



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A PLACE AND A PURPOSE

2023 Membership Rates YMCA OF METRO NORTH

| Membership Type | Age | Monthly Rate | Daily Pass |
|---------------------------|--------------------------|--------------|-------------|
| 1 Adult Family | +children up to 26 years | \$81 | \$20 |
| 2 Adult Family | +children up to 26 years | \$99 | \$25 |
| 3 Adult Family | +children up to 26 years | \$130 | \$30 |
| 4 Adult Family | +children up to 26 years | \$156 | \$35 |
| Adult | 27-64 Years | \$57 | \$15 |
| Adult Couple | 27-64 Years | \$86 | \$20 |
| Senior | 65+ Years | \$46 | \$8 |
| Senior Couple | 65+ Years | \$73 | \$12 |
| Young Adult | 19-26 Years | \$37 | \$15 |
| Young Adult Couple | 19-26 Years | \$62 | \$20 |
| Teen | 14-18 Years | \$25 | \$8 |
| Youth | 13 and Under | \$21 | \$5 |

**Rates effective June 1, 2023. One time Joiner Fee of \$25 per adult.*

YOUR MEMBERSHIP IS A GREAT VALUE

- Access to FOUR health and wellness centers
- Over 160 FREE group exercise classes!
- Access to 4 Indoor and 2 Outdoor Pools
- Over 180 hours of free open swim time
- 70 hours of FREE babysitting each week
- Free open gym and adventure zone times
- Free member appreciation and family events
- Downloadable App and virtual fitness options
- Free fitness orientation
- Free perks and discounts on local attractions
- Discounts on paid programs and priority sign up
- Financial assistance for qualified applicants
- Access to all participating YMCAs nationwide

JOIN TODAY!



www.ymcametronorth.org/membership

FACILITY LOCATIONS AND AMENITIES

| | TORIGIAN YMCA | DEMAKES YMCA | MELROSE YMCA | SAUGUS YMCA AND GYMNASTICS CENTER |
|------------------------------------|---------------|--------------|--------------|-----------------------------------|
| Cardio Equipment | ● | ● | ● | ● |
| Strength Training Equipment | ● | ● | ● | ● |
| Group Exercise Classes | ● | ● | ● | ● |
| Personal Training | ● | ● | ● | ● |
| Gymnasium | ● | ● | ● | ● |
| Indoor Track | ● | ● | ● | ● |
| Pickleball Court Times | ● | ● | ● | ● |
| Indoor Pool | ● | ● | ● | ● |
| Outdoor Pool | ● | ● | ● | ● |
| Mobile App | ● | ● | ● | ● |
| Steam Room | ● | ● | ● | ● |
| Sauna | ● | ● | ● | ● |
| Adventure Warrior Zone | ● | ● | ● | ● |
| Child Watch | ● | ● | ● | ● |
| Youth Sports & Enrichment | ● | ● | ● | ● |
| Summer Camp | ● | ● | ● | ● |
| Y Academy Early Learning | ● | ● | ● | ● |
| Y Academy Out-Of-School Time | ● | ● | ● | ● |
| Technology Center and Music Studio | ● | ● | ● | ● |

[View Schedules](#)



[View Classes](#)



[View Membership](#)



Demakes Family YMCA

40 Neptune Blvd
Lynn, MA 01902
781-842-8811

Melrose Family YMCA

497 Main Street
Melrose, MA 02176
781-665-4360

Saugus Family YMCA and Gymnastics Center

298 Main Street
Saugus, MA 01906
781-233-9622

Torigian Family YMCA

259 Lynnfield Street
Peabody, MA 01960
978-977-9622



Join Today! YMCA of Metro North
www.ymcametronorth.org