

EVENTS AT THE Y



EVENTS ARE FREE UNLESS OTHERWISE MARKED *PAID EVENT

SEPTEMBER

- 03 Meditation Club**
12:00pm-12:30pm | Demakes Family YMCA
- 03 Back to School** (Member Appreciation Event)
3:00pm-5:00pm | Melrose Family YMCA
- 05 MAPAC Fall Recital**
1:00pm-3:00pm | Demakes Family YMCA
- 09 Member Appreciation**
TBD | Torigian Family YMCA
- 09 Bounce House**
10:45am-11:45am | Saugus Family YMCA
- 11 Kids Night Out***
5:30pm-8:30pm | Melrose Family YMCA
- 11 Kids Night Out: Mario Party***
5:30pm-8:30pm | Demakes Family YMCA
- 12 Baby's First Sing Along***
11:15am-12:00pm | Demakes Family YMCA
- 12 Bounce House**
4:00pm-5:00pm | Demakes Family YMCA
- 14 Senior Social (18+)**
12:00pm-1:00pm | Demakes Family YMCA
- 18 Morning Mug Club**
9:30am-11:30am | Saugus Family YMCA
- 19 Baby's First Sing Along***
11:15am-12:00pm | Demakes Family YMCA
- 23 Bounce House**
10:45am-11:45am | Saugus Family YMCA
- 24 Meditation Club**
12:00pm-12:30pm | Demakes Family YMCA
- 25 Kids Night Out***
5:30pm-8:30pm | Torigian Family YMCA
- 25 Kids Night Out***
6:00pm-8:00pm | Saugus Family YMCA
- 26 Bounce House**
4:00pm-5:00pm | Demakes Family YMCA

OCTOBER

- 08 Baby & Me Intro** (18 to 36 months)
1:00pm-2:00pm | Demakes Family YMCA
- 09 Baby & Me Intro** (0 to 18 months)
10:30am-11:30am | Demakes Family YMCA
- 10 Baby's First Sing Along***
11:15am-12:00pm | Demakes Family YMCA
- 15 Member Appreciation**
TBD | Torigian Family YMCA
- 16 Morning Mug Club**
9:30am-11:30am | Saugus Family YMCA
- 21 Bounce House**
10:45am-11:45am | Saugus Family YMCA
- 21 Spartan Practice Session**
10:00am-11:00am | Demakes Family YMCA
- 22 Baby & Me Developmental Milestones** (18 to 36 m)
1:00pm-2:00pm | Demakes Family YMCA
- 23 Baby & Me Developmental Milestones** (0 to 18m)
10:30am-11:30am | Demakes Family YMCA
- 23 Kids Night Out***
5:30pm-8:30pm | Torigian Family YMCA
- 23 Kids Night Out: Monster Mash***
5:30pm-8:30pm | Demakes Family YMCA
- 23 Halloween Dance***
6:00pm-8:00pm | Saugus Family YMCA
- 24 Spartan Practice Session**
10:00am-11:00am | Demakes Family YMCA
- 27 Spartan Practice Session**
10:00am-11:00am | Demakes Family YMCA
- 29 Trunk or Treat**
6:00pm-7:30pm | Torigian Family YMCA
- 31 Spooky Sprint 5k***
Start Time 8:30am | Melrose Family YMCA



Scan the QR Code
to register for events!