



Lynn YMCA

Pool Schedule

February 25 – April 14

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-8:15am Adult Lap (6)	5:30-9:00am Adult Lap (6)	5:30-8:15am Adult Lap (6)	5:30-9:00am Adult Lap (6)	5:30-8:15am Adult Lap (6)	8:00-9:30am Adult Lap (6)	8:00-10:00am Adult Lap (6)
8:15-9:15am Best Choice (3) Adult Lap (3)	9:00-10:00am Aqua Fitness (3) Adult Lap (3)	8:15-9:15am Best Choice (3) Adult Lap (3)	9:00-10:00am Aqua Fitness (3) Adult Lap (3)	8:15-9:15am Best Choice (3) Adult Lap (3)	9:30-1:00pm Lessons (2) Adult Lap (4)	10:00-12:45pm Lessons (2) Adult Lap (4)
9:15-10:15am Aqua Fitness (3) Adult Lap (3)	10:15-11:15am Preschool (3) Adult Lap (3)	9:15-10:15am Aqua Fitness (3) Adult Lap (3)	10:15-11:15am Preschool (3) Adult Lap (3)	9:15-10:15am Aqua Fitness (3) Adult Lap (3)		
10:30-11:30am Zabota (4) Adult Lap (2)	11:30-1:00pm Family Swim (2) Adult Lap (4)	10:30-11:30am Zabota (4) Adult Lap (2)	11:30-1:00pm Family Swim (2) Adult Lap (4)	10:30-11:30am Zabota (4) Adult Lap (2)		
11:30-1:00pm Family Swim (2) Adult Lap (4)	1:00-3:00pm Pool Closed	11:30-1:00pm Family Swim (2) Adult Lap (4)	1:00-3:00pm Pool Closed	11:30-1:00pm Family Swim (2) Adult Lap (4)		
1:00-2:30pm Adult Lap (6)		1:00-2:30pm Adult Lap (6)		1:00-2:30pm Adult Lap (6)	1:00-1:30pm Adult Lap (3) Open Swim (3)	12:50-4:00pm Adult Lap (3) Open Swim (3)
2:30-3:30pm Youth Center (3) Adult Lap (3)		2:30-3:30pm Youth Center (3) Adult Lap (3)		2:30-3:30pm Youth Center (3) Adult Lap (3)	1:30-2:30pm Lifeguard (1) Adult Lap (2) Open Swim (3)	
3:30-4:30pm OST (3) Adult Lap (3)	3:00-4:30pm Open Swim/YC (3) Adult Lap (3)	3:30-4:30pm OST (3) Adult Lap (3)	3:00-4:30pm Open Swim/YC (3) Adult Lap (3)	3:30-4:30pm OST (3) Adult Lap (3)	2:30-4:00pm Adult Lap (3) Open Swim (3)	The lifeguard reserves the right to change lane availability at any time. Please be aware of all pool rules and etiquette on back of pool schedule
4:30-5:00pm Family Swim (2) Adult Lap (4)	4:30-5:00 Family Swim (2) Adult Lap (4)	4:30-6:15pm Lessons (2) Adult Lap (4)	4:30-5:45pm Lessons (2) Adult Lap (4)	4:30-5:00pm Open Swim (2) Adult Lap (4)		
5:00-6:30pm Lessons (2) Adult Lap (4)	5:00-6:15pm Lessons (2) Adult Lap (4)		5:45-6:30pm Family Swim (2) Adult Lap (4)			
6:30-7:30pm Aqua Fitness (4) Adult Lap (2)	6:30-7:30pm Aqua Fitness (4) Adult Lap (2)	6:15-8:00pm Family Swim (3) Adult Lap (3)	6:30-7:30pm Aqua Fitness (4) Adult Lap (2)	5:00-6:15pm Lessons (2) Adult Lap (4)		
7:30-8:00pm Adult Lap (6)	7:30-8:00pm Adult Lap (6)		7:30-8:00pm Adult Lap (6)	6:15-8:00pm Family Swim (3) Adult Lap (3)		