



# THE Summer You'll Never Forget PLACE

No Place Like *This Place*™

**SIGN UP  
TODAY**



**CAMP HILLSIDE**

*Saugus Family YMCA*  
► [ymcametronorth.org/summer-camp](http://ymcametronorth.org/summer-camp)

# WELCOME TO CAMP HILLSIDE

## ABOUT SUMMER CAMP

YMCA of Metro North Summer Camps are seasonal day camp programs for children ages four to thirteen. At camp, children make friends, discover their passions, explore creativity and develop skills through a wide range of weekly activities. The YMCA helps them develop strong friendships and make memories that last a lifetime.

## CAMP HILLSIDE VISION

Camp Hillside intentionally fosters achievement, relationships, and belonging through fun, safe, and enriching experiences at day camp. We help children build skills, develop strong friendships and feel like they are part of something great.

## CAMP HILLSIDE GOALS

- Deliver a summer full of rewarding experiences to campers of all ages.
- Ignite a passion for physical activity and appreciation for the great outdoors.
- Encourage campers to try new experiences.
- Give campers the opportunity to belong in a safe and supportive environment.
- Inspire socially responsible campers ready to give back to the community.

## SAFETY AT CAMP

YMCA camps prioritize a safe, healthy environment for children, following health expert and local guidelines for hygiene and sanitation. All camps meet Massachusetts Department of Public Health regulations and are licensed by the Board of Health. Explore our summer camps and safety practices: [ymcametronorth.org/summer-camp](http://ymcametronorth.org/summer-camp).

## IT PAYS TO BE A MEMBER

A membership at the YMCA of Metro North is a tremendous value! Save up to \$900 on camp this summer when you become a Family Member and maintain your membership through the duration of your camp. A family membership at the YMCA gives you access to group exercise classes, gym time, family swim, Child Watch while you work out, access to join the outdoor pool club, discounted rates on programming, and so much more!

## REQUIRED PAPERWORK

All forms and documentation are due at the time of registration. A 2026 camp registration form, most recent physical & immunization record and a recent photo.



Scan the QR Code  
to learn more or join online:  
[ymcametronorth.org/membership](http://ymcametronorth.org/membership)



# SUMMER CAMP FOR ALL AGES



## YOUNG EXPLORERS HIGHLIGHTS (AGES 4-5)

- A transitional program designed for our youngest campers to enjoy all the benefits of Camp Hillside while providing a balanced experience that's not overwhelming.
- Campers will arrive in a more relaxed environment where they will have a morning meeting with their group to prepare for the day.
- Campers will participate in all the events and activities that make Camp Hillside special such as low ropes, nature hikes, team building activities, and service learning themes but in an age-appropriate environment.

## CAMP HILLSIDE HIGHLIGHTS (AGES 6-12)

- Conquer challenges, experience a variety of guided outdoor activities including low ropes courses, and engage in stimulating summer learning fun!
- Plenty of outdoor play space including a playground, basketball court, and gaga pit.
- Outdoor pool center with splash pad, playground, and picnic areas.
- Indoor alternative facilities including a full court gymnasium, fitness studio, and classrooms for STEAM activities.
- Participation in our community garden project from planting, maintenance, and the health and wellness benefits that come from learning about and engaging in this process.
- Weekly camp newsletter with important information and announcements for parents and campers.
- Dedicated staff team with years of camp experience and extensive training.

## COUNSELOR IN TRAINING (CIT) HIGHLIGHTS (AGES 13-15)

- Develop leadership, confidence, and communication skills.
- Gain hands-on experience managing campers and responsibilities.
- Training covers camp operations, child development, safety, and team-building.
- Mentored by unit leaders and shadow experienced counselors.
- Encouraged to take on more responsibilities over time.
- Ideal for those who enjoy working with children and want to grow in a dynamic environment.
- Interested teens must apply and be accepted. Scan QR code to apply:



## A TYPICAL DAY AT CAMP HILLSIDE

Each day, parents drop campers off at a designated location for a pre-screening. Staff escort campers to their groups for small assemblies to energize their day. Activities include swimming, field games, arts & crafts, and more, with days ending in a ceremony for announcements and awards. Weekly themes focus on social responsibility, featuring hands-on projects and games.



