



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOU BELONG AT THE YMCA OF METRO NORTH

## 2025 Membership Rates

Membership Type	Age	Monthly Rate	Daily Pass*
<b>1 Adult Family</b>	+children up to 26 years	<b>\$83</b>	<b>\$20</b>
<b>2 Adult Family</b>	+children up to 26 years	<b>\$103</b>	<b>\$25</b>
<b>3 Adult Family</b>	+children up to 26 years	<b>\$136</b>	<b>\$30</b>
<b>4 Adult Family</b>	+children up to 26 years	<b>\$164</b>	<b>\$35</b>
<b>Adult</b>	<b>27-64 Years</b>	<b>\$59</b>	<b>\$15</b>
<b>Adult Couple</b>	<b>27-64 Years</b>	<b>\$90</b>	<b>\$20</b>
<b>Senior</b>	<b>65+ Years</b>	<b>\$48</b>	<b>\$8</b>
<b>Senior Couple</b>	<b>65+ Years</b>	<b>\$77</b>	<b>\$12</b>
<b>Young Adult</b>	<b>19-26 Years</b>	<b>\$38</b>	<b>\$15</b>
<b>Young Adult Couple</b>	<b>19-26 Years</b>	<b>\$66</b>	<b>\$20</b>
<b>Teen</b>	<b>14-18 Years</b>	<b>\$26</b>	<b>\$8</b>
<b>Youth</b>	<b>13 and Under</b>	<b>\$22</b>	<b>\$5</b>

*\*Rates effective January 15, 2025. One time Joiner Fee of \$25 per adult. Day pass does not include pickleball access.*

## YOUR MEMBERSHIP IS A GREAT VALUE

- Access to FOUR health and wellness centers
- 205 FREE group exercise classes!
- Access to 4 indoor pools
- 215 hours of free open swim time
- 75 hours of FREE babysitting each week
- 230 hours of open gym and adventure zone times
- Free member appreciation and family events
- Downloadable Mobile App
- Free fitness orientation
- 10 Pickleball courts with daily drop-in times
- Free perks and discounts on local attractions
- Discounts on paid programs and priority sign up
- Financial assistance for qualified applicants
- Access to all participating YMCAs nationwide

**JOIN TODAY!**



[www.ymcametronorth.org/membership](http://www.ymcametronorth.org/membership)

## FACILITY LOCATIONS AND AMENITIES

	TORIGIAN YMCA	DEMAKES YMCA	MELROSE YMCA	SAUGUS YMCA AND GYMNASTICS CENTER
Cardio Equipment	•	•	•	•
Strength Training Equipment	•	•	•	•
Group Exercise Classes	•	•	•	•
Personal Training	•	•	•	•
Gymnasium	•	•	•	•
Indoor Track	•	•	•	•
Pickleball Court Times	•	•	•	•
Indoor Pool	•	•	•	•
Outdoor Pool	•	•	•	•
Mobile App	•	•	•	•
Steam Room	•	•	•	•
Sauna	•	•	•	•
Adventure Warrior Zone	•	•	•	•
Child Watch	•	•	•	•
Youth Sports & Enrichment	•	•	•	•
Summer Camp	•	•	•	•
Y Academy Early Learning	•	•	•	•
Y Academy Out-Of-School Time	•	•	•	•
Technology Center and Music Studio	•	•	•	•

**View Schedules**



**View Classes**



**View Membership**



### **Demakes Family YMCA**

40 Neptune Blvd  
Lynn, MA 01902  
781-842-8811

### **Melrose Family YMCA**

497 Main Street  
Melrose, MA 02176  
781-665-4360

### **Saugus Family YMCA and Gymnastics Center**

298 Main Street  
Saugus, MA 01906  
781-233-9622

### **Torigian Family YMCA**

259 Lynnfield Street  
Peabody, MA 01960  
978-977-9622



**Join Today! YMCA of Metro North**

[www.ymcametronorth.org](http://www.ymcametronorth.org)