



# FAMILY FUN AT THE Y



EVENTS ARE FREE FOR FAMILY MEMBERS UNLESS OTHERWISE MARKED *\*PAID EVENT*

## JANUARY

- 17 Membership Meetup**  
6:30pm | Demakes Family YMCA
- 18 New Year, New You  
Member Appreciation**  
9:00am | Melrose Family YMCA
- 18 Family Movie Day**  
4:00pm | Demakes Family YMCA
- 19 National Popcorn Day**  
8:00am | Saugus Family YMCA
- 20 Saugus Family Game Night**  
6:00pm | Saugus Family YMCA
- 20 Kids Night Out Winter Wonderland**  
5:30pm | Demakes Family YMCA
- 20 Torigian Family Winter Carnival**  
6:00pm | Torigian Family YMCA
- 27 Torigian Kids Night Out**  
5:30pm-8:30 | Torigian Family YMCA

## FEBRUARY

- 13 Group Fitness Kick Off Event!  
For the Love of Fitness**  
8:00am | Metro North YMCA
- 14 Carnation Giveaway  
Member Appreciation**  
7:30am | Melrose Family YMCA
- 14 Hugs and Kisses  
Member Appreciation**  
8:00am | Saugus Family YMCA
- 21 Talewise Pirates: Lost at Sea**  
10:00am | Melrose Family YMCA
- 22 Family Fun Festivity**  
11:00am | Demakes Family YMCA
- 24 Parents Vs. Kids Dodgeball**  
5:30pm | Melrose Family YMCA
- 24 Family Paint Night**  
6:00pm | Saugus Family YMCA



SCAN THE QR CODE TO  
VIEW ALL OF OUR FAMILY SWIM,  
GYM, AND CHILD WATCH TIMES.

SCAN THE QR CODE  
TO VIEW ALL OF OUR  
SPECIAL EVENTS

