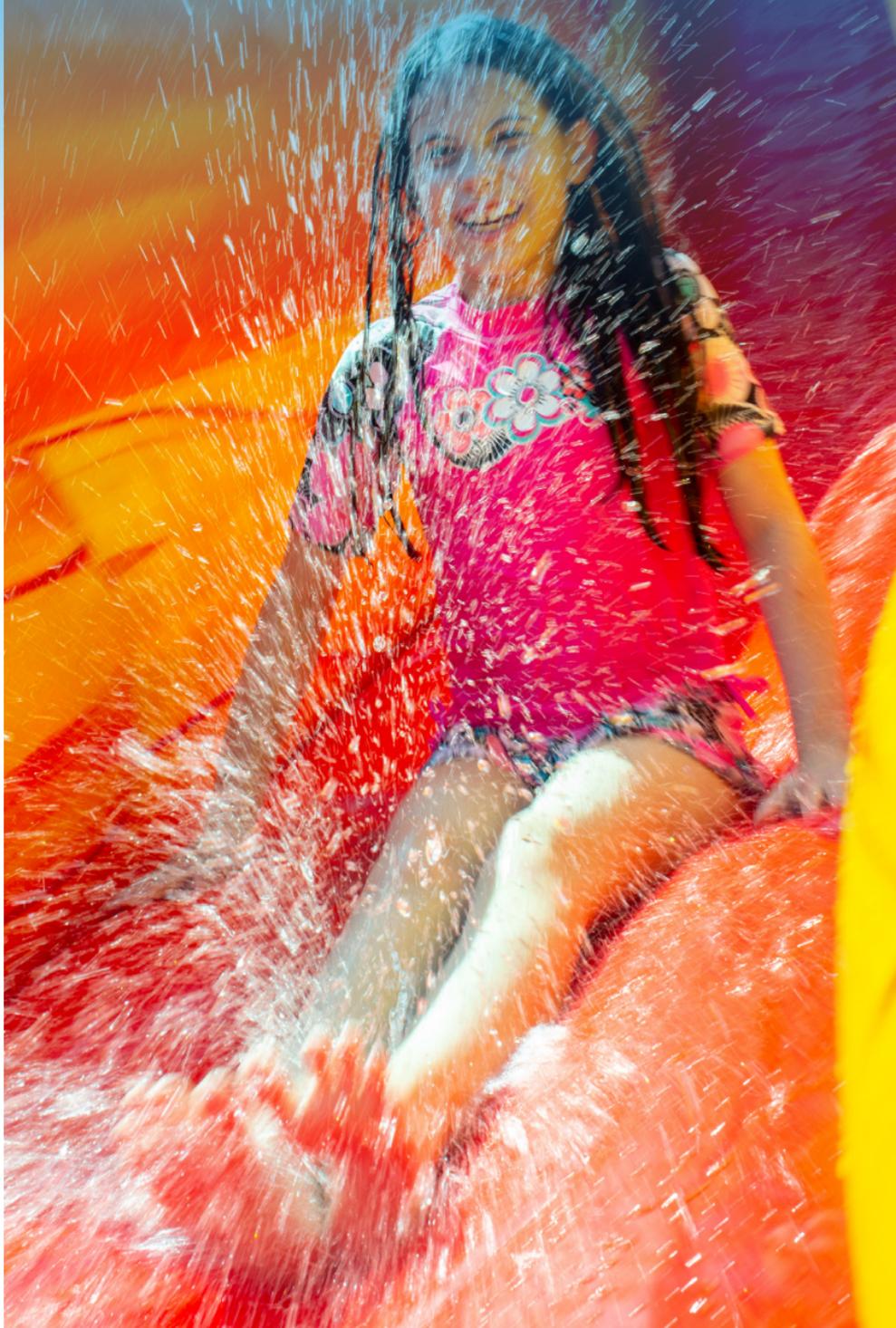




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Best Summer Ever **CAMP MELSTONE**

— NEW ADVENTURES AWAIT —



2020 Summer Camp Programs
MELROSE FAMILY YMCA

497 Main St. Melrose, MA

ymcametronorth.org

WELCOME TO CAMP!

Camp Melstone is a seasonal day camp program for girls and boys ages 4 to 13. At Camp Melstone, children will make new friends, discover new passions, explore creativity and develop skills through a wide range of fun and enriching activities.

Camp Melstone is much more than a typical day camp. It is a place for values, learning, skill building, self-confidence and fulfilling dreams. Our program encourages independence and teamwork leading to happy, healthy, confident kids. Join us, adventure awaits!

REGISTER TODAY: www.ymcametronorth.org

A Typical Day

Camp begins with a morning assembly, a spirited meeting to get campers excited for the day! Here we sing songs and make special announcements. Campers move on to many activities, both indoor and outdoor; from swimming, gym games, creative arts, nature, adventure and more. Ages 4-6 will partake in fun and exciting adventure days each week. Field trips are held each week for ages 7-13 where campers will be offered an exciting day trip away from camp.

