



YMCA of Metro North

# CAMP DISCOVERY



**DEMAKES FAMILY YMCA**

**ADVENTURE AWAITS**

[ymcametronorth.org/summer-camp](http://ymcametronorth.org/summer-camp)



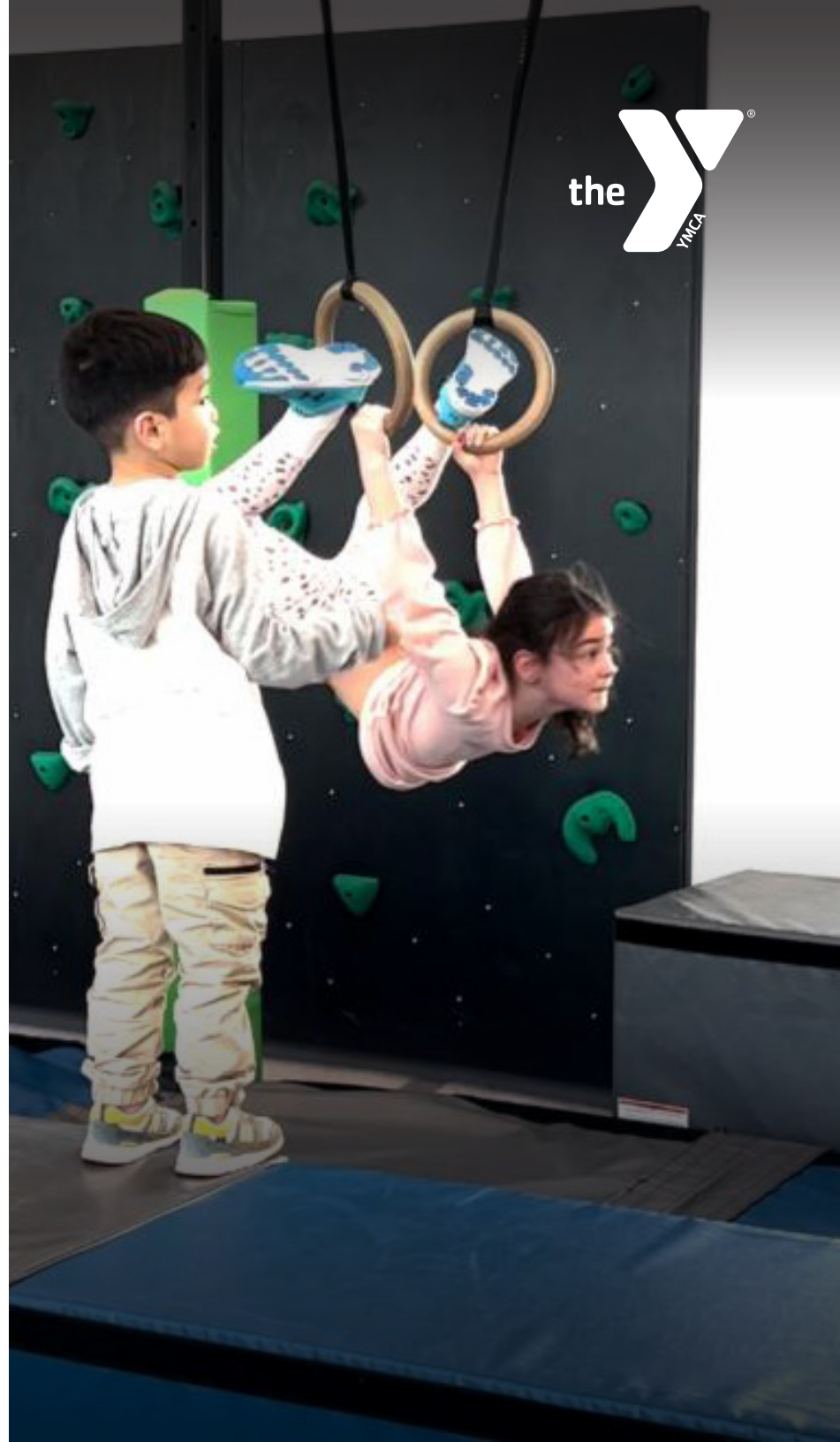
# WELCOME TO SUMMER CAMP

## CAMP DISCOVERY

Get ready for the #BESTSUMMEREVER at the Y and discover all the Demakes Family YMCA has to offer. We believe that every young person needs to explore and discover experiences that allows them to have the ability to achieve more, build relationships with peers, and feel a sense of belonging and excitement.

## ABOUT SUMMER CAMP PROGRAMS

YMCA of Metro North Summer Camps are seasonal day camp programs for girls and boys ages four to fifteen. At Camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.





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## THE VISION

### CAMP DISCOVERY

Camp means something different to every camper who attends. At the core of what camp is, however, are campers and staff who have laughed, played, developed friendships, built confidence, learned new skills, and created memories that last a lifetime. Our programs celebrate the value of each individual and challenge campers and staff to be all that they can be.

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## A TYPICAL DAY

Sports, Adventure Zone obstacles, arts and crafts, swimming, and fun are all at the Demakes Family YMCA! Camp begins with a morning council ring, a spirited meeting to get campers excited for the day! Here we sing songs and make special announcements. Campers move on to many activities, both indoor and outdoor, from swimming, gym games, creative arts, nature, adventure, and more. Campers will partake in fun and exciting weekly theme-based activities each week. The week will conclude with, all camp activities filled with fun, excitement, and a lot of laughs.

