

Fall 2 Session:
Oct. 26 – Dec. 20

Registration Date:
Tuesday October 13th

Rate Guide:
F = Family Member
M = Member

YOUTH DEVELOPMENT



YOUTH SPORTS

F: \$65 M: \$90

Skills & Drills Series (4-14)

45 minutes

Participants will learn the rules and fundamentals of the sport as well as good sportsmanship and teamwork. Each class will include a warm-up followed by drills focusing on skill development.

BASKETBALL Tues. 5:00pm (ages 4-6)

BASKETBALL Tues. 6:00pm (ages 7-12)

BASKETBALL Sat. 8:00am (ages 4-6)

BASKETBALL Sat. 9:00am (ages 6-8)

BASKETBALL Sat. 10:00am (ages 7-12)

VOLLEYBALL Sat. 11:00am (ages 7-14)

SOCCER Sat. 8:00am (ages 6-8)

SOCCER Sat. 9:00am (ages 7-12)

SOCCER Sat. 10:00am (ages 4-6)

Gym Games (4-6)

45 minutes

Participants will run, jump, and play during this structured gym time with games and activities lead by a group facilitator!

Thurs. 5:00pm (ages 4-6)

YOUTH DANCE & MOVEMENT

F: \$65 M: \$90

Baby Ballerinas (3-5)

45 minutes

Your little dancers will participate in a structured class that will work on developing coordination, listening skills, and flexibility through ballet dance and movement.

Thurs. 4:00pm (ages 3-5)

Ballet/Modern Dance (6-10)

45 minutes

Dancers will learn basic ballet skills in a structured class setting through flexibility, coordination, and creative expression. This is a great way for children to engage in a less traditional physical fitness activity.

Thurs. 5:00pm

Yoga Fun (6-12)

45 minutes

Participants will learn basic yoga poses and breathing techniques through modeling, practice, and games!

Thurs. 6:00pm (ages 6-12)

YOUTH ENRICHMENT

F: \$65 M: \$90

Creative Play (4-6)

45 minutes

Your child will engage in a variety of activities including art, movement, song, and dance. Each week will incorporate multiple modalities of play.

Sat. 10:00am (ages 4-6)

Krafty Kids (7-12)

45 minutes

Your child will engage in weekly crafts centered around a social responsibility theme that incorporates art, creativity, and critical thinking.

Tues. 5:00pm (ages 7-12)

Sat. 11:00am (ages 7-12)

Paint Night (7-12)

45 minutes

Join us in a program designed to allow young artists to show their creativity and imagination through their passion for painting while learning basic paint techniques and creating their own masterpieces.

Thurs. 4:00pm (ages 7-12)



CANCELLATION POLICY

A request of cancellation form must be filled out at the Welcome Center before the start of the 2nd class to be eligible for a refund or credit.