



YMCA OF METRO NORTH CAMP HILLSIDE



SAUGUS FAMILY YMCA

ADVENTURE AWAITS

ymcametronorth.org/summer-camp



WELCOME TO SUMMER CAMP

CAMP HILLSIDE

Summer is our favorite season at the Y. We love to see all of our campers get up, out, and exploring. The YMCA of Metro North Summer Camps encourage young people to achieve more, build relationships with peers, and feel a sense of belonging through fun and enriching experiences.

This year we are introducing our newly named Camp Hillside (Formerly Camp Sachem) to the Metro North community. Many of our YMCA colleagues across the country are beginning to rename their camps with native or indigenous American names or depictions. The YMCA of Metro North is contributing to this effort and making our facilities welcoming to all. We'll still be the same place where your child can make friends and make memories that last a lifetime, but with a new name.

ABOUT SUMMER CAMP PROGRAMS

YMCA of Metro North Summer Camps are seasonal day camp programs for girls and boys ages four to fifteen. At Camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.





THE VISION

CAMP HILLSIDE

Camp Hillside intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships, and feel like they are part of something great.

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YMCA of Metro North CAMP HILLSIDE

A TYPICAL DAY

Each day, parents or guardians will say their goodbyes to their campers at their designated drop-off location where a pre-screening will be conducted. Staff will escort campers from their cars to their home base to meet their counselors and other campers. The day begins with small group assemblies – spirited meetings to get campers excited for their day ahead. Campers move on to other activities from swimming, field games, arts and crafts, nature and adventure, and more! Each camp day ends with a ceremony for announcements, awards, and other special activities before campers are escorted back to their cars for pick-up. Each week has a social responsibility theme where campers explore the theme with different games, projects, and hands-on activities that enhances their learning experience.

CAMP HILLSIDE HIGHLIGHTS (AGES 6-13)

- Conquer challenges and experience a variety of guided outdoor activities including low ropes and other courses to gain skills and balance.
- Play outside with plenty of outdoor play space including a playground, basketball court, and gaga pit.
- Swim and splash at the outdoor pool center with splash pad, playground, and picnic areas.
- Stimulate your imagination with educational STEAM activities at our indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms.
- Grow your dreams by participating in our community garden project from planting, to maintenance, and to healthy food and environmental sustainability explorations from learning about and engaging in this process.

YOUNG EXPLORERS PROGRAM HIGHLIGHTS (AGES 4-5)

- A transitional program for our youngest campers to gain all the benefits that Camp Hillside has to offer with modifications for this age group.
- Campers arrive in a relaxed environment with their peers where they will have a morning meeting to meet and prepare for the day.
- Campers participate in similar Camp Hillside activities such as low ropes, nature hikes, team building activities, and service-learning themes but in an age-appropriate environment.

Each Camper receives a weekly newsletter with important information and announcements from our dedicated staff team with years of camp experience and extensive health and safety training.





YMCA of Metro North CAMP HILLSIDE

CAMP HILLSIDE GOALS

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for the great outdoors.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

CAMP HILLSIDE WEEKLY RATES

\$30 non-refundable deposit per week is due at registration

* Sibling discount 15% off for second child

Ages	Family Members	Youth Members	Non Members
Young Explorers 4-5 Years	\$275	\$300	\$350
Camp Hillside 6-13 Years	\$245	\$275	\$335
Extended Day	\$30	\$35	\$40

CAMP DATES & HOURS

11 Weeks | One-week sessions from June 21–August 26.
We are open five days a week from **8:00am through 4:00pm**.
Extended day runs from **4:00pm through 5:30pm**.

***Camp is closed on Monday, June 20th and Monday, July 4th.**

Information Sessions

Sat, February 19: 10:00a.m. – 12:00p.m.

Sat, April 30: 12:30p.m. – 2:00p.m.

