



# WELCOME TO SUMMER CAMP

## **CAMP EASTMAN**

This Summer, Camp will be more important than ever for our children. Camp Eastman at the Torigian Family YMCA is a seasonal day camp program for children ages four to thirteen.

Camp Eastman is so much more than a typical day camp. It is a place for values, learning, skill building, self-confidence and fulfilling dreams. Our program encourages independence and teamwork leading to happy, healthy, confident kids. Join us, adventure awaits!

### ABOUT SUMMER CAMP PROGRAMS

YMCA of Metro North Summer Camps are seasonal day camp programs for girls and boys ages four to thirteen. At Camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.







## A TYPICAL DAY

Each day, Camp begins with a morning ceremony – a spirited meeting to get campers excited for the day ahead! Here, we sing songs and announce the schedule for the day. Campers move on to many activities, both indoor and outdoor; from swimming, field games, arts & crafts, nature & adventure, archery and more. Each camp day ends with an all camp ceremony for announcements, awards, and other special activities. Adventure Days are held each week where campers will participate in camp and association wide events. Each week also has a theme, where campers will explore different games, projects, and activities to gain insight and hands on experience learning about the theme.

## MINI EASTMAN HIGHLIGHTS (AGES 4-6)

Mini Eastman is a transitional program for our youngest campers to gain all the benefits that Camp Eastman has to offer, without the overwhelming nature of being outside 100% of the time. Campers ages 4–5 will arrive outdoors before heading inside for a morning ceremony and to prepare for the day. Campers will participate in all the events and activities that make Camp Eastman special such as swimming, low ropes, nature hikes, team building activities, and weekly special events but in an age appropriate environment.

At camp, swim lessons are an essential part of the experience, ensuring campers develop water safety skills and gain confidence in the pool. Professional instructors guide them through various strokes and techniques, fostering a fun and educational aquatic environment. Mini Eastman swim lessons are every Monday and Wednesday during their swim time.

## CAMP EASTMAN HIGHLIGHTS (AGES 7-13)

- Conquer low ropes courses, experience a variety of guided outdoor activities, and test accuracy during archery lessons.
- Weekly in-camp adventure days!
- Field trips may be incorporated into the camp experience for Camp Eastman (ages 7-13)
- Indoor and outdoor pool with a splash pad and seating area.
- Indoor alternative facilities including a full court gymnasium, and classrooms for STEAM activities.
- Weekly camp newsletter with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and training.

### **NEW THIS YEAR!**

New Low Rope Course "The Deluxe Mohawk Walk!" Camp Apparel Store Will be Onsite!





## CAMP EASTMAN.



## **CAMP EASTMAN WEEKLY RATES**

\$30 non-refundable and non-transferable deposit per week is due at registration \*Sibling discount 15% off for second child

Ages	Family Members	Youth Members	Non Members
Mini Eastman 4-6 Years	\$295	\$325	\$385
Camp Eastman 7-13 Years	\$265	\$300	\$365
<b>PM Care</b> 4:00p.m. – 5:30p.m.	\$35	\$40	\$45

## **CAMP DATES & HOURS**

10 Weeks | One-week sessions from June 17-August 23 We are open five days a week from 8:00am through 4:00pm Drop off runs from 7:45am-8:30am Regular day pick up runs from **3:30pm-4:15pm** PM Care runs from 4:00pm through 5:30pm Extended PM care must be picked up by 5:30pm All membership upgrades must be purchased before May 15, 2024 for family and youth member pricing.

\*Camp is closed on Wednesday, June 19th, Thursday, July 4th, and Friday July 5th.

