



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A PLACE AND A PURPOSE

## 2022 Membership Rates YMCA OF METRO NORTH

Membership Type	Age	Monthly Rate	Daily Pass
1 Adult Family	+children up to 26 years	\$79	\$20
2 Adult Family	+children up to 26 years	\$95	\$25
3 Adult Family	+children up to 26 years	\$124	\$30
4 Adult Family	+children up to 26 years	\$148	\$35
Adult	27-64 Years	\$55	\$15
Adult Couple	27-64 Years	\$82	\$20
Senior	65+ Years	\$44	\$8
Senior Couple	65+ Years	\$69	\$12
Young Adult	19-26 Years	\$36	\$15
Young Adult Couple	19-26 Years	\$60	\$20
Teen	14-18 Years	\$24	\$8
Youth	13 and Under	\$20	\$5

### YOUR MEMBERSHIP IS A GREAT VALUE

- Access to FOUR health and wellness centers
- Over 160 FREE group exercise classes!
- Access to 4 Indoor and 2 Outdoor Pools
- Over 180 hours of free open swim time
- 70 hours of FREE babysitting each week
- Free open gym and adventure zone times
- Free member appreciation and family events
- Downloadable App and virtual fitness options
- Free fitness orientation
- Free perks and discounts on local attractions
- Discounts on paid programs and priority sign up
- Financial assistance for qualified applicants
- Access to all participating YMCAs nationwide

JOIN TODAY!



[www.ymcametronorth.org/membership](http://www.ymcametronorth.org/membership)

# FACILITY LOCATIONS AND AMENITIES

	TORIGIAN YMCA	DEMAKES YMCA	MELROSE YMCA	SAUGUS YMCA AND GYMNASTICS CENTER
Cardio Equipment	●	●	●	●
Strength Training Equipment	●	●	●	●
Group Exercise Classes	●	●	●	●
Personal Training	●	●	●	●
Gymnasium	●	●	●	●
Indoor Track	●	●	●	●
Pickleball Court Times	●	●	●	●
Indoor Pool	●	●	●	●
Outdoor Pool	●	●	●	●
Mobile App	●	●	●	●
Steam Room	●	●	●	●
Sauna	●	●	●	●
Adventure Warrior Zone	●	●	●	●
Child Watch	●	●	●	●
Youth Sports & Enrichment	●	●	●	●
Summer Camp	●	●	●	●
Y Academy Early Learning	●	●	●	●
Y Academy Out-Of-School Time	●	●	●	●
Technology Center and Music Studio	●	●	●	●

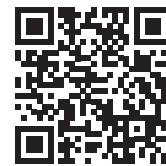
**View Schedules**



**View Classes**



**View Membership**



**Demakes Family YMCA**

40 Neptune Blvd  
Lynn, MA 01902  
781-842-8811

**Melrose Family YMCA**

497 Main Street  
Melrose, MA 02176  
781-665-4360

**Saugus Family YMCA and Gymnastics Center**

298 Main Street  
Saugus, MA 01906  
781-233-9622

**Torigian Family YMCA**

259 Lynnfield Street  
Peabody, MA 01960  
978-977-9622



**Join Today! YMCA of Metro North**

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