

# Y ACADEMY

## YOUR CHILD THRIVES AT THE Y

The YMCA of Metro North provides youth development programs for more than 6,000 children every year. We create a positive and nurturing environment where all children have the guidance and care they need to succeed. Our Y Academy programs in Lynn, Melrose, Peabody, Saugus, and Stoneham serve as one of the largest providers of early learning and child care in the region. From their first year through their teens, Y Academy helps every child through their significant academic and developmental milestones.



## ENROLL TODAY!



## WHERE IMAGINATION MEETS EDUCATION

[www.ymcametronorth.org/yacademy](http://www.ymcametronorth.org/yacademy)



# Y ACADEMY

WHERE IMAGINATION MEETS EDUCATION

Melrose Y Academy | Melrose, MA | 781-665-8522



## Y ACADEMY | WHERE IMAGINATION MEETS EDUCATION

As a youth development leader, the YMCA of Metro North designed its Y Academy Early Learning and Out-of-School Time programs to provide unique, enriching experiences that spark children's imagination and curiosity while supporting their academic, physical, and social development. From infants to toddlers, preschool to after school and beyond, the Y Academy encourages children of all ages to excel on their educational and developmental journeys.

The Y Academy in Melrose offers its signature Infant/Toddler and Early Learning programs. Your child engages in developmentally appropriate playtime and activities that concentrate on building gross and fine motor skills. Each program combines STEAM-based (Science, Technology, Engineering, Arts, and Mathematics) curriculum with hands on learning - and the physical and social activities that are hallmarks of the Ys youth programs - for a complete educational experience that focuses on the whole child. Y Academy enrollment offers your child all the developmental tools they need to succeed with all the benefits of membership to the Y. This includes access to swimming, youth sports, and enrichment classes and discounts on YMCA of Metro North summer day camps.



### INFANT/TODDLER PROGRAM (Age 0 – Age 2.9)

Your child will receive individual and customized attention in a nurturing environment in our Y Academy infant and toddler rooms. Our experienced team lead activities that promote social and cognitive development in a safe environment. Through developmental experiences and play, children build a strong foundation for the years of education ahead.

#### PROGRAM HOURS

Monday – Friday  
7:30am – 5:30pm

#### INFANT RATES

5 Full Days

#### TODDLER RATES

5 Full Days

\*See Rate Sheet for Enrollment Fee Details



### EARLY LEARNING PROGRAM (Age 2.9 – Age 5)

Y Academy Early Learning preschool programs equip your child with the essential intellectual building blocks for future academic success and preparation for kindergarten. Teachers ensure your child has independent and group activities, STEAM-based curriculum, and sensory play as well as plenty of physical activity to develop healthy habits.

#### PROGRAM HOURS

Monday – Friday  
7:30am – 5:30pm

#### TRANSITIONAL PRESCHOOL

5 Full Days

#### PRESCHOOL

5 Full Days

#### PRE KINDERGARTEN

5 Full Days



## YOUR CHILD'S EXPERIENCE

The Y Academy facility in Melrose includes indoor and outdoor play spaces. Our center also offers elective youth sports and enrichment classes that encourage movement and imagination during program hours. Your child's daily schedule is filled with activities that provide a balanced range of educational and physical activities.



Y Academy teachers are passionate about education. They are certified child care professionals dedicated to nurturing curiosity, inspiring creativity and teaching children how to succeed. Each lesson plan is infused with the Y's core values of compassion, honesty, respect, and responsibility and accounts for your child's individual learning needs. Our classrooms are licensed by the Department of Early Education and Care and adhere to EEC's curriculum guidelines.

## THE Y IS SO MUCH MORE

At the Y, we know that a well-rounded education includes activities that stimulate a healthy body, mind, and spirit. With your enrollment in Y Academy, your child receives a free Youth membership to the YMCA with access to preferred pricing and priority registration on programs and summer day camps across the YMCA of Metro North branches. You can opt to extend those privileges and more to your entire family by joining the YMCA as Family members. When you join as a family, you will save the price of your child's Youth membership from your family membership, a savings of up to 20% off.

Membership at the YMCA gives you unlimited access to group exercise classes, gym time, family swim, special events, and so much more.



## FINANCIAL ASSISTANCE

Everyone belongs at the Y. Financial assistance is available to qualified Y Academy applicants. This is possible thanks to the many generous donors who donate to the Y's Annual Campaign.

Financial assistance is also available through state child care circuit vouchers for those who qualify.



Scan the  
QR Code  
to learn more

## SCHEDULE A TOUR

If you are interested in learning more about enrolling in a Y Academy program, schedule a tour with us. Complete the online form and the Y Academy team will contact you to schedule a day and time that fits your schedule.



Scan the  
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Schedule a Tour

\*See Rate Sheet for Enrollment Fee Details

Y Academy | Melrose

Melrose Y Academy

— ACCREDITED BY —  
**PRAESIDIUM**  
— 2025-2028 —

Praesidium Accreditation® publicly demonstrates to consumers that YMCA of Metro North has achieved the highest industry standards in abuse prevention.

106 Main Street, Melrose, MA | 781-665-8522

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