## AQUATICS

### PRE-SCHOOL SWIM

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<th>SUN.</th>
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<th>THUR.</th>
<th>FRI.</th>
<th>SAT.</th>
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<td>Parent/Child A &amp; B Stage 1 &amp; 2</td>
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<td>Stage 2 &amp; 3</td>
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### YOUTH SWIM

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<tbody>
<tr>
<td>Stage 1 &amp; 2</td>
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<td>Stage 2 &amp; 3</td>
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<td>Stage 4</td>
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<tr>
<td>Stage 5 &amp; 6</td>
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<td>4:30pm</td>
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<td>12:20pm</td>
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### CANCELLATION POLICY

A request of cancellation form must be filled out at the Welcome Center before the start of the 2nd class to be eligible for a refund or credit.

Please refer to the class descriptions on the reverse side for more information about what each class entails.
AQUATICS

**PRE-SCHOOL SWIM**

- **F: $50  M: $70**

**Parent/Child Swim (18–36 months)**

30 minutes
Toddlers are introduced to submerging, kicking and pulling combinations, floating and swimming without flotation. Swim diaper must be worn for children not potty trained.

**Stage 1 (3–6)**

30 minutes
This class is for the child who has little or no experience. Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

**Stage 2 (3–6)**

30 minutes
This level reinforces level 1 skills. This is for children who are comfortable in the water. They are taught to kick, float, and perform the progressive paddle stroke.

**Stage 3 (3–6)**

30 minutes
Swimmers must swim 20 feet or about three-quarters the width of the pool without flotation to enter this class. Develops intermediate self-rescue skills performed at longer distances than in previous stages. This class will be using the deep end of the pool.

**Stage 4 (3–6)**

30 minutes
Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

**YOUTH SWIM**

- **F: $50  M: $70**

**Stage 1 (6–18)**

30 minutes
This class is for the child who has little or no experience. Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

**Stage 2 (6–18)**

30 minutes
This level reinforces level 1 skills. This is for children who are comfortable in the water. They are taught to kick, float, and perform the progressive paddle stroke.

**Stage 3 (6–18)**

30 minutes
Swimmers must swim 20 feet or about three-quarters the width of the pool without flotation to enter this class. Develops intermediate self-rescue skills performed at longer distances than in previous stages. This class will be using the deep end of the pool.

**Stage 4 (6–18)**

30 minutes
Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

**Stage 5 (6–18)**

30 minutes
Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

**CANCELLATION POLICY**

A request of cancellation form must be filled out at the Welcome Center before the start of the 2nd class to be eligible for a refund or credit.

Please refer to the class schedule on the reverse side for more information on when your favorite classes will take place.