RETURNING FOR 2022

- Field trips may be incorporated into the camp experience for campers 7+
- New and exciting on-site field trips for campers 4-6

NEW FOR 2022

- Combined field trips with select Eastman groups

CAMP APPRECIATION DAYS

Look for a fun treat or surprise at pick up and drop off on the days listed below:

- Mon July 11, (Morning)
- Fri July 29, (Afternoon)
- Mon Aug 8, (Morning)
- Fri Aug 26, (Afternoon)

Camp Hillside Themes

2022	Weekly Themes	Social Responsibility	Dress Up Days	Special Events
Week 1 June 21-24	Welcome Week	Working Together	Core Value Colors	Double Dare Games
Week 2 June 27-July 1	Party in the USA	Caring for the Environment	Best USA Attire	Camp Hillside's Got Talent!
Week 3 July 5-8	Game Show Frenzy	Respecting Our Differences	Dress Like a Game Show Host	Game Show Contest
Week 4 July 11-15	Science/Space	Disability Awareness	Best Einstein or Astronaut Costume	Puzzles and Science Fair
Week 5 July 18-22	Olympics Week	Hunger Awareness	Wear Your Country's Colors	Olympic Events
Week 6 July 25-29	Color Wars	Random Act of Kindness	Red or Yellow	Color War Games
Week 7 August 1-5	Animal Mania	Endangered Species	Dress as Your Favorite Animal	Backyard Games
Week 8 August 8-12	Carnival Week	Healthy Living	Clowns and Carnival Acts	Scavenger / Treasure Hunt
Week 9 August 15-19	Hollywood Week	Cultural Awareness	Dress as Your Favorite Movie Character	SKITS!
Week 10 August 22-26	Superhero Week	Everyday Heroes	Dress as Your Favorite Super Hero	Super Hero Camp Wide Tag
Week 11 August 29-September 2	End of Summer Fun Week	Friendship	Dress in Your School's Colors	Luau!

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YMCA of Metro North

REGISTER FOR SUMMER CAMP

IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save over \$700 on camp this summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more! Join online at www.ymcametronorth.org/membership/.

SAFETY IS A SHARED RESPONSIBILITY

YMCA camps have always focused on providing a physically and emotionally safe and healthy environment for children. Following guidelines from health experts and local officials, the YMCA will ensure all components of camp are cleaned and sanitized to meet the highest standards for hygiene and sanitation. YMCA of Metro North camps comply with all regulations of the Massachusetts Department of Public Health and are licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences. Learn more about safety practices at www.ymcametronorth.org/summer-camp/.

Required Paperwork

All forms and documentation are due at the time of registration. A 2022 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

FINANCIAL AID

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are reviewed on a first come, first serve basis. More information including application forms and payment plans are available online at www.ymcametronorth.org/camp-online-application/.



GIVE THE GIFT OF CAMP

Each year the lives of more than 60,000 people are changed for the better by YMCA of Metro North programs and services. It would not be possible for the Y to fulfill its mission without the generosity of our many corporate and individual donors and volunteers. Your support ensures that the YMCA will never have to turn someone away due to an inability to pay. When we work together, we are all better. Consider supporting the Y this season www.ymcametronorth.org/support/.

To learn about YMCA Camps and Summer programs please visit:

www.ymcametronorth.org/summer-camp/





YMCA of Metro North SUMMER CAMPS

CAMP EASTMAN

Torigian Family YMCA
259 Lynnfield Street
Peabody, MA 01960
978-977-YMCA (9622)



CAMP HILLSIDE

Saugus Family YMCA
298 Main Street
Saugus, MA 01906
781-233-9622



CAMP MELSTONE

Melrose Family YMCA
497 Main Street
Melrose, MA 02176
781-665-4360



GYMNASTICS CAMP

Gymnastics Center - Saugus
298B Main Street
Saugus, MA 01906
781-233-9622



COMMITTED TO YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, young people are encouraged to lead inspired, successful lives. From camp to child care to afterschool activities to sports and more, the Y offers holistic programming that enhances, protects and nurtures the unique development journey of every child and teen.

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