**Summer Camp Enrollment** 

Member: January 8, 2024 | Non-Member: February 12, 2024

**Virtual Information Sessions** 

Thursday February 15: 10:30am-11:30am Wednesday, March 20: 10:30am-11:30am

Please contact Camp Directors via email for a personal camp tour campeastman@metronorthymca.org

Family Camp Night | Thursday, May 23: 6:00pm-8:00pm

## **Camp Eastman Themes**

2024	Weekly Themes	Dress Up Days	Special Events
<b>Week 1</b> June 17-21	Aloha Summer	Tropical Theme	Luau
Week 2 June 24-June 28	Animal Planet Week	Dress up as your Favorite Animal	Farm Animals at Camp Eastman
Week 3 July 1-3	Party in the USA	Wear your Best USA Attire	Camp Eastman Got Talent!
<b>Week 4</b> July 8-12	Superheroes Assemble	Dress up as your Favorite Superhero Character	SKITS!!!!
<b>Week 5</b> July 15-19	Splish Splash Week	Wear your Neon Colors	Water Park Attractions
<b>Week 6</b> July 22-26	Olympics Week	Wear your Country's Colors	Olympic Events
Week 7 July 29- August 2	Winter in July	Wear your Best Holiday Attire	Make your own Snow Cone
Week 8 August 5-9	Survivor Week	Wear your Teams Colors	SKITS!!!!
Week 9 August 12-16	Nickelodeon Week	Dress up as your Favorite Nickelodeon Character	Slime / Double Dare Events
Week 10 August 19-23	Summer Send Off	Wear your Favorite Camp Eastman Gear	Treadwells Ice Cream Party

## CAMP APPRECIATION DAYS

Look for a fun treat or surprise at pick up and drop off on the days listed below:

- Tuesday, July 12, (Morning)
- Friday, July 29, (Afternoon)
- Tuesday, August 9, (Morning)
- Friday, August 26, (Afternoon)

ymcametronorth.org/summer-camp/

## **YMCA of Metro North**

## REGISTER FOR SUMMER CAMP

## IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save over \$700 on camp this summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more! Join online at www.ymcametronorth.org/membership/.

## SAFETY IS A SHARED RESPONSIBILITY

YMCA camps have always focused on providing a physically and emotionally safe and healthy environment for children. Following guidelines from health experts and local officials, the YMCA will ensure all components of camp are cleaned and sanitized to meet the highest standards for hygiene and sanitation. YMCA of Metro North camps comply with all regulations of the Massachusetts Department of Public Health and are licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences. Learn more about safety practices at www.ymcametronorth.org/summer-camp/.

### **Required Paperwork**

All forms and documentation are due at the time of registration. A 2024 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

### **FINANCIAL AID**

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are reviewed on a first come, first serve basis. More information including application forms and payment plans are available online at www.ymcametronorth.org/camp-online-application/.

### GIVE THE GIFT OF CAMP

Each year the lives of more than 60,000 people are changed for the better by YMCA of Metro North programs and services. It would not be possible for the Y to fulfill its mission without the generosity of our many corporate and individual donors and volunteers. Your support ensures that the YMCA will never have to turn someone away due to an inability to pay. When we work together, we are all better. Consider supporting the Y this season www.ymcametronorth.org/support/.

To learn about YMCA Camps and Summer programs please visit:

www.ymcametronorth.org/summer-camp/





## **YMCA of Metro North**

## **SUMMER CAMPS**

## **CAMP DISCOVERY**

**Demakes Family YMCA** 40 Neptune Blvd. Lynn, MA 01902

781-842-8811



**Torigian Family YMCA** 259 Lynnfield Street Peabody, MA 01960 978-977-YMCA (9622)



Saugus Family YMCA 298 Main Street Saugus, MA 01906 781-233-9622

## **CAMP MELSTONE**

Melrose Family YMCA 497 Main Street Melrose, MA 02176 781-665-4360

## **GYMNASTICS CAMP**

**Gymnastics Center - Saugus** 298B Main Street Saugus, MA 01906 781-233-9622











## COMMITTED TO YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, young people are encouraged to lead inspired, successful lives. From camp to child care to afterschool activities to sports and more, the Y offers holistic programming that enhances, protects and nurtures the unique development journey of every child and teen.

ymcametronorth.org/summer-camp



## YMCA of METRO NORTH SUMMER CAMPS LYNN | MELROSE | PEABODY | SAUGUS

YMCA of Metro North | www.ymcametronorth.org/summer-camp/