EVENTS AT THE Y

EVENTS ARE FREE UNLESS OTHERWISE MARKED *PAID EVENT

NOVEMBER

04 Bounce House
10:45am-11:45am | Saugus Family YMCA

05 Baby & Me: Safety Around Water (18 to 36 months)
1:00pm-2:00pm | Demakes Family YMCA

05 Meditation Club
1:00pm-1:30pm | Demakes Family YMCA

05 Story Time
2:00pm-3:00pm | Demakes Family YMCA

06 Baby & Me: Safety Around Water (0 to 18 months)
1:00pm-2:00pm | Demakes Family YMCA

06 Kids Night Out - Gymnastics*
6:00pm-8:00pm | Saugus Family YMCA

09 Senior Social
12:00pm-1:00pm | Demakes Family YMCA

09 Basketball Teen Tournament
6:00pm-8:00pm | Demakes Family YMCA

11 Family Fun Pool Party
1:00pm-3:00pm | Melrose Family YMCA

13 Kids Night Out*
5:00pm-8:00pm | Saugus Family YMCA

12 Story Time
2:00pm-3:00pm | Demakes Family YMCA

14 Weekend Warrior Member Appreciation
9:30am-11:30am | Melrose Family YMCA

18 Bounce House
10:45am-11:45am | Saugus Family YMCA

19 Baby & Me: Mental Health & Self-Care
1:00pm-2:00pm | Demakes Family YMCA (18 to 36 months)

19 Meditation Club
1:00pm-1:30pm | Demakes Family YMCA

19 Story Time
2:00pm-3:00pm | Demakes Family YMCA

20 Kids Night Out*
5:30pm-8:30pm | Melrose Family YMCA

20 Baby & Me: Mental Health & Self-Care
1:00pm-2:00pm | Demakes Family YMCA (0 to 18 months)

20 Morning Mug Club
9:00am-11:00am | Saugus Family YMCA

21 Livestrong at the Y 5K & Half Marathon*
8:30am | Lt. Ross Memorial Park in Peabody, MA

22 Kids Day Out: Quidditch Games*
1:00pm to 4:30pm | Demakes Family YMCA

24 Thanksgiving Meal Drop
4:00pm-6:00pm | Demakes Family YMCA

27 Kids Night Out*
5:30pm-8:30pm | Torigian Family YMCA



DECEMBER

02 Bounce House
10:45am-11:45am | Saugus Family YMCA

03 Baby & Me: Music & Movement (18 to 36 months)
1:00pm-2:00pm | Demakes Family YMCA

03 Meditation Club
1:00pm-1:30pm | Demakes Family YMCA

03 Story Time
2:00pm-3:00pm | Demakes Family YMCA

04 Baby & Me: Music & Movement (0 to 18 months)
1:00pm-2:00pm | Demakes Family YMCA

09 Winter Wonderland Family Zumba
5:30pm-6:15pm | Melrose Family YMCA

11 Gingerbread Decorating
6:00pm-8:00pm | Saugus Family YMCA

11 Holiday Extravaganza
6:00pm-7:00pm | Melrose Family YMCA

12 Christmas Family Event
6:30pm-8:15pm | Torigian Family YMCA

16 Bounce House
10:45am-11:45am | Saugus Family YMCA

17 Meditation Club
1:00pm-1:30pm | Demakes Family YMCA

18 Morning Mug Club
9:00am-11:00am | Saugus Family YMCA

18 Kids Night Out*
5:30pm-8:30pm | Torigian Family YMCA

18 Kids Night Out - Gymnastics*
5:30pm-8:30pm | Saugus Family YMCA

22 Membership Appreciation Day
TBD | All Branches

Scan the QR Code to register for events!

YMCA of METRO NORTH | www.ymcametronorth.org