



YMCA of Metro North

Camp Hillside



SAUGUS FAMILY YMCA

ADVENTURE AWAITS AT SUMMER CAMP
YMCAMETRONORTH.ORG/SUMMER-CAMP

YMCA of Metro North WELCOME TO SUMMER CAMP

ABOUT SUMMER CAMP

YMCA of Metro North Summer Camps are seasonal day camp programs for children ages four to thirteen. At camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.

CAMP HILLSIDE VISION

Camp Hillside intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships and feel like they are part of something great.

CAMP HILLSIDE GOALS

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for the great outdoors.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

A TYPICAL DAY AT CAMP HILLSIDE

Each day, parents drop campers off at a designated location for a pre-screening. Staff escort campers to their groups for small assemblies to energize their day. Activities include swimming, field games, arts & crafts, and more, with days ending in a ceremony for announcements and awards. Weekly themes focus on social responsibility, featuring hands-on projects and games.



IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save up to \$900 on camp this summer when you become a Family Member and maintain your membership through the duration of your camp. A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more!



Scan the QR Code to learn about the membership and join online:
ymcametronorth.org/membership



SUMMER CAMP FOR ALL AGES



YOUNG EXPLORERS HIGHLIGHTS (AGES 4-5)

- A transitional program designed for our youngest campers to enjoy all the benefits of Camp Hillside while providing a balanced experience that's not overwhelming.
- Campers will arrive in a more relaxed environment where they will have a morning meeting with their group to prepare for the day.
- Campers will participate in all the events and activities that make Camp Hillside special such as low ropes, nature hikes, team building activities, and service learning themes but in an age-appropriate environment.



CAMP HILLSIDE HIGHLIGHTS (AGES 6-12)

- Conquer challenges, experience a variety of guided outdoor activities including low ropes courses, and engage in stimulating summer learning fun!
- Plenty of outdoor play space including a playground, basketball court, and gaga pit.
- Outdoor pool center with splash pad, playground, and picnic areas.
- Indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms for STEAM activities.
- Participation in our community garden project from planting, maintenance, and the health and wellness benefits that come from learning about and engaging in this process.
- Weekly camp newsletter with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and extensive training.

COUNSELOR IN TRAINING (CIT) HIGHLIGHTS (AGES 13-15)

- Develop leadership, confidence, and communication skills.
- Gain hands-on experience managing campers and responsibilities.
- Training covers camp operations, child development, safety, and team-building.
- Mentored by unit leaders and shadow experienced counselors.
- Encouraged to take on more responsibilities over time.
- Ideal for those who enjoy working with children and want to grow in a dynamic environment.
- Interested teens must apply and be accepted. Scan QR code to apply:



SAFETY AT CAMP

YMCA camps prioritize a safe, healthy environment for children, following health expert and local guidelines for hygiene and sanitation. All camps meet Massachusetts Department of Public Health regulations and are licensed by the Board of Health. Explore our summer camps and safety practices: ymcametronorth.org/summer-camp.

REQUIRED PAPERWORK

All forms and documentation are due at the time of registration. A 2025 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

CAMP HILLSIDE WEEKLY RATES			
Ages	Family Members	Youth Members	Non-members
Young Explorers (4-5 years)	\$305	\$335	\$395
Hillside (6 year old)	\$305	\$335	\$395
Hillside (7-12 years)	\$275	\$310	\$375
CIT (13-15 years)	\$195	\$215	\$235
PM Care 4:00pm-5:30pm	\$40	\$45	\$50



CAMP DATES & HOURS

June 16th-August 22nd

Camp Hillside and Young Explorers run for ten, one-week sessions. We are open five days a week from 8:00am-4:00pm. PM Care runs from 4:00pm-5:30pm.

***Camp is closed on Thursday, June 19th and Friday, July 4th**

REGISTRATION OPENS

Mon, January 13: YMCA of Metro North Members
Mon, February 17: For Non-Members

OPEN HOUSE

April 2025

\$30 non-refundable deposit per week is due at registration.

