



THIS IS Y.

YMCA OF METRO NORTH

YMCAMETRONORTH.ORG

Strengthening Community is our Cause.

The YMCA of Metro North is here for our neighbors.

We serve **69,000** people annually in our fitness facilities, child care centers, and summer camps.

With seven locations across the Metro North region, our association reaches a diverse range of people with passion and purpose.

**LOCATIONS IN LYNN, MELROSE
PEABODY, SAUGUS, AND STONEHAM**



YMCA of Metro North

Everyone Belongs.



The YMCA of Metro North provides people with

\$1.2 million in financial assistance for access to our health and educational programs.

From swimming to gymnastics from senior fitness to child care, we offer programs for people of all ages, stages, abilities to achieve their goals.

Children Deserve a Great Start.

The YMCA of Metro North is a leader in providing quality youth development programs.

15,000 weekly hours of children receiving nurturing care and enriching educational experiences in Y Academy Early Learning classrooms.



YMCA of Metro North

Young Learners Succeed.



After school is a key time to engage children's imagination and reinforce learning.

At the YMCA of Metro North, children are engaged in

215,00 hours of learning after school.

We combine academic support with the physical activities that are the hallmarks of the Y's youth programs.

Experiences at Camp Last a Lifetime.

In camp, kids make friends, stay active, explore the outdoors, and prevent summer learning loss by applying their knowledge to new challenges.

92%

satisfaction rate was reported by parents and guardians when asked about their child's camp experience.



YMCA of Metro North

Swim Lessons Save Lives.



You're never too young to learn to swim. The YMCA of Metro North teaches

5,000

swimmers and lifeguards of all ages water safety and drowning prevention techniques every year.

We provide free swim instruction to every child in our Y Academy child care and summer camp programs.

Young People Develop Skills for Life.

We enrich the lives of

6,200 young people
through academics, arts,
and sports.

From infants to toddlers
to teens and beyond, we
engage youth at every
age and stage to reach
their full potential.



YMCA of Metro North

Our Future, Moving Forward Together.



YMCA of Metro North

The YMCA of Metro North has been a vital community partner for 150 years.

As we rebuild and recover from the pandemic, the Y is needed more than ever.

Strategic Priorities 2021–2023:

Leadership Development

Building a Dynamic and Diverse Board and Staff

Create More Regional Resources

Add Core Health, Wellness, and Educational Programs that Respond to Community Needs

Advance as a Community Hub

Provide a Safe Place for People to Access Healthy Services and Social Supports

This is Y. We Need You.

The YMCA of Metro North partners with hundreds of schools, nonprofits, public and private foundations, businesses, and state and local agencies to lift up our community and ensure that our region thrives.

We don't do this work alone. Join us and learn more about our mission and impact.

Learn more, contact:

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