



PICKLEBALL SCHEDULE

AMERICA'S HOTTEST SPORT JUST GOT BETTER

SUNDAY

DEMAKES YMCA
7:00AM-11:00AM (AL)

MELROSE YMCA
9:00AM-10:30AM (CF)
10:30AM-12:00PM (CC)

SAUGUS YMCA
11:30AM-1:30PM (AL)

TORIGIAN YMCA
9:00AM-11:00AM (AL)

MONDAY

DEMAKES YMCA
7:30AM-8:30AM (CF)
7:30AM-10:00AM (CC)

MELROSE YMCA
12:00PM-2:00PM (CC)
5:15PM-6:30PM (CF)

SAUGUS YMCA
6:00AM-10:00AM (AL)
TORIGIAN YMCA
12:00PM-1:30PM (CF)
1:30PM-3:00PM (CC)

TUESDAY

DEMAKES YMCA
7:30AM-8:30AM (CF)
7:30AM-10:00AM (CC)

MELROSE YMCA
12:00PM-2:00PM (CF)
6:30PM-8:45PM (CC)

SAUGUS YMCA
7:00AM-10:00AM (AL)
TORIGIAN YMCA
12:00PM-1:30PM (CF)
1:30PM-3:00PM (CC)

WEDNESDAY

DEMAKES YMCA
7:30AM-8:30AM (CF)
7:30AM-10:00AM (CC)
8:00PM-9:00PM (AL)

MELROSE YMCA
12:00PM-2:00PM (AL)

SAUGUS YMCA
6:00AM-10:00AM (AL)
TORIGIAN YMCA
12:00PM-3:00PM (AL)

THURSDAY

DEMAKES YMCA
7:30AM-8:30AM (CF)
7:30AM-10:00AM (CC)
8:00PM-9:00PM (CF)

MELROSE YMCA
12:00PM-2:00PM (CF)

SAUGUS YMCA
10:00AM-12:00PM (AL)
TORIGIAN YMCA
11:00AM-1:00PM (CF)
1:00PM-3:00PM (CC)

FRIDAY

DEMAKES YMCA
7:30AM-8:30AM (CF)
7:30AM-10:00AM (CC)

MELROSE YMCA
12:00PM-2:00PM (CC)

SAUGUS YMCA
12:00PM-2:00PM (AL)
TORIGIAN YMCA
12:00PM-1:30PM (CF)
1:30PM-3:00PM (CC)

SATURDAY

DEMAKES YMCA
7:00AM-9:30AM (AL)



Schedule Guide

Times marked with CF are for Casual/Fun play. (Beginner-Intermediate)
Times marked with CC are for Competitive/Challenging play. (Intermediate-Advanced)
Times marked with AL are for All Levels of play. (Mixed Levels)

For all drop-in times, players must know the rules and etiquette of the game.
Lessons are highly recommended for novice and first-time players.

Drop-In Schedule as of October 20, 2025

Free Drop-in Times are for YMCA of Metro North Members Only



COURTS IN LYNN, MELROSE, PEABODY, AND SAUGUS
www.ymcametronorth.org/pickleball