

**Winter Session:
Jan. 4 – Feb. 14**

**Registration Date:
Monday December 7th**

**Rate Guide:
F = Family Member
M = Member**

YOUTH DEVELOPMENT



YOUTH DANCE & MOVEMENT

F: \$50 M: \$75

Baby Ballerinas (3-5)

45 minutes

Your little dancers will participate in a structured class that will work on developing coordination, listening skills, and flexibility through ballet dance and movement.

Thurs. 4:00pm (ages 3-5)

Ballet/Modern Dance (6-10)

45 minutes

Dancers will learn basic ballet skills in a structured class setting through flexibility, coordination, and creative expression. This is a great way for children to engage in a less traditional physical fitness activity.

Thurs. 5:00pm

Tap Dance & Rhythm (5-12)

45 minutes

Participants will learn foundational tap dance skills and exploring rhythm through movement!

Thurs. 6:00pm (ages 7-12)

Sat. 9:00am (ages 5-7)

YOUTH ENRICHMENT

F: \$50 M: \$75

Krafty Kids (4-12)

45 minutes

Your child will engage in weekly crafts centered around a social responsibility theme that incorporates art, creativity, and critical thinking.

Tues. 5:00pm (ages 7-12)

Sat. 11:00am (ages 4-6)

Paint Night (7-12)

45 minutes

Join us in a program designed to allow young artists to show their creativity and imagination through their passion for painting while learning basic paint techniques and creating their own masterpieces.

Thurs. 4:00pm (ages 7-12)

Wacky Science (4-9)

45 minutes

Your child will engage in weekly activities that allows them to think creatively, theorize, and test their hypotheses as they are exposed to a variety of science experiments.

Thurs. 5:00pm (ages 4-6)

Tues. 6:00pm (ages 6-9)

YOUTH SPORTS

F: \$50 M: \$75

Skills & Drills Series (4-13)

45 minutes

Participants will learn the rules and fundamentals of the sport as well as good sportsmanship and teamwork. Each class will include a warm-up followed by drills focusing on skill development.

BASKETBALL Tues. 5:00pm (ages 4-6)

BASKETBALL Tues. 6:00pm (ages 7-12)

BASKETBALL Sat. 8:00am (ages 4-6)

BASKETBALL Sat. 9:00am (ages 6-8)

BASKETBALL Sat. 10:00am (ages 7-12)

VOLLEYBALL Sat. 11:00am (ages 7-14)

SOCCER Sat. 10:00am (ages 4-6)

Gym Games (4-6)

45 minutes

Participants will run, jump, and play during this structured game time with activities lead by a group facilitator!

Thurs. 5:00pm

Sat. 10:00am



CANCELLATION POLICY

A request of cancellation form must be completed before the start of the 2nd class to be eligible for a refund or credit. Please contact Nicole Hanlon at nhanlon@metronorthymca.org.