### CAMP HILLSIDE WEEKLY RATES

Ages	Family Members	Youth Members	Non-members
Young Explorers (4-5 years)	\$314	\$345	\$407
Hillside (6 year old)	\$314	\$345	\$407
Hillside (7-12 years)	\$283	\$319	\$386
CIT (13-15 years)	\$195	\$215	\$235
PM Care 4:00pm-5:30pm	\$40	\$45	\$50

#### SIBLING DISCOUNT 15% OFF FOR SECOND CHILD!

\$75 non-refundable deposit per week is due at registration.

Note there is a 6 week cancellation notice.

Financial Aid is available through the YMCA's ACCESS program on a first-come, first-served basis.  
For details and applications, visit: [ymcametronorth.org/camp-online-application](http://ymcametronorth.org/camp-online-application).

### REGISTRATION OPENS

Mon, January 12: YMCA of Metro North Members  
Mon, February 16: Non-Members

### CAMP DATES & HOURS

June 15<sup>th</sup> – August 28<sup>th</sup>

Camp Hillside and Young Explorers run for eleven, one-week sessions. We are open five days a week from 8:00am – 4:00pm. PM Care runs from 4:00pm – 5:30pm.

\*Camp is closed on Friday, June 19<sup>th</sup> and Friday, July 3<sup>rd</sup>.

### CAMP INFO SESSIONS

Wed, May 6<sup>th</sup>: 5:30pm – 7:00pm  
Sat, May 23<sup>rd</sup>: 10:00am – 1:00pm



[CAMP ACCESS APPLICATION](#)



[CAMP INQUIRY FORM](#)

# WEEKLY CAMP THEMES

2026	WEEKLY THEMES	DESCRIPTION
Week 1 (June 15-18)	DISNEY	A week of magic, music, and disney-themed fun. dress as your favorite character.
Week 2 (June 22-26)	SUPERHERO ACADEMY	Train like a hero with challenges and teamwork fun. Capes encouraged!
Week 3 (June 29-July 2)	PARTY IN THE USA	Celebrate our country with games and activities in red, white, and blue.
Week 4 (July 6-10)	HULA LAUA	Say "aloha" to island-themed games, crafts, and a tropical celebration!
Week 5 (July 13-17)	SPORTS MANIA	Show your team spirit with nonstop sports, games, and healthy-habits fun.
Week 6 (July 20-24)	COLOR WARS	A bright week of teamwork and creativity. Wear as many colors as you can!
Week 7 (July 27-31)	OLYMPICS WEEK	Represent a country, wear its colors, and compete in olympic-style games.
Week 8 (August 3-7)	OCEAN WEEK	Dive into ocean fun, conservation activities, and backwards day!
Week 9 (August 10-14)	SCIENCE & SPACE	Blast into experiments, crafts, and crazy hair day during this week of discovery.
Week 10 (August 17-21)	CRAZY COZY	Wear your pajamas for cozy fun and learn about protecting the environment.
Week 11 (August 24-28)	END OF SUMMER BASH	Wrap up summer with a big celebration of camp spirit!

Each week offers a fresh, exciting theme packed with fun activities, new challenges, and creative adventures. From sports and science to art and outdoor exploration, there's something for every camper. Give your child a summer they'll never forget!



YMCA of Metro North

# SUMMER CAMPS



## CAMP DISCOVERY

Demakes Family YMCA  
40 Neptune Blvd.  
Lynn, MA 01902  
781-842-8811



## CAMP EASTMAN

Torigian Family YMCA  
259 Lynnfield Street  
Peabody, MA 01960  
978-977-9622



## CAMP HILLSIDE

Saugus Family YMCA  
298 Main Street  
Saugus, MA 01906  
781-233-9622



## CAMP MELSTONE

Melrose Family YMCA  
497 Main Street  
Melrose, MA 02176  
781-665-4360



## GYMNASICS CAMP

Gymnastics Center - Saugus  
298B Main Street  
Saugus, MA 01906  
781-233-9622

To learn about YMCA Camp and  
Summer Programs, Scan the QR Code:



## GIVE THE GIFT OF CAMP

Every year, YMCA of Metro North programs and services positively impact more than 75,000 lives. This is made possible by the incredible generosity of our donors and volunteers. Your contributions help ensure that everyone in our community can access life-changing experiences at the Y. Together, we create opportunities and build stronger futures. Consider supporting the Y this camp season and ensure every child has access to a summer filled with fun and adventure. To learn more about supporting YMCA Camp and Summer Programs, visit: [www.ymcametronorth.org/support](http://www.ymcametronorth.org/support).