

1. Visit our website (www.ymcametronoth.org) and find the schedule tab

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HOME LOCATIONS SCHEDULES PROGRAMS	the	FOR HEALTHY LIVING			« Prev Week Day Next Week » (Print Schedule) Classes marked with a 🗹 require a reservation
	НОМЕ	LOCATIONS	SCHEDULES	PROGRAMS	

Filter the results to find the location, type of class, or instructor

2. Find the class you would like to take and click "Sign Up".

Mon 7/20	
Time: Title:	6:30am-7:30am
Instructor:	Nancy M.
Studio: Category:	Basketball Court Cycle
Location:	Torigian Family YMCA Description Sign Up
	15 SPOTS LEFT

3. Create your account to reserve your spot. You may need to scroll up on the page to see this pop up. This will be different from your Metro North membership account. The window will tell you if you are in the class roster or on the wait list.

Close X	С
Login Create a Login Forgot Password	Group Cycle
Email	7:15am - 8:10am
Password	03/15/2020 11 Spots Available
Login	Reserve a Spot

- You can register for class up to 48 hours before the start of a class
- Show up on time for class!!! Once class starts, any open spots will be given to the waitlist
- If you can't make it to class, please cancel your registration online the same way you signed up