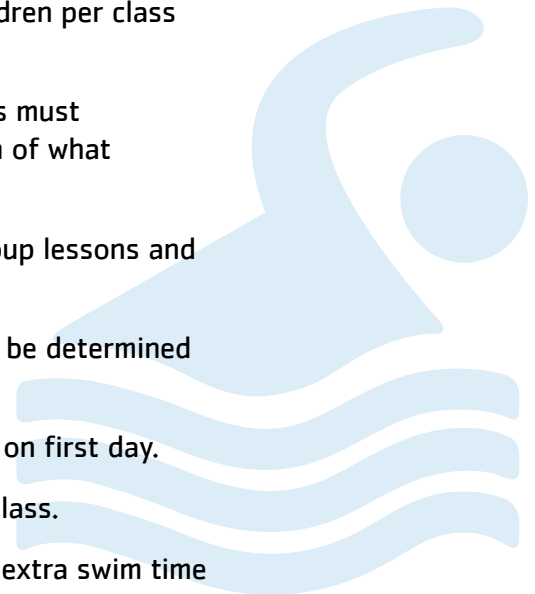


Swim Lesson COVID-19 Protocols



- Instructors must wear masks or face shield when teaching in or out of the water.
- Any parents or children waiting for class to start must be wearing masks, masks are not required during class while in the water.
- All equipment used for lessons must be sanitized before and after class.
- No parents or guardians allowed on bleachers, or pool deck during swim lessons. (This is especially important to limit amount of people close together in one space.) Parents can drop off children with instructors and pick them back up after class for any stage not requiring a parent in the water.
- Parents will be required to be in the water with children depending on level of swim for both private lessons and group lessons.
- Stages 1,2,3 both Preschool and Youth will require parents to be in the water.
- Instructors must keep close eye on making sure kids/parents keep 6 ft apart distance during class.
- Cones will designate 6 feet of spacing for the lesson. (One cone=one parent/child)
- Instructors can choose to teach in or out of the water based on level of comfort, and amount of people per class.
- Instructor must take roll call before every class to ensure number of children per class does not exceed roster size.
- On first day of class (especially with any parent child classes) instructors must introduce themselves to parents and children and give a short explanation of what the class will entail.
- There will be no make up classes due to Covid-19, this includes both group lessons and private lessons.
- Private lessons will be scheduled on SGA like group lessons are. This will be determined and posted based on instructor's availability.
- Pool rules, class rules, and safety procedures will be taught before class on first day.
- Instructors must make sure children are going home with parents after class.
- Instructors are required to explain to families before class, a 10-minute extra swim time after class will be allowed in order to spread out families using the locker rooms.



Swim Lesson COVID-19 Policy Instructors



INSTRUCTORS WILL SELF-SCREEN

Have you experienced a fever in the past 24 hours with a temperature over 100.4?

Have you experienced a cough or shortness breath that is new or worse than your baseline?

Have you experienced a cold or flu-like symptoms (sore throat, chills, muscle pains, etc.)?

Have you been in close contact with a lab confirmed case of COVID-19 in the past 14 days?

Have you experienced a loss of taste or smell?

IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS, PLEASE CONTACT YOUR DIRECT SUPERVISOR IMMEDIATELY AND FIND A SUB.

All swim classes will have zero direct contact from the instructor unless there is an emergency. Instructors must carry a noodle or kickboard at all times while class is in session. Do not assume an adult knows how to swim.

We have reduced capacity of classes in order to maintain 6 feet distance from each participant.

It is recommended that participants wear goggles in class to reduce transmission.

Instructors will maintain 6 feet distance from participants and will wear a face mask or face shield.

All equipment will be sanitized between classes and swimmers will not share equipment. It is the instructor's responsibility to sanitize equipment between classes.



Swim Lesson COVID-19 Policy *Participants*



-PARTICIPANTS AND ADULTS WILL SELF-SCREEN

Have you experienced a fever in the past 24 hours with a temperature over 100.4?

Have you experienced a cough or shortness breath that is new or worse than your baseline?

Have you experienced a cold or flu-like symptoms (sore throat, chills, muscle pains, etc.)?

Have you been in close contact with a lab confirmed case of COVID-19 in the past 14 days?

Have you experienced a loss of taste or smell?

IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS, PLEASE STAY AT HOME.

It is recommended that participants come and leave The Y in their bathing suits to reduce the number of people using the locker rooms.

All swim classes will have zero direct contact from the instructor unless there is an emergency.

We have reduced capacity of classes in order to maintain 6 feet distance from each participant.

It is recommended that participants wear goggles in class to reduce transmission.

Instructors will maintain 6 feet distance from participants and will wear a face mask or face shield.

All equipment will be sanitized between classes and swimmers will not share equipment.

