FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



# A PLACE AND A PURPOSE

### 2024 Membership Rates YMCA OF METRO NORTH

Membership Type	Age Monthly Rate		Daily Pass
1 Adult Family	+children up to 26 years \$81		\$20
2 Adult Family	+children up to 26 years \$99		\$25
3 Adult Family	+children up to 26 years \$130		\$30
4 Adult Family	+children up to 26 years \$156		\$35
Adult	27-64 Years	\$57	\$15
Adult Couple	27-64 Years	\$86	\$20
Senior	65+ Years	\$46	\$8
Senior Couple	65+ Years	\$73	\$12
Young Adult	19-26 Years	\$37	\$15
Young Adult Couple	19–26 Years \$62		\$20
Teen	14-18 Years	\$25	\$8
Youth	13 and Under	\$21	\$5

\*Rates effective June 1, 2023. One time Joiner Fee of \$25 per adult.

#### YOUR MEMBERSHIP IS A GREAT VALUE

- Access to FOUR health and wellness centers
- Over160 FREE group exercise classes!
- Access to 4 Indoor and 2 Outdoor Pools
- Over180 hours of free open swim time
- 70 hours of FREE babysitting each week
- Free open gym and adventure zone times
- Free member appreciation and family events



#### • Downloadable App and virtual fitness options

- Free fitness orientation
- Free perks and discounts on local attractions
- Discounts on paid programs and priority sign up
- Financial assistance for qualified applicants
- Access to all participating YMCAs nationwide
- www.ymcametronorth.org/membership

	TORIGIAN YMCA	DEMAKES YMCA	MELROSE YMCA	SAUGUS YMCA AND GYMNASTICS CENTER
Cardio Equipment				
Strength Training Equipment ······				
Group Exercise Classes	•••••	••••••	•	•••••
Personal Training				
Gymnasium	•••••	: :	•	•••
ndoor Track ·····		•	•	•
Pickleball Court Times	• • • • • • • • • • • • • • • • • • • •	•		•
		· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	
Outdoor Pool ·····	• • • • • • • • • • • • • • • • • • • •		•	••••
Mobile App	• • • • • • • • • • • • • • • • • • • •	÷	•••••••	•••••••••••••••••••••••••••••••••••••••
Steam Room		-	•	
5auna ·····	• • • • • • • • • • • • • • • • • • • •	•	•	· · · · · · · · · · · · · · · · · · ·
Adventure Warrior Zone		•		
	-	-	•	••••
Youth Sports & Enrichment	• • • • • • • • • • • • • • • • • • • •	· · · · · · · · · · · · · · · · · · ·	•	••••
Summer Camp	•••••	• • •		•
Y Academy Early Learning	• • • • • • • • • • • • • • • • • • • •	•••••	•	•
Y Academy Out-Of-School Time	• • • • • • • • • • • • • • • • • • • •			
Technology Center and Music Studio		: 		:

EACILITY LOCATIONS AND AMENITIES

#### **View Schedules**



**Demakes Family YMCA** 40 Neptune Blvd Lynn MA 01902

Lynn, MA 01902 781-842-8811

Melrose Family YMCA

497 Main Street Melrose, MA 02176 781-665-4360

#### View Classes



Saugus Family YMCA and Gymnastics Center 298 Main Street Saugus, MA 01906 781-233-9622

**Torigian Family YMCA** 

259 Lynnfield Street Peabody, MA 01960 978-977-9622

#### **View Membership**





## Join Today! YMCA of Metro North

www.ymcametronorth.org