***Sibling discount 15% off for second child.**

Financial Aid is available through the YMCA's ACCESS program on a first-come, first-served basis. For details and applications, visit: ymcametronorth.org/camp-online-application.

WEEKLY CAMP THEMES

Each week offers a fresh, exciting theme packed with fun activities, new challenges, and creative adventures. From sports and science to art and outdoor exploration, there's something for every camper to love. Check out what we have in store this summer and give your child an experience to remember!

SESSION 1 (JUNE 16-JUNE 20): DISNEY

Get ready to bring the magic to life! Campers will explore all things Disney, from sing-alongs to themed crafts. Dress as your favorite Disney character to add extra sparkle to the fun!

SESSION 2 (JUNE 23-JUNE 27): COLOR WARS

Celebrate diversity and creativity this week! Come dressed in as many colors as you can for a vibrant, inclusive display of PRIDE. Activities will inspire teamwork and unity.

SESSION 3 (JUNE 30-JULY 3): USA

Show off your patriotic pride in red, white, and blue! This week honors the beauty of diversity in our country through fun challenges and spirited celebrations.

SESSION 4 (JULY 7-JULY 11): HAWAII LUAU

Say "Aloha" to a week of island-inspired fun! Campers will celebrate Hawaiian culture with a festive luau and learn about disability awareness. Dress for a tropical party on luau day!

SESSION 5 (JULY 14-JULY 18): OLYMPICS WEEK

Go for the gold in this action-packed week! Each group will represent a country and wear its colors during friendly competitions. Activities will raise awareness about hunger.

SESSION 6 (JULY 21-JULY 25): OCEAN WEEK

Dive into a week focused on ocean exploration and conservation! Celebrate "Backwards Day" by wearing your clothes backwards. Learn about protecting endangered species and marine life.

SESSION 7 (JULY 28-AUGUST 1): SCIENCE AND SPACE WEEK

Blast off into discovery with experiments, space-themed crafts, and wacky fun! Participate in "Crazy Hair Day" with your wildest hairstyle and spread kindness through daily activities.

SESSION 8 (AUGUST 4-AUGUST 8): SPORTS MANIA

Cheer for your favorite teams and show off your Boston sports pride! This week combines fitness and fun, teaching healthy habits through action-packed games and competitions.

SESSION 9 (AUGUST 11-AUGUST 15): SUPER HERO TRAINING ACADEMY

Calling all future heroes! Join us for superhero training, teamwork challenges, and cultural awareness activities. Don't forget your cape and mask to complete your heroic transformation!

SESSION 10 (AUGUST 18-AUGUST 22): CAMP SPIRIT

End the summer with an all-out celebration of camp spirit! Wear your pajamas for a cozy day of fun and learn about protecting the environment through exciting activities and teamwork.



YMCA of Metro North

SUMMER CAMPS



CAMP DISCOVERY

Demakes Family YMCA
40 Neptune Blvd.
Lynn, MA 01902
781-842-8811



CAMP EASTMAN

Torigian Family YMCA
259 Lynnfield Street
Peabody, MA 01960
978-977-9622



CAMP HILLSIDE

Saugus Family YMCA
298 Main Street
Saugus, MA 01906
781-233-9622



CAMP MELSTONE

Melrose Family YMCA
497 Main Street
Melrose, MA 02176
781-665-4360



GYMNASTICS CAMP

Gymnastics Center - Saugus
298B Main Street
Saugus, MA 01906
781-233-9622

To learn about YMCA Camp and Summer Programs, Scan the QR Code:



SCAN TO GIVE

GIVE THE GIFT OF CAMP

Every year, YMCA of Metro North programs and services positively impact more than 75,000 lives. This is made possible by the incredible generosity of our donors and volunteers. Your contributions help ensure that everyone in our community can access life-changing experiences at the Y. Together, we create opportunities and build stronger futures. Consider supporting the Y this camp season and ensure every child has access to a summer filled with fun and adventure. To learn more about supporting YMCA Camp and Summer Programs, visit: www.ymcametronorth.org/support.