



# YMCA OF METRO NORTH CAMP HILLSIDE



**SAUGUS FAMILY YMCA**

**ADVENTURE AWAITS**

[ymcametronorth.org/summer-camp](http://ymcametronorth.org/summer-camp)





# WELCOME TO SUMMER CAMP

## CAMP HILLSIDE

Summer is our favorite season at the Y. We love to see all of our campers get up, out, and exploring. The YMCA of Metro North Summer Camps encourage young people to achieve more, build relationships with peers, and feel a sense of belonging through fun and enriching experiences.

## ABOUT SUMMER CAMP PROGRAMS

YMCA of Metro North Summer Camps are seasonal day camp programs for girls and boys ages 4 to 12. In addition to our counselor in training program for 13-15 year olds At Camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.







# THE VISION

## CAMP HILLSIDE

Camp Hillside intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships, and feel like they are part of something great.

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# YMCA of Metro North CAMP HILLSIDE

## A TYPICAL DAY

Each day, parents/guardians will say their goodbyes to their campers at their designated drop-off location where a pre-screening will be conducted. Staff will escort campers from their cars to their home base to meet their counselors and other group members! Camp then begins with small group assemblies – spirited meetings to get campers excited for their day ahead! Campers move on to many activities from swimming, field games, arts & crafts, nature and adventure, and more! Each camp day ends with a ceremony for announcements, awards, and other special activities before campers are escorted back to their cars for pick-up. Each week also has a social responsibility theme where campers will explore different games, projects, and activities to gain insight and hands on experience learning about the themes.

## CAMP HILLSIDE HIGHLIGHTS

- Conquer challenges, experience a variety of guided outdoor activities including low ropes courses, and engage in stimulating summer learning fun!
- Plenty of outdoor play space including a playground, basketball court, and gaga pit.
- Outdoor pool center with splash pad, playground, and picnic areas.
- Indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms for STEAM activities.
- Participation in our community garden project from planting, maintenance, and the health and wellness benefits that come from learning about and engaging in this process.
- Weekly camp newsletter with important information and announcements for parents & campers.
- Dedicated staff team with years of camp experience and extensive training.

## YOUNG EXPLORERS PROGRAM HIGHLIGHTS (AGES 4-5)

- A transitional program for our youngest campers to gain all the benefits that Camp Hillside has to offer without the overwhelming nature of being outside 100% of the time.
- Campers will arrive in a more relaxed environment where they will have a morning meeting with their group to prepare for the day.
- Campers will participate in all the events and activities that make Camp Hillside special such as low ropes, nature hikes, team building activities, and service-learning themes but in an age-appropriate environment.

Each Camper receives a weekly newsletter with important information and announcements from our dedicated staff team with years of camp experience and extensive health and safety training.





# YMCA of Metro North CAMP HILLSIDE

## CAMP HILLSIDE GOALS

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for the great outdoors.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

## CAMP HILLSIDE WEEKLY RATES

\$30 non-refundable deposit per week is due at registration

\* Sibling discount 15% off for second child

Ages	Family Members	Youth Members	Non Members
<b>Young Explorers</b> 4-5 Years	\$295	\$325	\$385
<b>Explorers</b> 6 Years	\$295	\$325	\$385
<b>Camp Hillside</b> 7-12 Years	\$265	\$300	\$365
<b>Extended Day</b>	\$30	\$35	\$40
<b>CIT'S</b> 13-15 Years	\$185	\$205	\$225

## CAMP DATES & HOURS

**11 Weeks** | One-week sessions from June 21-September 3.

We are open five days a week from **8:00am through 4:00pm**

Extended day runs from **4:00pm through 5:30pm**

All membership upgrades must be purchased before May 15, 2024

for family and youth member pricing.

