2020 Summer Camp Programs
TORIGIAN FAMILY YMCA
259 Lynnfield Street, Peabody, MA
ymcametronorth.org
WELCOME TO CAMP!

Camp Eastman at the Torigian Family YMCA is a seasonal day camp program for girls and boys ages four to fifteen. At Camp Eastman, children will make new friends, discover new passions, explore creativity and develop skills through a wide range of fun and enriching activities.

Camp Eastman is so much more than a typical day camp. It is a place for values, learning, skill building, self-confidence and fulfilling dreams. Our program encourages independence and teamwork, leading to happy, healthy, confident kids.

REGISTER TODAY: www.ymcametronorth.org

A Typical Day

Each day, Camp begins with an assembly - a spirited meeting to get campers excited for the day ahead! Here, we sing songs and announce the schedule for the day. Campers move on to many activities, both indoor and outdoor; from swimming, field games, arts & crafts, nature & adventure, archery and more. Each camp day ends with an all camp ceremony for announcements, awards, and other special activities. Adventure Days are held each week where campers will participate in in camp and association wide events. Each week also has a theme, where campers will explore different games, projects, and activities to gain insight and hands on experience learning about the theme.

Camp Eastman Highlights

• Conquer low ropes courses, experience a variety of guided outdoor activities, and test accuracy during archery lessons.
• Weekly in-camp adventure days!
• Indoor and outdoor pool with a splash pad and seating area.
• Indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms for STEAM activities.
• Weekly camp newsletter with important information and announcements for parents and campers.
• Dedicated staff team with years of camp experience and training.

Mini Eastman (Ages 4–6)

Mini Eastman is a transitional program for our youngest campers to gain all the benefits that Camp Eastman has to offer, without the overwhelming nature of being outside 100% of the time. Campers will arrive indoors in a more relaxed environment away from the rest of the camp where they will have a morning meeting with their group to prepare for the day. Campers will participate in all the events and activities that make Camp Eastman special such as swimming, low ropes, nature hikes, team building activities, and weekly special events but in an age appropriate environment.

It Pays to Be a YMCA Member

A membership at the YMCA of Metro North is a tremendous value! Save up to $650 on Camp this Summer when you become a Family Member and maintain your membership through the duration of your Camp registration. A family membership at the YMCA gives you unlimited access to group exercise classes, gym time, family swim, Child Watch while you workout, outdoor pool and splash parks, discounted rates on programming, and so much more!
Camp Dates & Hours
Camp Eastman runs for 11, one week sessions from June 22-September 4. We are open five days a week from 8:30am through 4:00pm.
*Camp is closed on Friday, July 3.

Camp: 8:30am-4:00pm

Camp Eastman Weekly Rates

<table>
<thead>
<tr>
<th>Ages</th>
<th>Family Members</th>
<th>Youth Members</th>
<th>Non-Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mini Eastman 4-6 years</td>
<td>$255</td>
<td>$285</td>
<td>$315</td>
</tr>
<tr>
<td>7-13 years</td>
<td>$225</td>
<td>$255</td>
<td>$285</td>
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$30 non-refundable deposit per week is due at registration

Camp Eastman Themes, Adventure Days & More!

<table>
<thead>
<tr>
<th>2020</th>
<th>Weekly themes</th>
<th>Dress up Days (Thursdays)</th>
<th>SPECIAL EVENTS</th>
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<tbody>
<tr>
<td>Week 1 June 22-26</td>
<td>History Week</td>
<td>80's-'90's Themed Clothing</td>
<td>Double Dare Games</td>
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<tr>
<td>Week 2 June 29-July 2</td>
<td>USA! ADVENTURE WEEK</td>
<td>Best USA Attire!</td>
<td>Camp Eastman's got Talent!</td>
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<tr>
<td>Week 3 July 6-10</td>
<td>Game show Week</td>
<td>Dress like a Game show Host!</td>
<td>Game show competition</td>
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<tr>
<td>Week 4 July 13-17</td>
<td>Science/Space</td>
<td>Best Einstein or Astronaut Costume!</td>
<td>Puzzles &amp; Science Fair</td>
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<td>Week 5 July 20-24</td>
<td>Olympics Week</td>
<td>Wear your Country's colors!</td>
<td>Olympic Events</td>
</tr>
<tr>
<td>Week 6 July 27-31</td>
<td>Disney Week</td>
<td>Dress as your favorite Disney Character</td>
<td>Water Limbo/Water balloon competition</td>
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<tr>
<td>Week 7 August 3-7</td>
<td>Animal Week</td>
<td>Dress as your favorite Animal!</td>
<td>Backyard Games</td>
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<tr>
<td>Week 8 August 10-14</td>
<td>Pirate Week</td>
<td>Best Pirate Costume!</td>
<td>Scavenger/Treasure hunt</td>
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<tr>
<td>Week 9 August 17-21</td>
<td>Hollywood Week</td>
<td>Dress as your favorite movie character</td>
<td>SKITS!</td>
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<tr>
<td>Week 10 August 24-28</td>
<td>Superhero Week</td>
<td>Dress as your favorite Super Hero</td>
<td>Super Hero Camp-wide tag</td>
</tr>
<tr>
<td>Week 11 August 31-Sept 4</td>
<td>End of Summer Fun Week</td>
<td>Dress in your School’s Colors</td>
<td>End of summer party!</td>
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Torigian Family YMCA Mission
The Torigian Family YMCA builds strong kids, strong families and strong communities through youth development, healthy living, and social responsibility.

Camp Eastman Vision
Camp Eastman intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships and feel like they are part of something great.

Camp Eastman Goals
• Deliver a summer full of rewarding experiences to campers of all ages.
• Ignite a passion for physical activity and appreciation for the great outdoors.
• Encourage campers to try new experiences.
• Give campers the opportunity to belong in a safe and supportive environment.
• Inspire socially responsible campers ready to give back to the community.
• Learning Loss prevention plans, reading blocks and reading challenges both in camp and association wide.

Camp Eastman complies with all regulations of the Massachusetts Department of Public Health and is licensed by the Peabody Board of Health.

Required Paperwork
2020 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper before attendance.

Financial Aid
Financial aid is available through the YMCA’s ACCESS program. All financial aid applications are on a first come, first serve basis. More information including application forms and payment plans are available at the YMCA Welcome Center.

For more information on Camp Eastman and other YMCA Camps and Summer programs please visit:
www.ymcametronorth.org/camp-programs/
Or scan the QR code below!

Contact Camp Eastman Director David Fimiani at:
dfimiani@metronorthymca.org for questions.

Also, please add us to your contacts to assure you receive important Camp information throughout the summer!