



# YMCA OF METRO NORTH CAMP EASTMAN



**TORIGIAN FAMILY YMCA**

ADVENTURE AWAITS

[ymcametronorth.org/summer-camp](http://ymcametronorth.org/summer-camp)

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NO DIVING



# WELCOME TO SUMMER CAMP

## CAMP EASTMAN

This Summer, Camp will be more important than ever for our children. Camp Eastman at the Torigian Family YMCA is a seasonal day camp program for children ages four to fifteen.

Camp Eastman is so much more than a typical day camp. It is a place for values, learning, skill building, self-confidence and fulfilling dreams. Our program encourages independence and teamwork leading to happy, healthy, confident kids. Join us, adventure awaits!

## ABOUT SUMMER CAMP PROGRAMS

YMCA of Metro North Summer Camps are seasonal day camp programs for girls and boys ages four to fifteen. At Camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.





# THE VISION

## CAMP EASTMAN

This year, kids need the benefits of YMCA Summer Camps more than ever before. Camp gets kids up, out, and exploring. It intentionally fosters achievement, relationships, and belonging through fun and enriching experiences. The YMCA helps them build skills, develop strong friendships, and make memories that last a lifetime.

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# YMCA of Metro North CAMP EASTMAN

## A TYPICAL DAY

Each day, Camp begins with an assembly - a spirited meeting to get campers excited for the day ahead! Here, we sing songs and announce the schedule for the day. Campers move on to many activities, both indoor and outdoor; from swimming, field games, arts & crafts, nature & adventure, archery and more. Each camp day ends with an all camp ceremony for announcements, awards, and other special activities. Adventure Days are held each week where campers will participate in in camp and association wide events. Each week also has a theme, where campers will explore different games, projects, and activities to gain insight and hands on experience learning about the theme.

## MINI EASTMAN HIGHLIGHTS (AGES 4-6)

Mini Eastman is a transitional program for our youngest campers to gain all the benefits that Camp Eastman has to offer, without the overwhelming nature of being outside 100% of the time. Campers will arrive indoors in a more relaxed environment away from the rest of the camp where they will have a morning meeting with their group to prepare for the day. Campers will participate in all the events and activities that make Camp Eastman special such as swimming, low ropes, nature hikes, team building activities, and weekly special events but in an age appropriate environment.

## CAMP EASTMAN HIGHLIGHTS (AGES 7-13)

- Conquer low ropes courses, experience a variety of guided outdoor activities, and test accuracy during archery lessons.
- Weekly in-camp adventure days!
- Field trips may be incorporated into the camp experience for Camp Eastman (ages 7-13)
- Indoor and outdoor pool with a splash pad and seating area.
- Indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms for STEAM activities.
- Weekly camp newsletter with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and training.

## RETURNING FOR 2022

- Field trips may be incorporated into the camp experience for campers 7+
- New and exciting on-site field trips for campers 4-6





# YMCA of Metro North CAMP EASTMAN

## CAMP APPRECIATION DAYS

Look for a fun treat or surprise at pick up and drop off on the days listed below:

- Tuesday July 12, (Morning)
- Friday July 29, (Afternoon)
- Tuesday Aug 9, (Morning)
- Fri Aug 26, (Afternoon).

## CAMP EASTMAN WEEKLY RATES

\$30 non-refundable deposit per week is due at registration

\* Sibling discount 15% off for second child

Ages	Family Members	Youth Members	Non Members
<b>Mini Eastman</b> 4-6 Years	\$275	\$300	\$350
<b>Camp Eastman</b> 7-13 Years	\$245	\$275	\$335
<b>PM Care</b> 4:00p.m. - 5:30p.m.	\$30	\$35	\$40

## CAMP DATES & HOURS

**11 Weeks** | One-week sessions from June 21–September 2.

We are open five days a week from **8:00am through 4:00pm**.

PM Care runs from **4:00pm through 5:30pm**.

