (6)
11:30-1:00pm Family Swim (2) Adult Lap (4)		11:30-1:00pm Family Swim (2) Adult Lap (4)		11:30-1:00pm Family Swim (2) Adult Lap (4)		1:00-2:00pm Adult Lap (4) Lessons (2)
1:00-2:30pm Open Swim (3) Adult Lap (3)	1:00-3:00pm Closed	1:00-2:30pm Open Swim (3) Adult Lap (3)	1:00-3:00pm Closed	1:00-2:30pm Open Swim (3) Adult Lap (3)		2:00-4:00pm Adult Lap (3) Family Swim (3)
2:30-3:30pm YC (3) Adult Lap (3)	3:00-4:20pm Open Swim/YC (3) Adult Lap(3)	2:30-3:30pm YC (3) Adult Lap (3)	3:00-4:20pm Open Swim/YC (3) Adult Lap(3)	2:30-3:30pm YC (3) Adult Lap (3)		
3:30-4:30pm OST (3) Adult Lap (3)	4:30-6:30pm Lessons (3) Adult Lap (3)	3:30-4:20pm OST (3) Adult Lap (3)	4:30-6:30pm Lessons (3) Adult Lap (3)	3:30-4:30pm OST(3) Adult Lap (3)		
4:30-6:30pm Lessons (2) Adult Lap (4)	6:30-7:30pm Aqua Fitness (4) Adult Lap (2)	4:30-6:30pm Adult Lap (3) Lessons (3)	6:30-7:30pm Aqua Fitness/ Zumba (4) Adult Lap (2)	4:30-6:30pm Lessons (3) Adult Lap (3)		
6:30-7:30pm Aqua Fitness (4) Adult Lap (2)	7:30-8:00pm Adult Lap (6)	6:30-8:00pm Family Swim (3) Adult Lap (3)	7:30-8:00pm Adult Lap (6)	6:30-8:00pm Family Swim (3) Adult Lap (3)		
7:30-8:00pm Adult Lap (6)						