



YMCA of Metro North
THIS IS Y





THIS IS Y. WE NEED YOU.

Strengthening Community is our Cause.

The YMCA of Metro North has been a vital community partner for more than 150 years. We work with hundreds of schools, nonprofits, public and private foundations, businesses, and state and local agencies to lift up our community.

We don't do this work alone. The Y is needed now more than ever and we need you as a partner to ensure our region thrives.



69,000

Members From All Ages,
Stages, and Backgrounds Served



215,000

Hours of Out-Of-School Time
Learning Helps Youth Succeed



\$1,200,00

Financial Assistance Provided to
Ensure Everyone Belongs



92%

Satisfaction Rate for Summer Camp
Parents and Guardians



15,000

Weekly Hours of Y Academy Preschool
Learning Gives Children a Great Start



6,200

Young People Develop Skills For Life
Through Academics, Arts, and Sports



5,000

Swimmers Provided with
Life Saving Techniques



600

Employees Gain Leadership Skills
and Career Opportunities

STRATEGIC PRIORITIES THROUGH 2023

Leadership Development

Building a Dynamic and
Diverse Board and Staff

Create More Regional Resources

Add Core Health, Wellness, and
Educational Programs that
Respond to Community Needs

Advance as a Community Hub

Provide a Safe Place for People
to Access Healthy Services
and Social Supports

LET'S MOVE FORWARD TOGETHER

To learn more about the mission and impact of the YMCA of Metro North or to explore partnership opportunities, contact:

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