# YMCA of Metro North CAMP DISCOVERY

the

## **DEMAKES FAMILY YMCA**

ADVENTURE AWAITS AT SUMMER CAMP

ymcametronorth.org/summer-camp

### YMCA of Metro North WELCOME TO SUMMER CAMP



#### ABOUT SUMMER CAMP

YMCA of Metro North Summer Camps are seasonal day camp programs for children ages four to thirteen. At camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.

#### **CAMP DISCOVERY VISION**

Camp means something different to every camper who attends. At the core of what camp is, however, are campers and staff who have laughed, played, developed friendships, built confidence, learned new skills, and created memories that last a lifetime. Our programs celebrate the value of each individual and challenge campers and staff to be all that they can be.

#### **CAMP DISCOVERY GOALS**

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for nature.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

#### A TYPICAL DAY AT CAMP DISCOVERY

The Demakes Family YMCA offers an action-packed camp experience with sports, Adventure Zone obstacles, arts and crafts, swimming, and more! Each day kicks off with a lively morning council ring featuring songs and announcements. Campers enjoy a variety of activities, from swimming and gym games to creative arts and nature exploration. Weekly themes add excitement, and the week wraps up with all-camp events full of fun and laughter!

#### **IT PAYS TO BE A MEMBER**

A membership at the YMCA of Metro North is a tremendous value! Save up to \$900 on camp this summer when you become a Family Member and maintain your membership through the duration of your camp. A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more!



Scan the QR Code to learn about the membership and join online: ymcametronorth.org/membership

## SUMMER CAMP FOR ALL AGES









#### **CAMP DISCOVERY HIGHLIGHTS (AGES 4-6)**

- Campers will be divided into groups at the beginning of the week based on their ages.
- Staff will facilitate age-appropriate, engaging, and inspiring activities around the YMCA.
- Campers will have dedicated time in the pool to cool off and splash around.
- Weekly newsletters and updates from the Camp Discovery staff will keep you informed and connected to the camp experience.

#### CAMP DISCOVERY HIGHLIGHTS (AGES 7-13)

- Campers will be divided into groups at the beginning of the week based on their ages.
- Staff will facilitate age-appropriate, engaging, and inspiring activities around the YMCA.
- Campers will have dedicated time in the pool to cool off and splash around.
- Weekly newsletters and updates from the Camp Discovery staff will keep you informed and connected to the camp experience.

#### **SAFETY AT CAMP**

YMCA camps prioritize a safe, healthy environment for children, following health expert and local guidelines for hygiene and sanitation. All camps meet Massachusetts Department of Public Health regulations and are licensed by the Board of Health. Explore our summer camps and safety practices: ymcametronorth.org/summer-camp.

#### **REQUIRED PAPERWORK**

All forms and documentation are due at the time of registration. A 2025 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

CAMP DISCOVERT WEEKLT RATES				
Ages		Family Members	Youth Members	Non- members
Camp Discov (4-6 year)	very s)	\$285	\$315	\$375
Camp Discov (7-13 year	very rs)	\$255	\$290	\$355
PM Care 4:00pm-5:3		\$40	\$45	\$50

CAMD DISCOVEDV WEEKI V DATES

#### \$30 non-refundable deposit per week is due at registration. \*Sibling discount 15% off for second child.

Financial Aid is available through the YMCA's ACCESS program on a first-come, first-served basis. For details and applications, visit: ymcametronorth.org/camp-online-application.

#### **CAMP DATES & HOURS**

#### June 30th-August 15th

Camp Discovery runs for seven, one-week sessions. We are open five days a week from 8:00am-4:00pm. PM Care runs from 4:00pm-5:30pm.

\*Camp is closed on Friday, July 4th

#### **REGISTRATION OPENS**

Mon, January 13: YMCA of Metro North Members Mon, February 17: For Non-Members

#### **CAMP INFO SESSIONS**

Thu, March 20: Sat, April 26: Thu, May 15: 5:30pm-8:30pm 10:00am-12:00pm 5:30pm-8:30pm

#### **WEEKLY CAMP THEMES**

Each week offers a fresh, exciting theme packed with fun activities, new challenges, and creative adventures. From sports and science to art and gardening on the roof, there's something for every camper to love. Check out what we have in store this summer and give your child an experience to remember!

#### SESSION 1 (JUNE 30-JULY 3): PARTY IN THE USA

Star-spangled and ready to celebrate! This week, we'll show off our red, white, and blue spirit with tons of patriotic fun. Get ready for flag-themed games, cookouts, and a whole lot of American pride. Wear your best stars and stripes gear and join the party!

#### SESSION 2 (JULY 7-JULY 11): BACK TO THE FUTURE

Travel through time and explore the coolest decades in history! From the groovy '60s to the radical '80s, we'll dive into different eras with retro games, fashion, and fun. Dust off your old-school gear and get ready to discover just how far out camp can be!

#### SESSION 3 (JULY 14-JULY 18): HEROES ASSEMBLE!

Whether you're Team Marvel or Team DC, it's time to unite and let your superhero powers shine! This week is all about teamwork, super challenges, and heroic fun. Which group of heroes will triumph? It's up to you to decide!

#### SESSION 4 (JULY 21-JULY 25): CARNIVAL

Step right up for a week of fun-filled games, tasty snacks, and plenty of laughter! It's time for clowning around and creating memories that will last a lifetime!

#### SESSION 5 (JULY 28-AUGUST 1): COLOR WARS

Which team will dominate: Team Green or Team Orange? This week is all about friendly competition and teamwork, as we engage in color-themed challenges and games. Get ready to race, score points, and see which color comes out on top!

#### SESSION 6 (AUGUST 4-AUGUST 8): ANIMAL ADVENTURE

Get ready to meet some of the wildest and most adorable creatures around! This week will be full of furry, slimy, and creepy-crawly creatures as we explore the animal kingdom. It's time to unleash your inner animal lover in this fun-filled adventure!

#### SESSION 7 (AUGUST 11-AUGUST 15): SUMMER THROWDOWN

Let's make the final week of summer the BEST one yet! We'll celebrate all the memories we've made, have one last summer showdown, and go out with a bang! Prepare for high-energy games, team challenges, and a grand finale to wrap up the BEST SUMMER EVER!

## the SUMMER CAMPS



#### **CAMP DISCOVERY**

Demakes Family YMCA 40 Neptune Blvd. Lynn, MA 01902 781-842-8811



#### **CAMP EASTMAN**

Torigian Family YMCA 259 Lynnfield Street Peabody, MA 01960 978-977-9622



#### **CAMP HILLSIDE**

Saugus Family YMCA 298 Main Street Saugus, MA 01906 781-233-9622



#### **CAMP MELSTONE**

Melrose Family YMCA 497 Main Street Melrose, MA 02176 781-665-4360



#### **GYMNASTICS CAMP**

Gymnastics Center – Saugus 298B Main Street Saugus, MA 01906 781–233–9622 To learn about YMCA Camp and Summer Programs, Scan the QR Code:





#### **GIVE THE GIFT OF CAMP**

Every year, YMCA of Metro North programs and services positively impact more than 75,000 lives. This is made possible by the incredible generosity of our donors and volunteers. Your contributions help ensure that everyone in our community can access life-changing experiences at the Y. Together, we create opportunities and build stronger futures. Consider supporting the Y this camp season and ensure every child has access to a summer filled with fun and adventure. To learn more about supporting YMCA Camp and Summer Programs, visit: www.ymcametronorth.org/support.