Camp Sessions (one week per session)

Session 1 (June 22-June 26): Carnival Week- Join us as we kick off another great summer; celebrate our differences, begin new friendships and experience fun and exciting carnival games!

Session 2 (June 29-July 2): Party in the USA!- Celebrate America during this red, white and blue packed week. Campers will enjoy Olympic-inspired games and historical discoveries this week, while learning about the USA and what makes us great.

Session 3 (July 6-July 10): All About Sports- "Put me in coach, I'm ready to play". We're celebrating the history of sports in New England! We will focus on sport specific games, positive sportsmanship all while having fun at camp!

Session 4 (July 13-July 17): Around the World- Travel the world in 5 days, without leaving Melrose! Campers will do just that while learning and having fun with a new culture and place each day this week.

Session 5 (July 20-July 24): Splish Splash- Campers will splash around all day for another week filled with water games, activities, and lots of swimming!

Session 6 (July 27-July 31): STEAM- Interested in Science, Technology, Engineering, Arts and Math? This week of activities involve hands on interactive projects introducing students to STEAM projects.

Session 7 (August 3-August 7): Creative Creations- This week will be filled with exciting camp-style experiments and exploration. Learning this week may be MESSY & WILD but it's guaranteed to be FUN!

Session 8 (August 10-August 14): Into the Wild - There is an animal inside each and every one of us, the trick is finding a way to control it. Join us for a week of animal adventure where we will explore different animals around the world!

Session 9 (August 17-August 21): Amazing Race- A week of fun adventures include scavenger hunts, relay races and much more! Campers and staff will be split into teams and compete against one another in activities and challenges to earn Camp Melstone's Top Spot!

Session 10 (August 24-August 28): Wacky Week- This fun-filled week is loaded with silly and goofy activities! Notable wacky adventures include science experiments, scavenger hunts and talent shows. A special emphasis is placed on fun, laughter, and participation during this week.

*Information regarding weekly field trips for Camp Melstone and weekly Adventure Days for Camp Mini Melstone is available at the YMCA Welcome Center.

Camp Mini Melstone (ages 4-6) Highlights

- Sports, games, arts and crafts, social responsibility and fun all on-site at the Melrose Family YMCA!
- A transitional program for our youngest campers.
- Small ratio of 1 counselor per 5 children.
- Swimming activities at the YMCA pool.
- Weekly on-site adventure days.
- Weekly health and wellness activities
- Weekly camp newsletters with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and extensive training.
- Children must be fully potty trained.

Camp Melstone (Ages 7-13) Highlights

- Sports, games, arts and crafts, social responsibility and fun all on-site at the Melrose Family YMCA!
- Ratio of 1 counselor per 10 children.
- Swimming activities at the YMCA pool.
- Weekly field trips to a variety of local attractions.
- Weekly health and wellness classes with trained fitness staff.
- Weekly camp newsletters with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and extensive training.

Camp Dates & Hours

June 22nd-August 28th.

Camp Melstone and Mini Melstone run for ten, one week sessions. We are open five days a week from 9:00am-4:00pm with opportunities for extended care.

*Camp is closed on Friday, July 3rd.

Camp: 9:00am-4:00pm

Extended Care Hours: 7:00am-9:00am* 4:00pm-6:00pm

*Extended care is offered for \$50 per week. One week sessions.

Information Sessions

Tue, February 18: 10:00am - 12:00pm

Sat, March 21: 12:00pm - 2:00pm

Thu, April 23: 1:00pm - 2:00pm

Sat, May 9: 10:00am - 12:00pm - located at the Melrose YMCA table at Healthy Melrose

Camp Melstone Weekly Rates

Ages	Family Members	Youth Members	Non-Members
Mini Melstone 4-6 years	\$260	\$280	\$325
7-13 years	\$230	\$260	\$315

* Drop off & pick up only at 497 Main St. Melrose

It Pays to Be a YMCA Member

A membership at the YMCA of Metro North is a tremendous value! Save up to \$650 on Camp this Summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you unlimited access to group exercise classes, gym time, family swim, Child Watch while you workout, outdoor pool and splash parks, discounted rates on programming, and so much more!

Required Paperwork

A 2020 camp application, health history, and immunization record are mandatory for every camper who attends camp. All paperwork must be on file at the Melrose YMCA two weeks prior to your child attending camp.

Financial Aid

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are due by May 29th and is on a first come, first serve basis. More information including application forms and payment plans are available at the Welcome Center.

Melrose Family YMCA Mission

The Melrose Family YMCA builds strong kids, strong families and strong communities through youth development, healthy living, and social responsibility.

Camp Melstone Vision

Camp Melstone intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships and feel like they are part of something great.

Camp Melstone Goals

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for the great outdoors.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

Camp Melstone complies with all regulations of the Massachusetts Department of Public Health and is licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences.

For more information on Camp Melstone please contact Camp Director Alex Belluschi at abelluschi@metronorthymca.org. To learn about other YMCA Camps and Summer programs please visit: www.ymcametronorth.org/camp-programs/

