

Dear Members, Volunteers, Staff, Donors, and YMCA Friends:

In January 2019, I was appointed President and Chief Executive Officer of the YMCA of Metro North. It is one of the greatest honors of my life. We spent much of that year learning and planning for the future. I see so many possibilities ahead for the Y, and so many ways we can make a positive impact.

As I reflect on last year, and as I write this letter, we are in the middle of an international pandemic. COVID-19 has hit, and it is devastating the economic and social fabric of our lives. It has brought into focus for me why the YMCA is such a unique and powerful force: a safety net for kids, a lifeline for seniors, an anchor for our community to gather and distribute resources where they are needed most. When people needed us, the Y was there every step of the way. It's been a challenge for everyone, but we will get through it together.

This is an abbreviated version of our annual report. It highlights the accomplishments in 2019 that provided a roadmap to help us navigate the extraordinary time we are living in now. We know it is imperative that we continue to build our capacity to do more. In the coming year, the YMCA of Metro North will take on an even greater leadership role in our area and expand our commitment as a regional resource that has the know-how and support to tackle any challenge we face.

As a member of the community, we want to create partnerships that advance all of our goals. Please reach out and let me know how we can collaborate with you.

Kathleen Walsh

President and CEO

Chuck Holden

Chairman of the Board

Clabo Expelle

We're for healthy living, youth development, and social responsibility.

WHAT WE BELIEVE

Our mission and values guide the YMCA of Metro North in fulfilling its commitments to its members, partners, community, and staff.

OUR MISSION

The YMCA of Metro North builds strong kids, strong families, and strong communities by enriching the lives of all people in spirit, mind and body.



FIVE CORE VALUES THAT GUIDE US

Innovative. Be original and creative in all of our thinking to best fulfill our the mission.

Inclusive. Be a model of programming where all community members feel welcome and are able to fully participate.

Impactful. Design our efforts to maximize the benefit for members and the community.

Intentional. Be deliberate and purposeful in taking actions that align to our mission.

Inspirational. Endeavor to enrich peoples' lives with resources to be their best selves physically, mentally, emotionally, and spiritually.



WHAT GUIDES US

HIGHLIGHTS FROM OUR 2019-2020 STRATEGIC PLAN

In our first year under new leadership, the YMCA of Metro North developed its 2019-2022 strategic plan. Its three high-impact goals set a roadmap to guide the organization's direction and to develop its potential.



Build leadership for long-term stability.

This includes developing an internal pipeline for the recruitment of both senior leaders and Board of Director members using existing resources, such as current mid-level management staff and advisory board members, as well as expanding leadership development opportunities for staff across the network. It also includes a revitalization of Board protocols to enhance and expand engagement.

Facilitate greater identification and creation of regional resources.

The YMCA of Metro North will take targeted steps to build the network's brand and local identity throughout the association, develop a suite of core branch services available across the network, and expand their current volunteering program.

Advance the Y's role as a community gathering space and local human services hub.

There will be a greater focus on the development of enrichment events targeted to two key sub populations: families with young children as well as senior citizens. Branches will also develop partnerships with local school district superintendents, as a means of both expanding access to Y services and providing solutions to current gaps in usable space and programming. Side-by-side with our neighbors, we make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow, and thrive.

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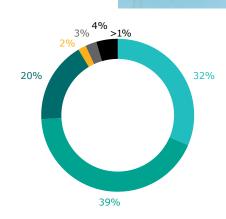
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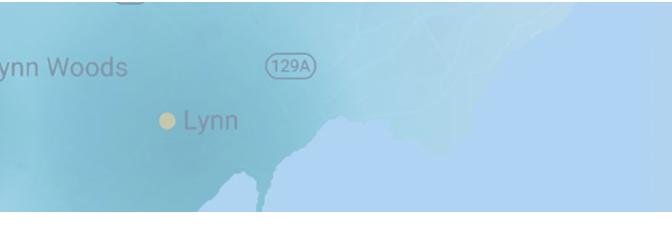
HOW WE INVEST OUR RESOURCES

Every day, our communities face new challenges that create a greater need for the work we do. Together, we can overcome difficulties and reshape our future. From closing the achievement gap to teaching healthy habits for a lifetime or giving people the chance to strengthen our community through volunteering, everything the Y does is in service of building a better us.

REVENUE AND SUPPORT

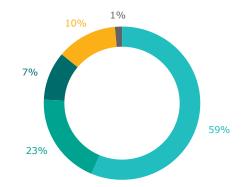
Membership	\$7,838,048	32 %
Child Care	\$9,721,000	39%
Programs	\$4,878,655	20 %
Grant Funding	\$365,738	2 %
Private Donations	\$695,778	■ 3%
Investment Income	\$809,257	4 %
Other	\$48,187	>1%
TOTAL	\$24,356,633	





EXPENSES

Youth Development	\$12,977,625	59 %
Healthy Living	\$4,946,842	23%
Social Responsibility	\$1,411,352	7 %
Management	\$2,287,353	10%
Fundraising	\$302,517	1 %
TOTAL	\$21,925,689	





TORIGIAN FAMILY YMCA

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Members Served 12,389

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Children Served 2,320

Program Participants 6,229

Our Community is Stronger When We Work Together

Our supporters and members make everything we do possible. Whether it's the 2,770 participants at our special Road Races, Golf Tournament, Annual Meeting, and Where in the World Auction and Gala; or the 364 employees who collectively gave \$50,000 back to the association; or the hundreds of individuals, business, and foundations who donated to our annual campaigns. It takes everyone who believes in our cause to help make a better us.

OUR TEAM



Communities Served

Lynn, Lynnfield, Melrose, Nahant, Peabody, Revere, Saugus, Stoneham



Employees

975



Volunteers

200



2019 IMPACT









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OUR LOCATIONS

LYNN YMCA

20 Neptune Blvd. Lynn, MA 01902 781-581-3105

Y ACADEMY STONEHAM

39 Pleasant St. Stoneham, MA 02180 781-279-2002

MELROSE YMCA

497 Main St. Melrose, MA 02176 781-665-4360

Y ACADEMY MELROSE

106 Main St. Melrose, MA 02176 781-665-8522

SAUGUS YMCA

298 Main St. Saugus, MA 01906 781-233-9622

YMCA OF METRO NORTH GYMNASTICS CENTER

298B Main St. Saugus, MA 01906 781-218-7263

TORIGIAN YMCA

259 Lynnfield St. Peabody, MA 01960 978-977-9622

YMCA OF METRO NORTH ASSOCIATION OFFICE

2 Centennial Dr. Peabody, MA 01906 978-775-3701

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