

**Fall Session:
September 21 – October 25**

**Registration Dates:
Member Registration:
September 9**

Rate Guide:
 F = Family Member
 M = Member
 N = Non-Member

AQUATICS

PRESCHOOL SWIM

	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
Parent/Child A & B							9:00am
Stage 1 & 2		4:30pm					9:40am
Stage 2 & 3							11:00am
Stage 4		5:10pm					10:00am
		5:50pm					

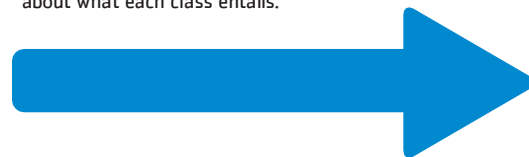
YOUTH SWIM

	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
Stage 1 & 2					5:10pm		9:40am
							11:00am
Stage 2 & 3					5:50pm		10:20am
Stage 4				5:50pm			11:40am
Stage 5 & 6					4:30pm		12:20pm

CANCELLATION POLICY

A request cancellation form must be filled out online before the start of the 2nd class to be eligible for a refund or credit.

Please refer to the class descriptions on the reverse side for more information about what each class entails.



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AQUATICS

PRESCHOOL SWIM

F: \$50 M: 70

Parent/Child Swim (18-36 months)

30 minutes

Toddlers are introduced to submerging, kicking and pulling combinations, floating and swimming without flotation. Swim diaper must be worn for children not potty trained.

Stage 1 (3-6)

30 minutes

This class is for the child who has little or no experience. Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

Stage 2 (3-6)

30 minutes

This level reinforces level 1 skills. This is for children who are comfortable in the water. They are taught to kick, float, and perform the progressive paddle stroke.

Stage 3 (3-6)

30 minutes

Swimmers must swim 20 feet or about three quarters the width of the pool without flotation to enter this class. Develops intermediate self-rescue skills performed at longer distances than in previous stages. This class will be using the deep end of the pool.

Stage 4 (3-6)

30 minutes

Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

YOUTH SWIM

F: \$50 M: \$70

Stage 1 (6-18)

30 minutes

This class is for the child who has little or no experience. Increases comfort with underwater exploration and introduces basic self-rescue skills performed with assistance.

Stage 2 (6-18)

30 minutes

This level reinforces level 1 skills. This is for children who are comfortable in the water. They are taught to kick, float, and perform the progressive paddle stroke.

Stage 3 (6-18)

30 minutes

Swimmers must swim 20 feet or about three quarters the width of the pool without flotation to enter this class. Develops intermediate self-rescue skills performed at longer distances than in previous stages. This class will be using the deep end of the pool.

Stage 4 (6-18)

30 minutes

Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

Stage 5 (6-18)

30 minutes

Swimmers must be able to proficiently swim the width of the pool on their stomach and back without flotation to enter this class. Introduces basic stroke technique in front crawl and back crawl and reinforces water safety through treading water and elementary backstroke.

CANCELLATION POLICY

A request of cancellation form must be filled out at the Welcome Center before the start of the 2nd class to be eligible for a refund or credit.

Please refer to the class schedule on the reverse side for more information on when your favorite classes will take place.

