



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A PLACE AND A PURPOSE

## 2026 Membership Rates YMCA OF METRO NORTH

Membership Type	Age	Monthly Rate	Daily Pass
1 Adult Family	+children up to 26 years	\$83	\$20
2 Adult Family	+children up to 26 years	\$103	\$25
3 Adult Family	+children up to 26 years	\$136	\$30
4 Adult Family	+children up to 26 years	\$164	\$35
Adult	27-64 Years	\$59	\$15
Adult Couple	27-64 Years	\$90	\$20
Senior	65+ Years	\$48	\$8
Senior Couple	65+ Years	\$77	\$12
Young Adult	19-26 Years	\$38	\$15
Young Adult Couple	19-26 Years	\$66	\$20
Teen	14-18 Years	\$26	\$8
Youth	13 and Under	\$22	\$5

\*Rates effective January 15, 2025. One time Joiner Fee of \$25 per adult.

## YOUR MEMBERSHIP IS A GREAT VALUE

- Access to FOUR health and wellness centers
- Over 200 FREE group exercise classes!
- Access to 4 Indoor
- 215 hours of free open swim time
- 75 hours of FREE babysitting each week
- 230 hours of open gym and adventure zone times
- Free member appreciation and family events
- Downloadable Mobile App
- Free fitness orientation
- 10 Pickleball courts with daily drop-in times
- Free perks and discounts on local attractions
- Discounts on paid programs and priority sign up
- Financial assistance for qualified applicants
- Access to all participating YMCAs nationwide



JOIN TODAY!

[www.ymcametronorth.org/membership](http://www.ymcametronorth.org/membership)

# FACILITY LOCATIONS AND AMENITIES

	TORIGIAN YMCA	DEMAKES YMCA	MELROSE YMCA	SAUGUS YMCA AND GYMNASTICS CENTER
Cardio Equipment	•	•	•	•
Strength Training Equipment	•	•	•	•
Group Exercise Classes	•	•	•	•
Personal Training	•	•	•	•
Gymnasium	•	•	•	•
Indoor Track	•	•	•	•
Pickleball Court Times	•	•	•	•
Indoor Pool	•	•	•	•
Outdoor Pool	•			•
Mobile App	•	•	•	•
Steam Room			•	
Sauna	•	•	•	
Adventure Warrior Zone		•		
Child Watch	•	•	•	•
Youth Sports & Enrichment	•	•	•	•
Summer Camp	•		•	•
Y Academy Early Learning	•	•	•	•
Y Academy Out-Of-School Time	•	•	•	•
Technology Center and Music Studio		•		

**View Schedules**



**View Classes**



**View Membership**



**Demakes Family YMCA**  
40 Neptune Blvd  
Lynn, MA 01902  
781-842-8811

**Melrose Family YMCA**  
497 Main Street  
Melrose, MA 02176  
781-665-4360

**Saugus Family YMCA and Gymnastics Center**  
298 Main Street  
Saugus, MA 01906  
781-233-9622

**Torigian Family YMCA**  
259 Lynnfield Street  
Peabody, MA 01960  
978-977-9622



**Join Today! YMCA of Metro North**

[www.ymcametronorth.org](http://www.ymcametronorth.org)