**Camp is closed on Wednesday, June 19th, (Week 1)  
and Thursday, July 4th and Friday July 5th (Week 3)**

### Information Sessions

Thursday, February 22: 5:00pm-6:00pm | Saturday, April 20: 10:00am-12:00pm

### Summer Camp Enrollment

**Member:** January 8, 2024 | **Non-Member:** February 12, 2024

## Camp Hillside Themes

2024	Weekly Themes	Social Responsibility	Dress Up Days Thursdays
<b>Week 1</b> June 17-21 (Closed June 19)	Disney	Working Together	Dress Up as Your Favorite Disney Character
<b>Week 2</b> June 24-June 28	Money Wars	Economic Responsibilities	PRIDE-Come Dressed in as Many Colors as You Can Wear
<b>Week 3</b> July 1-3 (Closed July 4th & 5th)	USA	Respecting Our Difference	Wear the Most Red, White, and Blue Who has the Most Patriotic Spirit
<b>Week 4</b> July 8-12	Hawaii Luau	Disability Awareness	Your Groups Country Colors (Each Group will Be Given A Country, Wear the Colors of Your Country)
<b>Week 5</b> July 15-19	Olympics Week	Hunger Awareness	Backwards Day (Wear your Clothes Backwards)
<b>Week 6</b> July 22-26	Ocean Week	Endangered Species	Backwards Day (Wear your Clothes Backwards)
<b>Week 7</b> July 29-August 2	Science/ Space	Random Acts of Kindness	Crazy Hair Day (Come to Camp with the craziest Hair Style You Can Think of)
<b>Week 8</b> August 5-9	Sports Mania	Healthy Living	Boston Sports Pride (Celtics, Bruins, Patriots, Red Sox, Revolution, You Name it, Come in With Boston Pride)
<b>Week 9</b> August 12-16	Super Hero Training Academy	Cultural Awareness Day	Super Hero (Calling All Capes, Masks, and Super Powers)
<b>Week 10</b> August 19-23	Camp Spirit	Caring for the Environment	Pajama Day

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YMCA of Metro North

# REGISTER FOR SUMMER CAMP

## IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save over \$700 on camp this summer when you become a Family Member and maintain your membership through the duration of your Camp registration.

A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more! Join online at [www.ymcametronorth.org/membership/](http://www.ymcametronorth.org/membership/).

## SAFETY IS A SHARED RESPONSIBILITY

YMCA camps have always focused on providing a physically and emotionally safe and healthy environment for children. Following guidelines from health experts and local officials, the YMCA will ensure all components of camp are cleaned and sanitized to meet the highest standards for hygiene and sanitation. YMCA of Metro North camps comply with all regulations of the Massachusetts Department of Public Health and are licensed by the Board of Health. Parents/Guardians may request copies of background checks, health care and discipline policies as well as procedures for filing grievances. Our association offers a wide variety of summer camp experiences. Learn more about safety practices at [www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/).

### Required Paperwork

All forms and documentation are due at the time of registration. A 2024 camp registration form, most recent physical & immunization record, recent photo, and auto-draft form are mandatory for every camper.

## FINANCIAL AID

Financial aid is available through the YMCA's ACCESS program. All financial aid applications are reviewed on a first come, first serve basis. More information including application forms and payment plans are available online at [www.ymcametronorth.org/camp-online-application/](http://www.ymcametronorth.org/camp-online-application/).



## GIVE THE GIFT OF CAMP

Each year the lives of more than 60,000 people are changed for the better by YMCA of Metro North programs and services. It would not be possible for the Y to fulfill its mission without the generosity of our many corporate and individual donors and volunteers. Your support ensures that the YMCA will never have to turn someone away due to an inability to pay. When we work together, we are all better. Consider supporting the Y this season [www.ymcametronorth.org/support/](http://www.ymcametronorth.org/support/).

To learn about YMCA Camps and Summer programs please visit:

[www.ymcametronorth.org/summer-camp/](http://www.ymcametronorth.org/summer-camp/)





# YMCA of Metro North SUMMER CAMPS

## CAMP DISCOVERY

### **Demakes Family YMCA**

40 Neptune Blvd.  
Lynn, MA 01902  
781-842-8811



## CAMP EASTMAN

### **Torigian Family YMCA**

259 Lynnfield Street  
Peabody, MA 01960  
978-977-YMCA (9622)



## CAMP HILLSIDE

### **Saugus Family YMCA**

298 Main Street  
Saugus, MA 01906  
781-233-9622



## CAMP MELSTONE

### **Melrose Family YMCA**

497 Main Street  
Melrose, MA 02176  
781-665-4360



## GYMNASTICS CAMP

### **Gymnastics Center - Saugus**

298B Main Street  
Saugus, MA 01906  
781-233-9622



## COMMITTED TO YOUTH DEVELOPMENT

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, young people are encouraged to lead inspired, successful lives. From camp to child care to afterschool activities to sports and more, the Y offers holistic programming that enhances, protects and nurtures the unique development journey of every child and teen.

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