**\*Camp is closed on Monday, June 20th and Monday, July 4th.**

### Virtual Information Sessions

Saturday, February 12: 10:30am–11:30am

Wednesday, March 9: 10:30am–11:30am

Saturday, March 19: 10:30am–11:30am

Saturday, April 16: 10:30am–11:30am

Saturday, May 14: 10:30am–11:30am

### In-Person Open Houses

Saturday, April 9

Saturday, May 7

## Camp Eastman Themes

2022	Weekly Themes	Dress Up Days	Special Events
<b>Week 1</b> June 21-24	History Week	80's / 90's Themed Clothing	Double Dare Games
<b>Week 2</b> June 27-July 1	USA! Adventure Week	Best USA Attire!	Camp Eastman's Got Talent!
<b>Week 3</b> July 5-8	Game Show Week	Dress Like a Game Show Host	Game Show Competition
<b>Week 4</b> July 11-15	Science / Space	Best Einstein or Astronaut Costume!	Puzzles and Science Fair
<b>Week 5</b> July 18-22	Olympics Week	Wear Your Country's Colors	Olympic Events
<b>Week 6</b> July 25-29	Disney Week	Dress as Your Favorite Disney Character	Water Limbo / Water Balloon Competition
<b>Week 7</b> August 1-5	Animal Week	Dress as Your Favorite Animal	Backyard Games
<b>Week 8</b> August 8-12	Pirate Week / Sports Week	Best Pirate Costume	Scavenger / Treasure Hunt
<b>Week 9</b> August 15-19	Hollywood Week	Dress as Your Favorite Movie Character	SKITS!
<b>Week 10</b> August 22-26	Superhero Week	Dress as Your Favorite Super Hero	Super Hero Camp Wide Tag
<b>Week 11</b> August 29-September 2	End of Summer Fun Week	Dress in Your School's Colors	End of Summer Party!

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YMCA of Metro North

# REGISTER FOR SUMMER CAMP

## IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save over \$700 on camp this summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more! Join online at [www.ymcametronorth.org/membership/](http://www.ymcametronorth.org/membership/).

## SAFETY IS A SHARED RESPONSIBILITY

YMCA camps have always focused on providing a physically and emotionally safe and healthy environment for children. Following guidelines from health experts and local officials, the YMCA will ensure all components of camp are cleaned and sanitized to meet the highest standards for hygiene and sanitation. YMCA of Metro North camps comply with all regulations of the Massachusetts Department of Public Health and are licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences. Learn more about safety practices at [www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/).

### Required Paperwork

All forms and documentation are due at the time of registration. A 2022 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

## FINANCIAL AID

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are reviewed on a first come, first serve basis. More information including application forms and payment plans are available online at [www.ymcametronorth.org/camp-online-application/](http://www.ymcametronorth.org/camp-online-application/).



## GIVE THE GIFT OF CAMP

Each year the lives of more than 60,000 people are changed for the better by YMCA of Metro North programs and services. It would not be possible for the Y to fulfill its mission without the generosity of our many corporate and individual donors and volunteers. Your support ensures that the YMCA will never have to turn someone away due to an inability to pay. When we work together, we are all better. Consider supporting the Y this season [www.ymcametronorth.org/support/](http://www.ymcametronorth.org/support/).

To learn about YMCA Camps and Summer programs please visit:

[www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/)





# YMCA of Metro North SUMMER CAMPS

## CAMP EASTMAN

**Torigian Family YMCA**  
259 Lynnfield Street  
Peabody, MA 01960  
978-977-YMCA (9622)



## CAMP HILLSIDE

**Saugus Family YMCA**  
298 Main Street  
Saugus, MA 01906  
781-233-9622



## CAMP MELSTONE

**Melrose Family YMCA**  
497 Main Street  
Melrose, MA 02176  
781-665-4360



## GYMNASTICS CAMP

**Gymnastics Center - Saugus**  
298B Main Street  
Saugus, MA 01906  
781-233-9622



## COMMITTED TO YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, young people are encouraged to lead inspired, successful lives. From camp to child care to afterschool activities to sports and more, the Y offers holistic programming that enhances, protects and nurtures the unique development journey of every child and teen.

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