## CAMP DISCOVERY HIGHLIGHTS (AGES 4-13)

Campers will be divided into groups at the beginning of the week based on their ages. Our camp staff will facilitate different activities with the campers around the YMCA that are age-appropriate, engaging, and inspiring. Campers will have dedicated time in the pool to cool off and splash around. Weekly newsletters and updates from the Camp Discovery staff team will keep you informed and have you feeling like you were at camp too!



## CAMP DISCOVERY WEEKLY RATES

\$30 non-refundable and non-transferable deposit per week is due at registration

\*Sibling discount 15% off for second child

Ages	Family Members	Youth Members	Non Members
<b>Mini Eastman</b> 4-6 Years	\$295	\$325	\$385
<b>Camp Eastman</b> 7-13 Years	\$265	\$300	\$365
<b>PM Care</b> 4:00p.m. - 5:30p.m.	\$35	\$40	\$45

## CAMP DATES & HOURS

**7 Weeks** | One-week sessions from July 7-August 23

Camp Discovery runs for 7 one-week sessions.

We are open five days a week from **8:00am through 4:00pm**

Drop off runs from **7:45am-8:30am**

Regular day pick up runs from **3:30pm-4:15pm**

PM Care runs from **4:00pm through 5:30pm**

Extended PM care must be picked up by **5:30pm**

\*Camp is closed on **Wednesday, June 19th,**

**Thursday, July 4th and Friday July 5th.**

All membership upgrades must be purchased before May 15, 2024 for family and youth member pricing.

### Summer Camp Enrollment

**Member:** January 8, 2024

**Non-Member:** February 12, 2024

### Virtual Information Sessions

Thursday February 15: 10:30am-11:30am

Wednesday, March 20: 10:30am-11:30am

## Camp Discovery Themes

2024	Weekly Themes	Weekly Highlights
<b>Week 1</b> July 8-12	<b>Back to the Future</b>	Start the summer off with a blast from the past! Break out your pet rocks, big hair r styles and disco moves as we travel back through the decades.
<b>Week 2</b> July 15-19	<b>Hero's Assemble!</b>	The world needs hero's now more than ever... Think you are ready to answer the call? First, you will need a superhero name and some training before you can save the world!
<b>Week 3</b> July 22-26	<b>Carnival</b>	There will be no shortage of clowning around this week! Games, lights, and snacks; our enchanting carnival will transform the ordinary into the extraordinary
<b>Week 4</b> July 29-August 2	<b>Olympics</b>	Go for gold! Groups of campers and staff will celebrate other nations as they compete for the title of 2024 Olympic Gold Champions!
<b>Week 5</b> August 5-9	<b>Color Wars</b>	Orange versus Green, who can cheer the loudest and have the most fun this week?
<b>Week 6</b> August 12-16	<b>Summer Throwdown</b>	As we get ready to head back to the dreaded "S" word, School, Camp Discovery is going to crank up the fun with a one last party to cap off the #BESTSUMMEREVER!

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# REGISTER FOR SUMMER CAMP

## IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save over \$700 on camp this summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more! Join online at [www.ymcametronorth.org/membership/](http://www.ymcametronorth.org/membership/).

## SAFETY IS A SHARED RESPONSIBILITY

YMCA camps have always focused on providing a physically and emotionally safe and healthy environment for children. Following guidelines from health experts and local officials, the YMCA will ensure all components of camp are cleaned and sanitized to meet the highest standards for hygiene and sanitation. YMCA of Metro North camps comply with all regulations of the Massachusetts Department of Public Health and are licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences. Learn more about safety practices at [www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/).

### Required Paperwork

All forms and documentation are due at the time of registration. A 2024 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

## FINANCIAL AID

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are reviewed on a first come, first serve basis. More information including application forms and payment plans are available online at [www.ymcametronorth.org/camp-online-application/](http://www.ymcametronorth.org/camp-online-application/).

## GIVE THE GIFT OF CAMP

Each year the lives of more than 60,000 people are changed for the better by YMCA of Metro North programs and services. It would not be possible for the Y to fulfill its mission without the generosity of our many corporate and individual donors and volunteers. Your support ensures that the YMCA will never have to turn someone away due to an inability to pay. When we work together, we are all better. Consider supporting the Y this season [www.ymcametronorth.org/support/](http://www.ymcametronorth.org/support/).

To learn about YMCA Camps and Summer programs please visit:

[www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/)





# YMCA of Metro North SUMMER CAMPS

## CAMP ADVENTURE

**Demakes Family YMCA**  
40 Neptune Blvd.  
Lynn, MA 01902  
781-842-8811



## CAMP EASTMAN

**Torigian Family YMCA**  
259 Lynnfield Street  
Peabody, MA 01960  
978-977-YMCA (9622)



## CAMP HILLSIDE

**Saugus Family YMCA**  
298 Main Street  
Saugus, MA 01906  
781-233-9622



## CAMP MELSTONE

**Melrose Family YMCA**  
497 Main Street  
Melrose, MA 02176  
781-665-4360



## GYMNASTICS CAMP

**Gymnastics Center - Saugus**  
298B Main Street  
Saugus, MA 01906  
781-233-9622



## COMMITTED TO YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, young people are encouraged to lead inspired, successful lives. From camp to child care to afterschool activities to sports and more, the Y offers holistic programming that enhances, protects and nurtures the unique development journey of every child and teen.

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